

AUGUST 2012 Newsletter

www.saint-marys.ca

Deadline to have information submitted for the September issue is Wednesday August 22nd at 4pm. Fax 522-2309, email Council@saint-marys.ca. We reserve the right to edit any and all submission.

NOTICE

OCTOBER 20th, 2012 MUNICIPAL AND SCHOOL BOARD ELECTIONS LIST OF ELECTORS

Nomination papers are available by contacting Municipal Office or Ruth Legge at 779-2931. Nominations will be accepted from September 4th to 11th inclusive.

For the first time, we are using the permanent Nova Scotia List of Electors to prepare our Municipal Lists. It is very important that if, within the last two years:

- you have moved into the Municipality or
- you have turned 18 or WILL turn 18 by October 20 or
- you have moved within the Municipality or
- you were not on the List of Electors at the time of the last Provincial Election

You contact the Returning Officer or Municipal Office.

The preliminary lists of electors have been prepared for the upcoming elections. Enumeration has NOT been conducted; the permanent NS Provincial lists have been used. The revising officers may make additions or corrections to the lists upon application by telephone, fax, e-mail, mail, or in person. Electors may find out if they are on the list of electors by:

1. Visiting the Municipal Office between the hours of 8:30am and 4:00pm, Monday to Friday, until Aug 8th. Municipal Office 16 Main Street, Sherbrooke, NS Phone (902) 522-2049 Toll Free 877-388-0868 Fax (902) 522-2309
2. Contacting the Returning Officer; Ruth Legge at Liscomb Mills, from June 20 to Aug 8 at (902) 779-2931 or ruthlegge@seasidehighspeed.com

You will be asked for your full name, civic and mailing address and date of birth.

MUNICIPAL and SCHOOL BOARD ELECTIONS Also will take place on Saturday, October 20, 2012. If you are considering running for office and have questions, please contact the Municipal Office, 522-2049 or the Returning Officer, Ruth M. Legge at 779-2931.

New Municipal Building Update

A motion to proceed with the tender process for the new Municipal building, which will be built in compliance with Green Globes three certification, was passed by all councillors present at our July 9 meeting.

A second motion was passed with regards to funding the new building.

This motion is a temporary borrowing resolution that allows the Municipality, to borrow money for the construction of the building.

By building the new building to a Green Globes three certification it allows our municipality to access the Federal gas tax revenue we receive each year to pay one hundred percent of the capital costs for construction of the building.

We will be financing construction costs through the Municipal finance corporation and each year we will pay the mortgage with a portion of our gas tax revenue. We haven't decided the terms of the mortgage yet but it will be in the 10 to 15 year range.

This project will be going out for tenders in August with construction possibly starting in September.

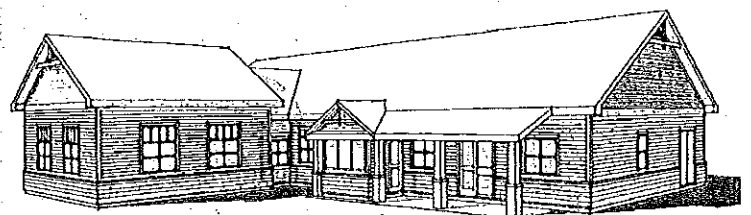
I would like to thank everyone who came out to our open house held on July 3rd and thank you for your input towards the project. Thank you, to our very patient architect Mr. Dale Archibald of Archibald and Fraser and our Environmental consultant Mr. David Stewart. I would also like to thank our municipal staff and my colleges on council for their hard work and dedication to this project.

I know this has been a long process, but I believe we have put together a very cost effective and efficient building that will suit the needs of our communities for many years to come.

Warden David Clark

Phone: 902-833-2331

Floor Plan also available online www.saint-marys.ca



COUNCIL MEETING: The next regular meeting of St. Mary's Municipal Council will be held on **Monday, September 10th, 7 pm.** The public is invited to attend. Visit our website for recent minutes of the regular meetings, important dates and forms. www.saint-marys.ca

BUILDING INSPECTOR – Peter Avery will be available at the Municipal Office in Sherbrooke on Thursdays beginning at 10:30am. Note: Building permits are not required for structures under 200 square feet. However, lot approval is required for the purpose of power hookup. If you require an appointment or wish to speak with Peter contact the office 522-2049 or Peter directly at Guysborough Office; 533-3705 ext 235 pavery@modg.ca.

Property Tax Rebate for Seniors

This program, administered by Access Nova Scotia on behalf of the Department of Community Services, is designed to help eligible seniors remain in their homes by providing them with an annual rebate on their municipal property taxes. The program provides eligible homeowners with a 50% rebate on the municipal property taxes paid the previous year, up to a maximum of \$600.00 per year. The rebate is always based on the property taxes paid in the previous year. You are eligible to receive the rebate if you meet the following criteria:

1. You were receiving either the Guaranteed Income Supplement (GIS) or The Allowance in January of this year. To find out if you qualify for the GIS or The Allowance, call Service Canada at 1-800 277-9914.
2. You are living in your home at the time you apply for the rebate and continue to reside in your home
3. Your previous year's property taxes were paid in full

For more information, contact Service Nova Scotia Municipal Relations at 424-5200 forms will be available shortly at the municipal office or online <http://www.gov.ns.ca/snsmr>

Community News



St. Mary's District Food Bank is in urgent need of financial assistance. To make giving easier for you, automatic withdrawals may be made from your RBC Sherbrooke Account. To set up; see one of the customer service representative at the bank. If you are in need of assistance or would like information about Food Bank, please call 328-4148 and leave a message. The phone number is exclusive to the Food Bank and all calls are confidential. Boxes for donations of non-perishable food items are located in Sherbrooke at St. Mary's Hospital and the Clover Farm.

Liscomb Lodge Community Fundraiser

There will be a penny auction, sorry box, cake walk and 50/50 draw.

Refreshments for sale.

