

JUNE 2009 - Newsletter

www.saint-marys.ca

The **DEADLINE** to have information submitted for the **JULY** issue of the **NEWSLETTER** is **THURSDAY, JUNE 25, 2009 at 4:00 P.M.** *Please Note: We reserve the right to edit any and all submissions to this*

Sherbrooke Library CHATLINE

Read and Wii

Kids - thanks to the Recreation Office, the Sherbrooke Library and the RCMP reading club can offer Wii play as a reading reward. Kids 6-16 can join the reading club and each time 10 stamps are collected in their reading log will receive a coupon for time on the Wii. After 3 coupons are collected a special guest pass will also be given, to bring a friend to play. We have the sports games - baseball, tennis, bowling and boxing, as well as Dance Revolution and Guitar Hero. So read books and play at the library.

Sherbrooke Library Book Club - Love to read? Want to share your favourite book? Sherbrooke Library will be starting a Book Club beginning on Thursday, June 4th, 2009 from 1 p.m. to 2 p.m. Barbara Furlong will lead the first meeting and plans are to continue on a once-a-month basis. Come by for an hour of sharing your favourite stories - without giving away the ending.

CLOSED, Friday, June 5th, 2009: The Library and C@P Site will be closed on Friday, June 5th for a staff development workshop.

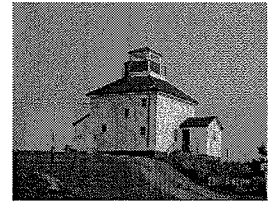
Summer Reading Program: watch for details about the summer reading program for children ages 6-12 in the next issue of the newsletter. Come to help solve the "MYSTERY" of reading.

Sherbrooke Library and C@P Site

Monday	2-5 and 6-8pm
Tuesday	2-5 and 6-8pm
Wednesday	2-5 and 6-8pm
Thursday	2-5pm
Friday	10:30am - 4pm
Saturday	11am-2pm

Telephone: 522-2180
www.ecrl.library.ns.ca

Port Bickerton & Area Planning Association



The Port Bickerton & Area Planning Association wants to remind you that you are welcome at our monthly meetings from September to June. While the Lighthouse is open for the summer months, you are encouraged to visit, bring your friends and join "The Friends of the Light".

Keeping our Lighthouse Interpretive Centre, all the buildings and grounds in good repair is a big job and we need your help.

We wish to thank the fisherman who donated lobsters for our draw held on May 9th at "On The Tickle". Winner was Minnie MacLaughlin of Glenelg.

Thank you to all the volunteers who helped out on our clean-up day. A job well done!

EMPLOYMENT OPPORTUNITY

The Port Bickerton & Area Planning Association has openings for one (1) Adult Employee and one (1) Student Employee. Preference will be given to university/college students returning to school in September. Please submit resumes to Box 142, Bickerton West, NS B0J 1A0. Deadline is June 5th, 2009.

Want to get rid of some clutter.....?

Book a table at the Liscomb Legion, May 30th from 10-1. Tables \$5. Baked goods available as well as canteen services. Adm. is .50¢. Call Cheryl Bowen at 779-2677 for more information.

St. Mary's Education Centre

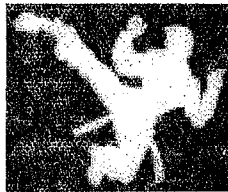
DRAMA CLUB

St. Mary's Education Centre Drama Club Proudly Presents: *"A Monster in the Closet"* by Angela D. Stewart. June 10th at 6:30 p.m. Tickets \$3.00 each or \$10.00/family. Tickets can be purchased at the door.

Emily has a big problem. Not only is she sent to bed just as she reaches the highest level of her new video game, but there's a monster in her closet! It's not just her imagination. Her friend Stephanie saw it too. Suffering the teasing of her brother and his friends, Emily and Stephanie recruit some of their own friends to help capture the monster. The solution to Emily's monster problem brings humor, a bit of ingenuity and a little magic to this charming and delightful show.

Congratulations....

A.J. Long, 13, son of Kenneth and Theresa Pye of Sherbrooke, a well known Grade 8 student of St. Mary's Academy, just returned from the TaeKwondo Jr. Nationals held in Quebec City on May 16, 2009. A.J. brought back with him a Silver Medal for Sherbrooke and the Xavier Taikwondo Club. We are all so very proud of him and his parents wish to thank the community of Sherbrooke for all the support in making A.J.'s dream come true.



FOOT CLINICS



Tuesday, June 16, 2009

8-10:30am	East River Fire Center
11:30-2pm	Greenfield Club, Melrose
2:45-3:30pm	Pentecostal Church, Lochaber
5:30-6:30pm	Community Center, Sonora

Wednesday, June 17, 2009

8:00-10:30am	Community Center, Bickerton
12:30-1:30pm	Seniors Club Ecum Secum
3:30-6:30pm	Maple Manor, Sherbrooke

Liscomb Volunteer Fire Dept.

Next meeting of the Fire Department will be held on Monday, May 25th, 2009 at 6:30 pm. at the fire hall. Next Training, June 8th, 2009 at 6:30 p.m. at the fire hall. Everyone welcome!

St. Mary's Seniors Club

The St. Mary's Seniors Club will be sponsoring a FREE Course to Senior Drivers 65 yrs and over. This course is Fun and Stress Free...NO TEST...and you will receive a Free Drivers Manual.



The course is 6 (six) hours long. A Canada Safety Council Certificate will be issued upon program completion.

Anyone under the age of 65 is welcome to take the course for a fee. If you have lost points through driving problems, you may also take the course for a fee of \$45.00 to regain these points.

If you are interested, please call 522-2314. Leave your name and phone number and I will notify you of the time, date and place for this course once it is finalized.

St. Mary's River Association

St. Mary's River Association & the Nova Scotia Nature Trust invite you to the:
3rd Annual River Days and SMRA Annual General Meeting.

Sunday, May 31st at the SMRA Interpretive Centre, 8404 Hwy 7 Sherbrooke.

10:00 a.m. - Reception - visual showcase of the Nature Trust's St. Mary's River Conservation Legacy Campaign, announcement of a new protected area on the river.

11:00 a.m. - Guided nature walks to explore the St. Mary's River. Departure from the Interpretive Centre.

12:30 p.m. - Community BBQ at the SMRA Interpretive Centre

2:00-4:00 p.m. - SMRA 30th Annual General Meeting. Guest speaker Bob Rutherford, NS Adopt a Stream Program.

Stonewall Park CLOSED....

Due to potential hazards Stonewall Park in Sherbrooke is to remain CLOSED until further notice.

Municipality of St. Mary's

Greetings from High-Crest

We have six residents celebrating birthdays this month:

<i>Nancy Cameron</i>	<i>June 6th</i>
<i>Paul Shields</i>	<i>June 10th</i>
<i>Mary MacDonald</i>	<i>June 16th</i>
<i>Allene Doucet</i>	<i>June 19th</i>
<i>Mary Riley</i>	<i>June 25th</i>
<i>Samuel Hudson</i>	<i>June 30th</i>

The Homebuddies will be having the monthly birthday party to celebrate on June 16th at 1:15 pm. Everyone is welcome to join in the fun!

I have been approaching local businesses in the area for donations so that we can put together a basket of goodies to sell tickets on. We will be selling the tickets to raise money to buy a new electronic keyboard for our dining room to be used for church, special events and entertainment for the residents. Good Luck!

We recently held our Volunteer Appreciation Tea. I would once again like to thank each and every Volunteer who gives of their time. You are truly special people! I would also like to thank the staff who helped make everything possible for this event.