Place: Liscombe Lodge

When: August 2, 2012, 7:00 pm

More info: Call Lori at 347-2112

Maple Manor

Bake Sale – Every Friday at 2:00pm. Pies, bread, cookies, scones, squares fudge etc. Admission \$.50

Retirement party for Jim Mills

Come help celebrate Jim's retirement after 38 years of service with the Dept. of Transportation, August 11th from 7-9 pm at the Indian Harbour Lake/Jordanville Community Centre.

Everyone welcome!

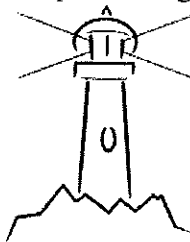
Port Bickerton Lighthouse-Summer Events

Tea Leaf Readings at the Lighthouse

Saturday, August 14, 2012 from 1:30-4:30 pm

15 minute sessions-\$10.00

All proceeds go to keeping our Lighthouse alive!



Come and visit with us at the Port Bickerton Lighthouse on Saturday, August 4th and enjoy something different at the light keeper's house. Not only do you have the Lighthouse history to hear about, the waves dancing on the shores of the Atlantic Ocean, scenery to photograph and take into your hearts, trails to walk, beaches to explore, birds to enjoy and salt air to cleanse your breath, you will have the opportunity for a real psychic reading. Barbara Z. will be doing Tea Leaf Readings- 15 minute sessions, asking for \$10.00. Share in the fun, your message may be priceless! Barbara is a psychic from birth, a newcomer to Nova Scotia by choice. It is a pleasure to see you again, Friends of the Light!

Book ahead please. Contact the Lighthouse at 364-2000 between 9:00-5:30 daily to reserve your place.

St. Mary's River Association

Interested in learning fly tying? Christopher Sinclair will be available Friday, Saturday, Sunday, Monday. Limited, so call ahead 522-2099.

Place: Education & Interpretive Centre
8404 Highway #7 Sherbrooke

ROYAL CAN. LEGION BR. #86 LISCOMB

Next general meeting will be held on Tuesday,
September 4 – all welcome.

Activities: Auction 45's Thursdays at 8pm \$5
Cribbage – Saturdays at 8pm \$5

SPECIAL CONCERT: AUG 25th

"Jim Richard & Rusty Cage"

Show starts at 7pm \$8 at the door. Come and enjoy
some great entertainment

ECUM SECUM FIRE HALL "FUN DAYS" 2012

AUG 3rd- At Ecum Secum Fire Hall

Kids games night 6:30-8 pm

BBQ and slide show

Fireworks at dusk (weather permitting)

AUG 4th- At Ecum Secum Fire Hall

Breakfast (\$6.00/adult- \$3.00 5-12): 8 am-10 am

Bingo 10-11:30/2pm onwards

Races 11:30am-12:30 pm

BBQ Noon

Games Afternoon

Beer Garden and kitchen party 1 pm

Variety Show 7:00 pm

Adult Dance- Triple B (\$8.00/person) 9:30 pm

AUG 5th- At Fleet Settlement Bridge

BBQ Lunch 12 pm

Duck Race 2 pm

Entertainment 11 am onwards

For more info contact: Maudie @ 347-2605

The Sea Shore Volunteer Fire Department will be holding a Bottle Drive on September 29, 2012. All proceeds will go towards the Fire Hall's Fund for Equipment. All support is greatly appreciated. You can either wait for the collectors to knock on your door or place them roadside and the collectors will take them away.

If you wish to help collect for this event, please contact Keith Horton at 364-2785.

FLEA MARKETS:

Highway 211 from Stillwater to Port Hilford

Saturday August 4th

10am – 2pm

Table space available to the community centre-

\$5.00 Call 522-2369 to book

Anyone taking part; mark your sale with a sign or balloons. No early birds please.

Great Big Community Yard Sale

There will be a community yard sale on Saturday, September 1st from 9:00 am till Noon in the parking lot of Bayview Baptist Church in Spanish Ship Bay. No selling will take place before 9:00 am. Please contact Debbie Baker at 779-2255 for further information or to book a table.

St. John's Liscomb Cemetery Clean-up Day

Saturday September 8th

Beginning at 10am

More details will follow in September newsletter

Mark your date on the calendar!

Need Help making repairs to your home?

The Department of Community Services has a number of programs to help low-income households make emergency, health and safety related repairs. For housing repair and adaptation programs contact Housing Services at



1-800-933-2101 (toll-free) or visit our website at www.gov.ns.ca/coms



**JFJ Club
Juniors for
Jesus Club**



**Saturday, August 11th
12:30 – 3:00 p.m.**

Indian Harbour Lake/Jordanville Community Center For Boys and Girls ages 6 and up
Team up with the reliable Commissioner and her best agent for an investigation, wild and wacky games, outdoor sports and a delicious snack.

Sponsored by Indian Harbour Lake Pentecostal Church
Phone # 522-2759 or 364-2270



*Indian Harbour Lake
Pentecostal Church
August Worship & Activities*

Sunday

11:00 a.m. Morning Worship
August 26th

Special Speaker: Rev. Bruce Parsons

Weekday Activities

Wednesday, 1st, 8th & 15th

7:00 p.m. Bible Study

Discovering the Purpose of Bible Stories

All are Welcome! For more information, contact
Pastor Dave Connolly at 522-2759
or pastordave@ihlpentecostalchurch.ca

The Baptist Congregation of Port Hilford, Port Bickerton & Sonora

(Convention of Atlantic Baptist Churches)

You are invited to these Worship Services and events: August 5, 11 am- Port Hilford United Baptist Church

August 12, 11 am- Port Bickerton United Baptist

August 14, 7 pm-*Come to the River* prayer meeting at St. Paul's Church, 8033 Rt. 7, Sherbrooke

August 19, 11 am- Sonora Baptist Church

August 26, 11 am- Port Hilford United Baptist

For more information contact Rev. Norman Pearce, 522-2087 or hbs.baptist@ns.sympatico.ca.

COMING SOON "A BUG'S ADVENTURE!" VBS
AT BAYVIEW BAPTIST CHURCH

WHEN: AUGUST 13-15

TIME: 6:30-8:00 P.M.

WHERE: BAYVIEW BAPTIST CHURCH

4761 HIGHWAY 7 LISCOMB

CONTACT FOR MORE INFORMATION: PASTOR
DAVE SMITH 779-2709

CLOSING WILL BE HELD ON THURSDAY AUGUST 16
AT 7:00 P.M.

WE LOOK FORWARD TO SEEING YOU THERE.

St. Mary's Boat Club Poker Rally

Saturday August 4th 2012

St Mary's boat club Warf

Registration 10-12noon

\$10/hand

Drawing the hands around
3pm

THANK YOU

*We would like to thank our family, friends and neighbours for the gifts for our new baby boy Cayden! A special thanks to those that had the shower for us in Port Bickerton, and the shower in Aspen. We appreciate it very much!
Garrett, Kaylea and Cayden*

Doris Granter would like to thank everyone who attended her 80th birthday party on July 7th. All the gifts, cards, snacks and best wishes were very much appreciated. There was a great turn-out and the "birthday girl" had a wonderful time.

The executive and members of the St. Mary's Sonora Community centre extend a heartfelt thank you to those who volunteered their time and energy to re-shingle the roof of the community centre. A big thank you also to those who donated food to feed the workers & those who prepared it and served; and to those who allowed us to use tools, etc. to complete the job. Your hard work & volunteer spirit is appreciated. The Community Centre is a valuable resource for our community and we thank you for your support

60th Wedding Anniversary for Edgar & Marie Sinclair Saturday, August 4, 2012 from 1:00 - 4:00pm at their home in Goshen. Drop by and celebrate their Diamond Anniversary! Best Wishes only.

St. Mary's Garden Club

Monthly Meeting Tuesday August 14th - The Exhibition Centre in Sherbrooke at 2pm everyone invited.

Holding a flower show on August 17 and 18th in the Exhibition Centre in the village of Sherbrooke. We invite anyone who is interested, to submit entries of flowers by 11am Friday August 17th. The flower show brochure with rules and guidelines (some rule changes this year) can be obtained by calling Mary Baker 779-2898 or Jan Willumsen 833-2313



Nimrods Campground Needs your Help!

Saint Mary's Fish & Game Association is compiling a history of our past. We are looking for old members or campers who would like to share their memories in a personal interview. We would be interested in your stories of events or just fun times. Old photos, memorabilia, or any general information you could provide would be helpful. If you think you could add anything, however small, please contact Sarah or Derek at Nimrod's 522-2441

27th Annual Fish Fry Supper

August 18 from 3 - 6pm

Port Bickerton Community Centre

4853 Hwy 211

Admission: \$10 adults and \$5 children



Duck Race

August 19 - 300 toy ducks are released at Port Hilford Lake and race to Port Hilford Beach. 6 Prizes - Ducks can be purchased from Firehall members.

The Anglican Parish of Liscomb & Port Bickerton
The Rev.'d Melissa Frankland, Rector
email: revmelissa@maritimers.ca
phone: 522 2510

St. Anne (July 29th, transferred from July 26)

11 am St Thomas IHL (combined BAS Holy Communion)

IX Sunday after Trinity (Aug. 5th)

9am St. Paul's Port Bickerton

11am St. Thomas' IHL

7pm St. James' Sherbrooke

X Sunday after Trinity (Aug. 12th)

9am St. Luke's Liscomb

11am St. James' Sherbrooke

7pm St. Paul's Port Bickerton

XI Sunday after Trinity (Aug. 19)

9am St. James' Sherbrooke

11am St. Luke's Liscomb

7pm St. Thomas' IHL

St. Bartholomew (August 26th, transferred from Aug. 24th)

9am St. Thomas' IHL

11am St. Paul's Port Bickerton

7pm St. Luke's Liscomb

*** Please note Due to the poor Strawberry growing season, we have to cancel our Strawberry Shortcake fundraiser that was slated for August 11th.

Thank You - On behalf of the Northumbria Regional Mission Team to Puerto Rico, we would like to thank everyone who helped to make our mission trip possible.

We are so blessed to be living in such a great place!

Your support and your prayers were greatly appreciated. May God Bless you all! To show our appreciation and gratitude for your support, this fall, the local team will be doing various presentations around our municipality about our mission trip.

Stillwater Community Centre News

Card Play - The members of the Stillwater Community Centre welcome back our regular card players to our first card play of the season, on August 31st 2012. For anyone new wishing to join us, we meet every Friday night at 8pm. (doors open at 7:15pm) your \$4 admission includes card play, tea and dessert, some laughs among friends and if you are lucky enough, some great prizes.

"Raising the Roof"

Bring your hard hat, a hammer and your knee pads to the Community Center "roof party" the weekend of September 22/23 (rain days Sept 29/30)

Thanks to the generosity of Councilor Dunbar, Department of Health and Wellness and our Stillwater volunteers, we are now able to replace our aging roof and preserve an important Stillwater landmark.

Greetings from High-Crest Sherbrooke

Residents celebrating birthdays this month:

Kay Cox Aug 19

Kathleen Chamberlain Aug 22

Marks Knauer Aug 24

Julia Mason Aug 27

Happy Birthday Folks! We will be holding our monthly Homebuddies Bingo/Birthday party on Aug 14th at 1:15, everyone is welcome!

Thank you for the donations of some beautiful china cups and saucers. The new china cabinet is just beautiful filled with such lovely china. They will be loved and enjoyed often.

We are currently building a pagoda on the front lawn, so that there will be another spot to enjoy the lovely summer weather, check it out next time your in for a visit.

We are busy working on trails for ATVing - please join us at the St. Mary's ATV Club meeting on August 9th at 7pm in the Municipal Council Chambers. We are anxious to share our plans for the future!