The grade 4 class from St. Mary's Education Centre will be collecting pledges for our Alzheimer's Walk. The walk will be held on June 12th. All the money raised goes to the Alzheimer's Association. Please support this worthy cause. Anyone interested in collecting pledges please give Rhona a call at 522-2147. Your kindness and generosity is greatly appreciated.

Did you know.....?

There are 2000 species of black flies worldwide. No, they're probably not all in your backyard! Of the 254 species found in North America, 67% feed on mammals. 10% of those feed on human blood. The remaining 33% feed on birds.



Black flies develop on the bottom of clean, running streams. The emerging adult will ride a bubble of air to the surface and move to dry on grass. Bats, swallows, swifts and purple martins all eat black flies.

St. Mary's Naturalists Club

St. Mary's Pastoral Charge The United Church of Canada Summer Worship Schedule

All are welcome! For more information
please call 833-2920 or visit

www.stmaryspastoralcharge.blogspot.com



SUNDAYS IN JUNE

9:30 am	Bethany East River St. Mary's
11:00 am	St. John's Sherbrooke
7:00 pm	Kirk, Glenelg

SUNDAYS IN JULY

July 5 th	11:00am	Kirk in Glenelg
July 12 th	11:00am	Bethany East River
July 19 th	11:00am	St. John's Sherbrooke
July 26 th	11:00am	Kirk in Glenelg

SUNDAYS IN AUGUST

Aug. 2 nd	11:00am	Bethany East River
Aug. 9 th	11:00am	St. John's Sherbrooke

August 16th, 23rd and 30th:

9:30 am	Kirk in Glenelg
11:00 am	Bethany East River St. Mary's
7:00 pm	St. John's Sherbrooke

IHL/Jordanville

Community Centre

FLEA MARKET & BAKE SALE Saturday, June 6th from 10-11:30am. Call to book tables at 522-2369. Admission is .50¢, children under 12 free.

HALL MEETING The next hall meeting will be held on Monday, June 8th at 7:00 p.m.

AUCTION 45'S on Tuesday nights until June 23rd. No Auction on Tuesday, June 9th (Election Day).

Many thanks to everyone who donated to the pot-luck supper and to those who attended. The amount made was \$628.00.

YARD SALES

Saturday, August 1st from 10am-2pm along highway 211 from Stillwater to Port Hilford. Anyone taking part put out a "YARD SALE" sign or balloons at the bottom of your driveway.



Rachel MacLean Live In Concert

Saturday, June 27th, 7:00 p.m. Port Bickerton Baptist Church. Rachel MacLean of the MacLean Sisters, and former resident of Port Bickerton, will share inspirational songs, familiar hymns and beautiful originals that deliver messages of friendship, faith, hope and love. Free will offering. All welcome. See www.macleansisters.com

The Baptist Congregation of Port Hilford, Port Bickerton & Sonora

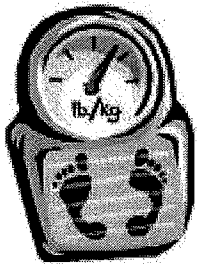
(Convention of Atlantic Baptist Churches)

JUNE WORSHIP SERVICES

June 7 th	Port Bickerton	11:00am
June 14 th	Sonora	11:00am
June 21 st	Port Hilford	11:00am
June 28 th	Port Bickerton	11:00am

(Guest soloist Rachel MacLean)

For more information, contact Pastor Norman Pearce at 522-2087 or hbs.baptist@ns.sympatico.ca



Weight Control

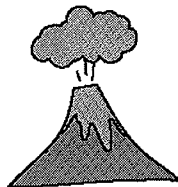
Anyone interested in joining a Weight Control Program please call Jean at 522-2774. We must have at least 20 people in order to form a group. Maureen (Brown) Webster has agreed

to be our instructor.

Lava Lava Volcano

Daily Vacation Bible School

at the Indian Harbour Lake Pentecostal Church from July 27th - 30th from 9:30a.m. - 11:30 a.m. daily. All kids ages 4-12 are welcomed. Come join us for Games, Food, Crafts and a lot more fun!



Flea Market & Bake Sale

Saturday, June 6th, 2009

9:00 a.m. - 11:00 a.m.

At the Stillwater Community Centre

For table bookings, items or baked goods for donation please contact Diane Smith at 522-2823.

Admission is \$1.00 and tables \$5.00

EMPLOYMENT OPPORTUNITY

C@P Youth Co-ordinator

The Guysborough County Community Access Network is seeking applications for the position of C@P Youth Co-ordinator. Applicant must be highly motivated and willing to travel throughout the country when required. **Skills:** Experience in dealing with the public, effective communication, proficient with computers and experience in a supervisory position.

WORK TERM: June 1st to August 28th, 2009. **PAY RATE:** 12.00/hr - 35 hrs/wk pending funding approval.

We encourage all interested to apply as job location in the county will be determined with consideration of the successful applicant's place of residence.

For further information on skills, qualifications, duties and responsibilities email gccancap@gmail.com adding 'request information youth co-ordinator' in the subject line or visit Service Canada Student/Youth Job Bank.

Resumes complete with references marked "CAP Youth Coordinator" must be received by May 27th, at 12:00 p.m.

Jackie Dort

Guysborough County Community Access Network
Box 44, Goshen, NS B0H 1M0
email: gccancap@gmail.com
or Fax: 902-783-2366

EMPLOYMENT OPPORTUNITY

Goshen C@P Site

Goshen C@P Site is seeking applications for the position of a CAP Youth Intern. **WORK TERM:** June 22nd - August 28th. **RATE OF PAY:** 9.00/hr - 35 hrs/wk For further information on requirements, skills, qualifications, duties, responsibilities email gccancap@gmail.com adding 'request information Goshen CAP Intern' in the subject line or visit Service Canada Student/Youth Job Bank.

Resumes complete with references marked "CAP Youth Intern Goshen" must be received by June 10th at 12:00 p.m.

Jackie Dort

Guysborough County Community Access Network
Box 44, Goshen, NS B0H 1M0
email: gccancap@gmail.com
or Fax: 902-783-2366

Municipality of the District of St. Mary's

2009-10 PROPERTY TAX RATES

On May 21st, 2009, St. Mary's Municipal Council held their Annual Meeting at which time the 2009-10 tax rates were set. They are as follows:

Residential/Resource .81¢ per \$100 of Assessed Value
Commercial at \$2.12 per \$100 Assessed Value

INFORMATION H1N1 INFLUENZA

The Municipality of St. Mary's through EMO NS and GASHA have been receiving daily updates and have been monitoring the outbreak of the H1N1 Virus. The following are commonly asked questions. Should you want any additional information visit <http://www.gov.ns.ca/ohp/>

What is H1N1 (Human Swine Influenza)?

H1N1 influenza (sometimes called swine flu) is a respiratory illness of pigs caused by type A influenza that regularly causes outbreaks of influenza among pigs. H1N1 (Human Swine Influenza) viruses do not normally infect humans. However, human infections with H1N1 (Human Swine Influenza) do occur, and cases of human-to-human spread of swine influenza viruses have been documented.

What are the symptoms of H1N1 (Human Swine Influenza)?

The symptoms of H1N1 (Human Swine Influenza) are similar to the symptoms of regular human seasonal influenza infection. They include fever, fatigue, lack of appetite, coughing and sore throat. Some people with human swine influenza have also reported vomiting and diarrhea.

How is the H1N1 (Human Swine Influenza) virus spread?

At this time the virus is contagious to humans, however, it is not known how easily the virus spreads between people.

Coughs and sneezes release the germs into the air where they can be breathed in by others.

Germs can also rest on hard surfaces like counters and doorknobs, where they can be picked up on hands and transferred to the lungs when someone touches their mouth and/or nose.