Sherbrooke Library Chat Line

HOURS: Monday: 11am-4pm Friday: 9:30am-2:30pm

Tuesday: 11am-4pm

Saturday: 10am-1pm

Thursday: 11am-4pm

Mediation Class - Tuesdays at 11-12pm. Learn how to meditate followed by a short practice. Feel the peace and calmness

Village Reader's Book Club - The first Friday of every month. This month is Aug 3 at 11am. Come and tell us of an interesting book that you have read.

Seniors Café - Fridays at 9:30am. Join us for a snack, conversation, check out your books and use our computers.

Results of the July 13th meeting with Laura Emery, Head Librarian of Eastern Counties Regional Libraries. In order for politicians and other decision makers to realize how important small rural libraries are to our areas, it was decided to make a YouTube video. This would be played at the provincial libraries association annual meeting in Mulgrave this September. Several of those who attended the meeting have already signed up. If you are interested in expressing your opinion of the necessity of keeping our branches open for public use, please call the Sherbrooke branch at 522-2180. You will then be contacted when the taping will take place. Individual written opinions will also be added in this message if you would prefer not to be on camera.



Sherbrooke Village Schedule is subject to change.

Saturday, July 28 - A SPORTING DAY OF TRADITIONAL DRIVING The

Sporting Day focuses on traditional horse and carriage driving and includes three phases: a Turnout Inspection, a Country Drive and the Cones Course. 10 am - 4 pm

Sunday, July 29 - SAWMILL & GOLDMINE FROLIC McDonald Brothers' Sawmill, beginning at 2:00 pm.

Join us for excitement and a few laughs around the mill pond for our friendly woodsmen's competition. Competitions include hatchet throw, kettle boil, double buck saw and spike drive. The Royal Oak Stamp Mill will be the scene of our annual celebration of the golden days. There'll be samples of our "good as gold" recipes for baked beans & brown bread.

Thursday, August 2 - COURTHOUSE CONCERT -

The Grady Family playing a wide range of instruments and performing traditional Cape Breton fiddle sets with step dancing, east coast music, folk, country, alternative and a few of their own original songs, 7:30 pm, tickets \$8 at the door.

Sunday, August 5 - "WITH THESE TWO HANDS"

Pottery, With the exception of a modern kiln, the process used at the Village dates back to the 1800s, including the use of a traditional 150 pound kick wheel.

Thursday, August 9 - COURTHOUSE CONCERT -

Dave & Dennis Kaiser, Rod McMullen & Herman Martell with their lively mix of country, gospel and bluegrass, 7:30pm, tickets \$8 at the door.

Sunday, August 12 - SHERBROOKE VILLAGE

COMMUNITY PICNIC! - We're throwing another gigantic picnic with free hot dogs and fresh blueberry desserts for sale with proceeds going to the St. James Church Maintenance Program.

Monday, August 13 to 16 - SHERBROOKE

WATERCOLOUR CAMP - Susan Paterson will be leading a four day watercolour painting workshop in Sherbrooke Village Sign up today!

Thursday, August 16 - SHERBROOKE

WATERCOLOUR CAMP, ART EXHIBIT - Instructor Susan Paterson and camp participants will have a showing of their week's work at the Exhibit Centre from 2:00 pm to 4:00 pm.

Thursday, August 16 - COURTHOUSE CONCERT -
Featuring Hal 7:30pm, tickets \$8 at the door.

Friday, August 17 to Sunday, August 19 - ST. MARY'S GARDEN CLUB ANNUAL FLOWER SHOW & VILLAGE GARDEN TOURS - Garden Club display will be at the Village Exhibit Centre. Sherbrooke Village garden tours will be leaving the Information Centre on Saturday and Sunday at 10:30 am and 2 pm. Wear comfortable foot wear and learn of our local flora.

Saturday, August 18 - The Rally That Gives committee will host a "Rally Run for Cathy's Place." This is a motorcyclists fundraiser for the Cancer Resource Room at St. Martha's Hospital. Pick up sponsor sheets at Sherbrooke Village Administration Office.

PUMPKIN VISIT - How is your pumpkin growing? Come and visit your adopted pumpkin and see how it is doing. Our gardener will be on hand with her garden plan to help you identify your own pumpkin. Garden open 11 am 1 pm

Friday, August 24 - COURTHOUSE CONCERT - This will be the kick-off concert for our fourth annual Rally That Gives, weekend featuring "Friday Night Blues Bash" 7:30pm, tickets \$8 at the door

Friday, August 24 to Saturday, August 25 -

SHERBROOKE VILLAGE RALLY THAT GIVES - Motorcycle Rally fundraiser in aid of the Lodge That Gives. The event will feature music at the Performance Centre, poker run, lunch, field games, show & shine and dinner.

Sunday, August 26 - "WITH THESE TWO HANDS"

We've Got Boats to Build -Keith Horton will be on hand to share river lore and demonstrate how these unique boats are built. 1 - 4 pm.

HANDS ON CRAFTS - Today we will make wooden boats. Register at admissions for today's craft. Material fee \$3