How can I prevent spreading or picking up H1N1

(Human Swine Influenza)? NS Health Promotion and Protection advises Nova Scotians to:

Wash hands thoroughly with soap and warm water, or use hand sanitizer

Cough and sneeze in your arm or sleeves

Get your annual influenza shot

Keep doing what your normally do, but stay home if sick

Talk to a health professional if you experience severe influenza-like symptoms

Can you get H1N1 (Human Swine Influenza) from eating pork?

No. Proper cooking of pork products would kill influenza viruses. Make sure pork is cooked through, not pink in the middle. Use a food thermometer to confirm pork has been heated through to 71 degrees Celsius (160 degrees Fahrenheit).

Should I wear a mask?

Nova Scotians should continue to take normal precautions to protect themselves as they would from a regular influenza. While we are investigating to learn.

Is this the next influenza pandemic?

Pandemic influenza is defined as a new influenza virus that spreads easily between humans. The H1N1 human swine influenza that has been identified appears to be a new virus, and there is some evidence of human-to-human transmission.

However, more investigation and information is needed to determine the severity of the disease and the ease with which it can spread. These investigations are ongoing.

COUNTRY HARBOUR GUN CLUB FLEA MARKET

May 30th starting at 10:00 a.m. Admission is 50cents.
Table rental is \$5 Contact 328-2210 or 328-2063 to rent a table.

June 13th COUNTRY BREAKFAST from 8:30 to 10:30am.
Admission is \$6.

GRADUATES 2009
St. Mary's Municipal Council
and Staff wish to congratulate
the graduating classes of 2009!



LIFE IN A GARDEN

Ms. Weatherbie has been awarded a PDAF grant to start a vegetable garden at our school. The aim of this project is to promote healthy living and nutrition awareness through the planting of a school garden. This project will involve the whole school in different capacities. The vegetable and fruit garden will help our school and community further foster a positive working relationship and at the same time gain a better understanding and appreciation for nutrition and healthy living as well as the choices we make with regards to each. I wish to thank the parents, staff and Recreation for offering to help water and weed during the summer months. If you could spare a half hour of your time throughout the summer months to help our efforts, please contact the school at 522-2606.

We will be making three (3) raised beds 50' x 6' for the vegetables and fruit, and in addition there will be a small fruit orchard. If you have any plants that you would be willing to donate such as rhubarb, strawberries, asparagus, herbs or any perennial flowers we would greatly appreciate your contribution. In October, we will be having a dinner which the students will help prepare under the guidance of a local chef, using the produce from our garden.

Ms. G. Weatherbie

Port Bickerton Community Centre

PRIZE BINGO: June 27th from 2-4pm (please note time change) Canteen services available. The Communities of Harpellville, Fisherman's Harbour and Port Bickerton will be contacted by telephone for a prize. Prizes can be dropped off at the home of Velma Kaiser or "On The Tickle".

The Mother's Day Basket that we sold tickets on was won by Emily Porter of Sherbrooke.

RECIPES: We are looking for recipes and stories of long ago for our cookbook. We also would like to have pictures of past and present. Please write your name on them so they may be returned to you. These items may be dropped off at "On The Tickle" or email to horton.rk@ns.sympatico.ca or can be dropped off at the home of Kim Horton.

Our **FLEA MARKET** will be held on July 18th from 10am-12pm. If you have any items to donate please call Ardith 364-2967 to arrange for drop off. There are NO tables for rent.

VARIETY CONCERT: Our Concert featuring "Rusty Cage" a local group from Canso who sings Country Western Gospel and requests from the floor was held on May 2nd. This concert was in support of the new centre/firehall. It was a great evening of entertainment.

Port Bickerton Community Centre.....

NEXT HALL MEETING: Will be held on June 15th and meeting will continue to be held throughout the summer.

Sherbrooke Lions Hall Dance Back by Popular Demand

The Fuzz Petals

Saturday, June 27th

9:30pm-1:00pm

Admission is \$10.00 per person

Come early and get your seat, the last time the Fuzz Petals performed the hall was full before 10:30. (Gov't ID's upon request).

St. Mary's Shooters Association

JUNE 7th: Aubrey Gammel Steel Challenge and Handgun Fun Day 9:00 a.m. - 3:00 p.m.

JUNE 21st: Father's Day Shoot - .22 target rifle. 50 and 100 yds. Any peep sight rifle. Junior and Senior classes. Medals for 1st, 2nd and 3rd.

JUNE 28th: Skeet Shoot at Boutilier's Gravel Pit, Port Bickerton. Look for St. Mary's Shooter's Association sign. Medals for 1st and 3rd for Juniors under 18 and seniors.

The DNR range Stillwater is open for club practice on Sundays when there is no organized shoot and from 3:00 p.m. till dusk when there is a shoot.

Toll Free Number Municipality

The Municipality of St. Mary's has a toll-free number for residents Nova Scotia and Prince Edward Island.

1-877-388-0868

St. Mary's Council Meeting

The next regular monthly meeting of St. Mary's Municipal Council will be held on
June 15th, 2009 at 7:00 p.m.

Greetings from High-Crest

We have six residents celebrating birthdays this month:

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YARD SALES

Saturday, August 1st from 10am-2pm along highway 211 from Stillwater to Port Hilford. Anyone taking part put out a "YARD SALE" sign or balloons at the bottom of your driveway.

Marie Joseph Community Centre

ADULT DANCE:

June 27th, 2009 with music by "Devil's Elbow". Cost is \$7.00 a person. Dancing will be from 9:00pm-1:00am. Must be 19 yrs and older. Gov't ID's may be requested.

FAMILY CAMPOUT:

Coming in July! WATCH FOR POSTERS!

MJCC would like to thank the fisherman who donated lobsters for the Penny Auction in May.

Goshen Community Centre



Turkey Supper, Saturday, May 30th from 4:30-6:00 p.m. Adults \$10 Children \$4
Take-Outs available.

June 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Aqua Fit – 11:30am Soccer- 6pm St. Mary's Darts-7:30pm	2 Creative Dance-6:30pm Bootcamp-6:30pm IHL CC Auction 45's TOPS Liscomb-6:30pm Kids First Sherbrooke Drop In-9:30am	3 Kenpo-6: 30pm Inline skating- 6pm	4 Aqua Fit- 7pm Goshen T-Ball- 6pm Library Book Club- 1pm MJ After School Program- 6pm	5 Library and CAP- Closed	6 Flea Market and Bake Sale (IHL CC) 10am Flea Market and Bake Sale (Stillwater CC) 9am Liscomb Cribbage 8pm
7 Inline skating- 3pm	8 Aqua Fit – 11:30am Soccer- 6pm Liscomb FD Training – 6:30pm IHL Hall Meeting- 7pm St. Mary's Darts-7:30pm	9 Election Day Creative Dance-6:30pm Bootcamp- 6:30 TOPS Liscomb-6:30pm Kids First Sherbrooke Drop In-9:30am	10 Kenpo-6: 30pm Inline skating- 6pm A Monster in the Closet- 6:30pm (SMEC)	11 Aqua Fit- 7pm Goshen T-Ball- 6pm MJ After School Program- 6pm	12 Alzheimer's Walk Seniors Café library 9:30am	13 Liscomb Cribbage 8pm
14 Inline skating- 3pm	15 Aqua Fit – 11:30am Soccer- 6pm Council Meeting-7pm Active Transport Workshop- 1pm St. Mary's Darts-7:30pm	16 Bootcamp-6:30pm Metrose Public Rec. Meeting-6: 30pm Foot Clinics Homebuddies B-Day Party- 1:15pm IHL CC Auction 45's TOPS Liscomb-6:30pm Kids First Sherbrooke Drop In-9:30am	17 Kenpo-6: 30pm Goshen Public Rec. Meeting-6: 30pm Inline skating- 6pm Foot Clinics	18 Aqua Fit- 7pm Port Bickerton Public Rec Meeting-6: 30pm Goshen T-Ball- 6pm MJ After School Program- 6pm	19 St. Mary's Academy Safe Grad Seniors Café library 9:30am	20 Liscomb Cribbage 8pm
21 Inline skating- 3pm	22 Aqua Fit – 11:30am Soccer- 6pm St. Mary's Darts-7:30pm St. Mary's Academy Prom	23 Bootcamp-6:30pm IHL CC Auction 45's TOPS Liscomb-6:30pm Kids First Sherbrooke Drop In-9:30am	24 Kenpo-6: 30pm Inline skating- 6pm	25 Aqua Fit- 7pm Goshen T-Ball- 6pm St. Mary's Academy Graduation MJ After School Program- 6pm	26 Seniors Café library 9:30am	27 Photography in the Park 9:30am Liscomb Rachel Macléan Concert- PB Baptist Church- 7 pm Liscomb Cribbage 8pm
28 Inline skating- 3pm	29 Aqua Fit – 11:30am Soccer- 6pm MJ Public Rec. Meeting-6: 30pm St. Mary's Darts-7:30pm	30 Bootcamp-6:30pm TOPS Liscomb-6:30pm Kids First Sherbrooke Drop In-9:30am				