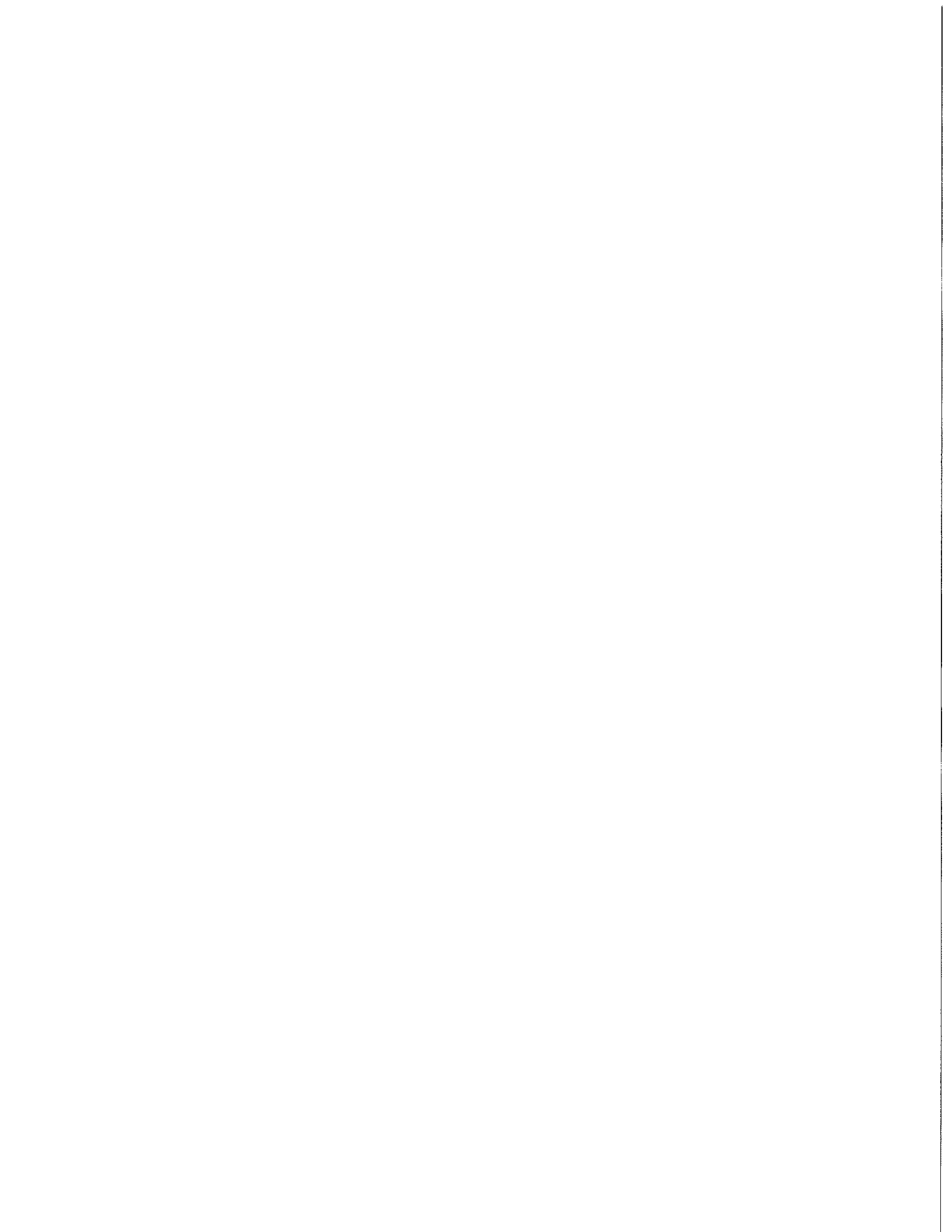
Friday, August 31 - COURTHOUSE CONCERT -

COURTHOUSE CONCERT- Celtic & traditional music with Roly & Ellie Burton and George & Leslie Brothers, 7:30pm, tickets \$8 at the door.

Saturday, September 1 to Monday, September 3

LABOUR DAY APPRECIATION - Visit Sherbrooke this weekend and show your Union Membership card for 2 for 1 admission. Pay for one admission at regular price and get 2nd admission, same price or less for free. Applies to one day pass only.

Sunday, September 2 - "WITH THESE TWO HANDS"
Wool Preparation!



*** Please note the change to Garbage collection EVERY week is now in effect until September it returns to bi-weekly. Recyclables will continue on an every TWO week schedule. It is permitted to have total of 8 bags of household garbage every two weeks.

See Zone details below***

July 2012

Tuesday	Wednesday	Thursday
24 Zone 1 BLUE BAG & GARBAGE	25 Zone 2 BLUE BAG & GARBAGE	26 Zone 3 BLUE BAG & GARBAGE

August 2012

Tuesday	Wednesday	Thursday
31 Zone 1 GARBAGE	1 Zone 2 GARBAGE	2 Zone 3 GARBAGE
7 Zone 1 BLUE BAG & GARBAGE	8 Zone 2 BLUE BAG & GARBAGE	9 Zone 3 BLUE BAG & GARBAGE
14 Zone 1 GARBAGE	15 Zone 2 GARBAGE	16 Zone 3 GARBAGE
21 Zone 1 BLUE BAG & GARBAGE	22 Zone 2 BLUE BAG & GARBAGE	23 Zone 3 BLUE BAG & GARBAGE
28 Zone 1 BLUE BAG & GARBAGE	29 Zone 2 BLUE BAG & GARBAGE	30 Zone 3 BLUE BAG & GARBAGE

ZONE 1: New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill.

ZONE 2: East Loon Lake, Smithfield, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive.

ZONE 3: Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Minds Rd, to Waternish inclusive.

**WATCH THE NEXT NEWSLETTER FOR DATES AND DETAILS ON
UPCOMING HEAVY HAUL THIS FALL!**

St. Mary's Recreation

website: www.saint-marys.ca/recreation or www.facebook.com/StMarysRec

ONE FULL MONTH OF SUMMER LEFT!!!! RECREATION NEWSLETTER

ST. MARY'S ADULT SLOWPITCH LEAGUE Adult Slowpitch league is up and running. The softball league is open to anyone over the age of 18. Players are to sign-up as individuals or teams. We plan to run until late September. Games will be played on Tuesday evenings at the Sherbrooke Village Ball Field. \$10 per person. There will also be a tournament sometime during the season. If you have any questions about the league please contact the recreation office at 522-2598 or email at joshcorkum11@gmail.com



VOLUNTEER OPPORTUNITIES: If you would like to volunteer for anything, please contact 522-2598.

ST. MARY'S RECREATION GOLF TOURNAMENT Red Hill Golf Club, Indian Harbour Lake. Starts at 10:00 am on Saturday, August 11, 2012. Cost is \$15 per person to enter into the tournament. PLEASE REGISTER BY CALLING 522-2598

by July 31. There will be Prizes for participants and BBQ on site. This is for all ages.