ST. MARY'S RECREATION

June is Recreation Month

website: www.saint-marvs.ca/recreation

Active Transportation Workshop

National Active Transportation expert Michael Haynes will be discussing active transportation and its many benefits. Please join us to learn what role community members can play in making it happen.

Date: June 15th

Time: Registration – 12:30pm

Workshop – 1:00 – 4:30 pm

Location: Keating Millennium Centre, Antigonish

Please RSVP to Lisa at Town of Antigonish by June 10th.

Email: Imacintyre@townofantigonish.ca

Fax: 863-0460

Canada Day



July 1st Canada Day is just around the corner and the Municipality is looking to make this year's parade bigger than ever.

It's time to get those thinking caps on. Come up with the best float and come away with one of the trophies at Canada Day.

This year's theme for the float is "With Glowing Hearts!" If you have any questions, please contact the recreation office at 522-2598

Aqua Fit

Aqua Fit is back at Liscomb Lodge pool. There is no age requirement as anyone can participate in this great activity. The classes started up again on May 21st, and will be running throughout the summer.

Dates: Monday – 11:30am – 12:30

Thursday – 7:00pm – 8:00pm

Cost: \$3 per class

What is Aqua Fit?

Aqua Fit is an exercise class that takes place in a pool. Participants learn to combine arm and leg movements in varying combinations. The purpose of water aerobics is to improve cardiovascular conditioning. In addition, Aqua Fit can improve your strength and flexibility, leading to better muscular endurance and balance.

Goshen T-Ball

It back for it second season!! Goshen will be playing on Thursday evening. All games will be played at Goshen Ball field located beside the community centre.



Date: June 4, 11, 18, 25

July 2, 9, 16, 23

Start Time: 6pm

Cost: \$5 for the season

If you have not registered please contact the St. Mary's Recreation office at 522-2598 or by email at Brendon.smithson@munet.ns.ca, so you don't miss out on all the fun.

ST. MARY'S RECREATION

June is Recreation Month

website: www.saint-marvs.ca/recreation

St. Mary's Adult Slowpitch League



St. Mary's Recreation is beginning a Slowpitch League. The league will be open to anyone over the age of 20. We're looking for at least 45 players to fill up 3 teams. You may sign-up as an **individual, or in teams**. Once we have our numbers, we will hold a draft to select this year's teams.