Equipment Loan Out Program The Municipality of the District of St. Mary's Recreation Department has all sorts of recreational equipment available to you for no cost. Please call 522-2598 for more information, or to rent them out. Showshoes, balls, gps's, washer toss, and much more.

PARKS AND TRAILS This Municipality is in an area where there are all kinds of trails that you could go for a walk, or hike on! So, get out there and discover the sights and sounds of these great trails! Stonewall Park - The Friends of Stonewall Park Society is currently working on fixing up the park to make it more accessible, and more of an attraction!

Community Groups, Organizations, Clubs

If you are interested in a program or event in your community, we encourage you to contact the recreation department at anytime. St. Mary's recreation is constantly seeking for new ways to improve recreation in our communities and promote physical activity. You can reach the Recreation Coordinator at joshcorkum11@gmail.com or phone: 522-2598.

Social Media and Facebook

Social Media is becoming a trend in the recreation industry for promoting, advertising, and getting information on programs, activities, and what's going on in your area. If you may or may not have known, St. Mary's Recreation has a facebook page where people can go on and get updates on programs and activities that are going on within the Municipality. On there you will get updates on when things are cancelled, reminders of when programs are, pictures, etc. All you have to do is join the facebook page are you are set! Type in St. Mary's Recreation and like it, or join group.



GUYSBOROUGH COUNTY OLDER ADULT GAMES.

The Older Adult Games is a wonderful event that takes place at Liscomb Lodge every August. This year, it is the 25th anniversary of this event and we want to make it a big one!!! We are in the planning process and doing everything we can to make this event the best ever! So, get the word out in your community and come join us for two days of enjoyment, fun, and being involved in this great event. The games will be on August 21 and 22, 2012 starting at 9:00 am. Activities/events will be walking, crokinole, outdoor shuffle board, scrabble, washer toss, croquet, cribbage, auction 45's, darts, indoor shuffle board, carpet bowling, and other special events as well. For more information on fee's, rates, or to register, please contact St. Mary's Recreation at 522-2598. Registration DEADLINE is August 3, 2012. You can pick up forms at the Recreation Office.

KIDSPORT KidSport is a national children's program that



helps kids overcome the financial barriers preventing or limiting their participation in organized sport. KidSport Nova Scotia provides funding of up to \$300/year/child for sport registration and/or equipment. KidSport™ Canada is a national not-for-profit organization that provides financial assistance for registration fees and equipment to kids aged 18 and under. Through a confidential application process we provide grants so they can play a season of sport. One of our primary goals is to support our network of 11 provincial/territorial KidSport chapters and 177 community KidSport chapters across Canada in their fundraising and sport activities. If you want more information on this program, please contact the recreation department at 522-2598, or visit the website (<http://www.kidsportcanada.ca/>). (<http://www.sportnovascotia.ca/KidSport/tabid/145/Default.aspx>)

LIONS BINGO Wednesdays. Starting at 7:45. Lions Club/Hall, Sherbrooke, NS.



RED CROSS ASSISTANT WATER SAFETY

INSTRUCTOR (AWSI) The Antigonish Recreation Departments hosts Canadian Red Cross Water Safety Instructor courses. The Alumni Aquatic Center is offering Canadian Lifesaving Society Training Programs. Make waves and sign up for these courses. Interested in Lifeguarding? Contact the Alumni Aquatic Centre at 867-2181 or 867-3925 Interested in becoming a Swim Instructor? Contact the Recreation Office at 522-2598 for more information.

NOVA SCOTIA FITNESS ASSOCIATION

NSFA holds the standards for fitness certification in Canada. By becoming certified through NSFA you receive the highest standard of fitness certification that is transferable across Canada. If you are interested and for more information and for training courses and times please contact the recreation department at 522-2598, or visit their website at <http://www.nsfainfo/>. On the website, there are course dates, locations and times.



CANADIAN TIRE JUMP START PROGRAM

This program helps kids be involved in sport and recreation. It enables financial assistance to families. Canadian Tire Jumpstart helps financially disadvantaged kids ranging in age from 4 to 18. HOW TO APPLY: Applications for assistance can be submitted from Jan. 15 - June 1 for spring/summer programs, and from July 1 - Nov. 15 for fall/winter programs. Call 1-877-616-6600. If you want additional information on this program, please do not hesitate to contact the recreation department at 522-2598, or visit the jumpstart website (<http://jumpstart.canadiantire.ca/>).

St. Mary's Municipality Website We have a municipal website that you can go on to get information. The web address is on the front page of the newsletter section. On the recreation section of the website you will find the programs that we offer, updates on programs, cancellations of programs if needed, and other additional information. On there, we also have an events calendar where you can look and see what is going on in the municipality any day of the week.

ST. MARY'S RECREATION CASUAL/PART TIME STAFF EMPLOYMENT OPPORTUNITIES As you may know, St. Mary's Recreation puts on programs, events, and activities all around the municipality. We are accepting applications for casual staff to join our team. Please send resume to: joshcorkum11@gmail.com

Message from St. Mary's Recreation: We are encouraging you to get out and be active this summer and have a great time while doing it!!

FUN WITH S.H.O.P.S. (SHERBROOKE OPPORTUNITIES SOCIETY)

Fun with S.H.O.P.S. is a developed program in the Sherbrooke Community run by the recreation department along with volunteers that will provide opportunities for persons with intellectual disabilities. Events will be held in Sherbrooke and surrounding areas. Please contact Shirley Long for more information and/or to be placed on the contact list, you will be then notified of activities, locations and events. You can reach Shirley at 902-522-2523, or please call the recreation office at 522-2598.



LISCOMBE LODGE POOL PARTY Let's get wet and wild with our St. Mary's Recreation staff at Liscombe Lodge. Friday August 17, starting at 9:30 am

Learn to Run Program The Liscomb Learn to run Program is a beginner level program that will teach you the basics of running; from techniques to footwear we have it covered!! Join us at the Liscomb Legion Thursday's at 10:00 am beginning August 2nd to give it a try! Please note there will be no learn to run on August 16th. For more information or to register please contact Emily at 522-2598 or by email at emilymargaretmorton@gmail.com

HIGHLAND CONNECT Looking for something to do? Highland Connect is a new website that enables you to see what is going on in your community. It is an online guide for active living resources. Here you can search for activities/events/programs, etc....Go and check it out!!: www.highlandconnect.ca



SUMMER IN ST. MARY'S!!! DAY CAMPS:

Port Bickerton (Community Centre): July 30 - Aug 3
Sonora (COMMUNITY CENTRE): July 30 - Aug. 3
Ecum Secum Day Camp (FIRE HALL): August 6-10
Sherbrooke Day Camp (RECPLEX): August 6-10
Aspen Day Camp (CHURCH): August 13-17
Liscomb Day Camp (LEGION): August 13-17
Goshen Day Camp (Community Centre): Aug. 20-24
Indian Harbour Lake Day Camp (Nimrod's Campground) August 20 - 24.

Day Camp Themes for August:

Monday: Time Travellers Day- Take a trip through time from cavemen to the wild, Wild West!
Tuesday: Treasure Hunters Day- Scavenger hunts to solving mysteries to find the secret treasure!
Wednesday: Wizard's Day- You have been accepted to day camp for wizards! We will make wands and create potions!
Thursday: Fairy Tales Day- Come spend a day in a fairy tale story book, and go on a hunt for Cinderella's missing glass slipper and go on a journey to find Jack's missing Magic beans!
Friday: Imaginarium Day- This is a day to be full of imagination. Make sure to pack your children an extra set of old clothes every day for day camp.



Weekly Activities

Monday - Soft Ball for Kids at Sherbrooke Village Baseball Field from 6:00-7:00pm
Tuesday - Open Gym: St. Mary's Academy 6:30 pm.
Wednesday- Roller Hockey at the St. Mary's Recplex from 6:30-7:30pm
Thursday- Soccer at the Sherbrooke Village Field from 6:00-7:00pm
Friday- Inline Skating at St. Mary's Recplex 6:00-8:00pm



St. Mary's Fitness Centre Personal training and orientations are available, to arranged a consultation please contact the recreation office. **Summer Hours**

Monday	Tuesday	Wednesday	Thursday	Friday
4:30-7:30	4:30-7:30	4:30-7:30	6:00-12:00	9:00-12:00

St. Mary's Recreation Special Events:

Special Beach Day: This year we will have two beach days, One in July and one in August. Come out to Port Hilford Beach and cool off. There will be a Treasure hunt, prizes, sand castle building contests and a BBQ. July- 6th, 2012 and August 3rd 2012. 9:30 am to 3:30 pm.

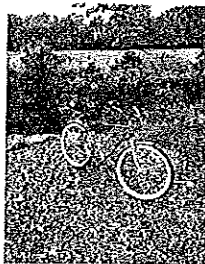
Parents vs. Kids Baseball Game: Come on out to the Sherbrooke Village Baseball Field and compete against your parent or child to see who can win the game. August 6th at 6:00 pm at The Village Softball Field.

Bus Trip Day in August: This year we will be going on a trip to Sheubenacadie Wildlife Park. Date: August 15th. The cost to get in is 2.00 for a child and 4.25 for an adult. There will be a stop to buy lunch or you can bring a lunch along with you. Bus leaves the municipal building at 8:30 am. Please call the recreation department for more information on the cost to go. Also, you must register for this event before August 8th.

Movie Under the Stars: Come watch a movie under the stars at Sherbrooke Village Ball Field, Friday night, August 10th. Movie starts at 8:30 pm. There will be activities/concession stands there before hand starting at 7:00 pm. Bring your own lawn chairs and blankets.

Bicycle Ticket Draw!

The St. Mary's RECPLEX facility is a wonderful asset to our community. A top of the line Schwinn Super 3 Cruiser Bike has been donated to the Municipality by generous people who would like to see it used to raise money for the RECPLEX. So, tickets are being sold on this bike from now until we draw the winner at the Terry Fox run in September. If you would like to buy tickets on this, please contact the Municipality of St. Mary's at 522-2049, or the Recreation office at 522-2598.



RUG HOOKING AT GREENFIELD OLDSTERS CLUB Linda MacDonald, a certified rug hooking instructor, will be teaching rug hooking for 4 Mondays beginning Sept 10 at the Greenfield Center. Hours 1pm to 3:30 pm. You may choose your own pattern and material. Kits and supplies will be available to purchase and there will be some instructional cost depending on the number attending. Please contact Josh at 522-2598 to register.

EFIT is unique combination of cardio, muscle confusion, agility and plyometric training essential for optimal sport performance. This program is open to all youth ages 10-19 and is held Thursdays from 1:00pm-2:00pm at the Indian Harbour Lake Community Centre. For more information or to register please contact Emily at 522-2598 or by email at emilymargaretmorton@gmail.com

Train Like the Pros The train like the pros program is sticking around for the summer! This unique combination of cardio, muscle confusion, agility and plyometric training will have you stronger, faster and most importantly healthier! For more information or to register please contact Emily Morton at 522-2598. Please be advised that a minimum of 5 participants must register in order for the program to proceed. Please contact the recreation office at 522-2598, more info.

Liscomb Lodge Aqua Fitness

Liscomb aqua fitness is back for yet another year!! Aqua fit is a great low impact work out that uses water resistance to increase cardiovascular health, muscle endurance and strength. Join us Monday and Wednesday mornings from 10:00-11:00 at the Liscomb Lodge pool. Please note there will be no class August 13th and August 22nd To register please contact Emily Morton at 522-2598 or by email at emilymargaretmorton@gmail.com

ZUMBA FITNESS

Mondays, Zumba Gold: Sherbrooke. St. Mary's Academy. 6:00 – 7:00 pm.

Wednesdays, Zumba Fitness: Sherbrooke, St. Mary's Academy, 6:00 pm – 7:00 pm.