With only three teams in the league, all teams will play at least once a week, while one team will have the chance to play twice. Spring training will start in late June. Games will be played on Tuesdays and Thursdays nights at ball fields throughout the Municipality.

Sign-up sheets are posted in various stores throughout the Municipality.

Summer Swim Program

Liscomb Swim Registration

If you missed Central Registration, please contact the St. Mary's Recreation office by phone at 522-2598 or email kristin.porter@munet.ns.ca to register your child.

Liscomb Swim Dates:

July 6th - 10th, July 13th - 17th

Cost:

\$35 for first child

\$25 for second child

\$20 for every other child

\$5 late fee for registration after April 24th

Open Inline Skating

Inline Skating is back! Last year, everyone enjoyed inline skating so much we've brought it back again, and this year we've added a few disco glow roller parties.



Inline skating is open to all ages, and is FREE.

Come join us on Wednesday nights from 6-7pm, and on Sunday afternoons from 3-4pm.

There's no need to worry if you don't have the gear because the Rec Department has 83 pairs of roller blades (size 1-14 in youth, men and women sizes.), and all the protective gear too. All you have to bring is a helmet and an open mind!

Minor Soccer Schedule

Monday June 1st 6pm SMA
Monday June 8th 6pm SMA
Monday June 15th 6pm SMA
Monday June 29th 6pm SMA



Championship Day (including Skills
Competition Fun)

Saturday July 4th 10:30am SMA

Any games that were cancelled will be made up on Championship Day.

ST. MARY'S RECREATION

June is Recreation Month

3 on 3 Ball Hockey



Are you ready for some intense and exciting hockey? St. Mary's Recreation will be continuing its 3 on 3 ball hockey league on Wednesday, July 8th at 6pm. It will be running every Wednesday night for the throughout

July and August. The ball hockey will take place at the St. Mary's Recplex.

Let's keep the hockey going all year round in St. Mary's. Practice your stick handling and shooting in the off-season. No experience is necessary for the ball or inline hockey. Come out and give them a try.

If you haven't registered yet, there is still time. Contact the Recreation office ASAP, 522-2598.

Creative Dance

Creative Dance classes will be ending on June 9th. The class has been split into two half-hour sessions. One for 3-7 year olds (6:30), and the later for 8-10 year olds.(7: 00)

Instructor: Kristin Porter

Time: 6:30 – 7:30pm

Location: St. Mary's Academy Gym

Aerobic Classes

A reminder that Aerobic classes (Boot Camp & Kickboxing) will continue throughout the summer months. We will venture outdoors and enjoy the nice weather while keeping the sweat coming.

Join us on Tuesday and Wednesday nights at 6:30pm at the Education Centre.

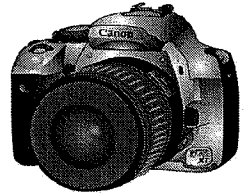
Any questions please contact the recreation office at 522-2598

Photography in the Park

Date: Saturday, June 27th

Time: 9:30am-12:00pm

Location: Liscomb River Trail



We will be meeting in the trail parking lot. Wear sneakers and bring water, snacks and your camera. We will be discussing how to use various lenses, composition of taking a photo, and basics of photography. You will need to know how to use your camera and have basic knowledge of the settings. For more information, contact the Rec. office at 522-2598.

Physical Activity Public Meetings

The Recreation Department will be hosting public meetings in various communities around the Municipality. The focus of the meetings will be on Physical Activity/Recreation opportunities/venues that are happening in your area, and will give the residents a chance to voice their opinions on activities that you would like to see happening in your community. Everyone's welcome to attend.

The meetings will be at 6:30pm in the following locations:

Monday June 15th – Indian Harbour Lake CC

Tuesday June 16th - Greenfield Oldsters Club

Wednesday June 17th - Goshen CC

Thursday June 18th - Port Bickerton CC

Monday June 29th – Marie Joseph CC