Thursdays, Zumba Toning: Sherbrooke, St. Mary's Academy, 6:00 pm – 7:00 pm.

Fridays, Zumba Gold: Sherbrooke, St. Mary's Academy, 6:00 pm – 7:00 pm.

Come join a certified Zumba instructor for this awesome class. Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. \$5 per class. Call rec dept to register. 522-2598.

RECREATION NOVA SCOTIA PHOTO CONTEST Go digital and email us your pictures to Recreation Nova Scotia (student@recreationns.ns.ca) or mail in your photographs to Recreation Nova Scotia, 5516 Spring Garden Road, Suite 309, Halifax, NS, B3J 1G6. Email: bmahon@recreationns.ns.ca. The winner will receive a prize from Recreation Nova Scotia. All you have to do is draw a picture in color of some type of recreation activity that you could do in the summer. Could be flowers, trees, fields, pools, biking, walking, roller blading, etc. So, we encourage you to be artistic and send in your picture!

Unstructured Play Time Unstructured play encourages a creative mind and imagination while promoting children to create games to play & adapt variations of known games. By providing the opportunity for unstructured play children develop social & debate skills while also enhancing physical literacy and motor skills. St. Mary's Recreation will be offering unstructured play at the following times and locations:

Goshen: Monday Aug 6-27 @ 10:00am

Ecum Secum: Tuesday Aug 7-28 @ 1:00pm

Port Bickerton: Thursday Aug 9-30 @ 10:00am

St. Mary's Coyotes off Ice Training This unique combination of cardio, muscle confusion, agility and plyometric training will have you stronger, faster both on and off the ice. Off ice will be held Wednesdays at 1:00pm starting the St. Mary's Academy. For more information or to register please contact Emily at 522-2598

Youth XC ATTENTION ALL CROSS COUNTRY RUNNERS! St. Mary's Recreation is pleased to offer a pre season cross country running program open to all youth ages 12 and up! The program will be held Tuesday evenings from 6:30-7:30 at St. Mary's Academy. Please note this program is pending registration. Please call Emily at 522-2598 for more information or to register.



August 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11:00 AM The Baptist Congregation of Port Hillford, Port Bickerton, and Sonora (Eum Secum Days)</p> <p>12:00 PM Fleet Settlement Bridge (Eum Secum Days)</p>	<p>9:30 AM Eum Secum Day Camp</p> <p>10:00 AM Unstructured Play</p> <p>6:00 PM Parent vs. Kid Softball Game</p> <p>7:00 PM Country Harbour Cards</p>	<p>9:30 AM Sherbrooke Day Camp</p> <p>10:00 AM Eum Secum Day Camp</p> <p>11:00 AM Meditation Class</p> <p>1:00 PM Unstructured Play</p> <p>6:30 PM Co-Ed Adult Softball</p> <p>6:30 PM Open Gym</p> <p>6:30 PM Youth XC</p> <p>7:00 PM Country Harbour Darts</p>	<p>9:30 AM Sonora Day Camp</p> <p>9:30 AM Port Bickerton Day Camp</p> <p>10:00 AM Aqua Fit</p> <p>1:00 PM Off-Ice Training</p> <p>6:30 PM Roller Hockey</p> <p>7:00 PM IHL Bible Study</p>	<p>9:30 AM Port Bickerton Day Camp</p> <p>9:30 AM Sonora Day Camp</p> <p>10:00 AM Learn to run</p> <p>1:00 PM E-Fit</p> <p>6:00 PM Soccer</p> <p>Fundraiser - 50/50 draw, penny auction, cake walk.</p> <p>8:00 PM Liscomb 45's</p>	<p>9:30 AM Sonora Day Camp</p> <p>9:30 AM Port Bickerton Day Camp</p> <p>10:00 AM Beach Day</p> <p>9:30 AM Seniors Cafe</p> <p>2:00 PM Bake Sale</p> <p>6:00 PM Inline Skating</p> <p>7:00 PM Eum Secum Days BBQ and Slide Show</p> <p>8:30 PM Eum Secum Days Games</p> <p>9:30 PM Fireworks at Eum Secum</p>	<p>8:00 AM Eum Secum Days Breakfast rally</p> <p>10:00 AM St. Mary's boat club poker rally</p> <p>10:00 AM Eum Secum Bingo</p> <p>11:30 AM Flea Market</p> <p>12:00 PM BBQ</p> <p>1:00 PM Beer Garden</p> <p>3:30 PM Port Bickerton Lighthouse</p> <p>8:00 PM Liscomb Cribbage</p> <p>9:30 PM Dance</p>
<p>11:00 AM The Baptist Congregation of Port Hillford, Port Bickerton, and Sonora</p> <p>12:00 PM Fleet Settlement Bridge (Eum Secum Days)</p>	<p>9:30 AM Liscomb Day Camp</p> <p>10:00 AM Aspen Day Camp</p> <p>1:00 PM Unstructured Play</p> <p>6:30 PM A Bug's Adventure</p> <p>7:00 PM Country Harbour Cards</p>	<p>9:30 AM Aspen Day Camp</p> <p>9:30 AM Liscomb Day Camp</p> <p>10:00 AM Learn to run</p> <p>1:00 PM Unstructured Play</p> <p>1:00 PM E-Fit</p> <p>6:30 PM Soccer</p> <p>8:00 PM Liscomb 45's</p>	<p>9:00 AM Shuble Bus Trip</p> <p>9:30 AM Aspen Day Camp</p> <p>9:30 AM Liscomb Day Camp</p> <p>10:00 AM Aqua Fit</p> <p>1:00 PM Off-Ice Training</p> <p>6:30 PM Roller Hockey</p> <p>6:30 PM A Bug's Adventure</p> <p>6:30 PM Youth XC</p> <p>7:00 PM IHL Bible Study</p>	<p>9:30 AM Aspen Day Camp</p> <p>9:30 AM Liscomb Day Camp</p> <p>10:00 AM Learn to run</p> <p>1:00 PM Unstructured Play</p> <p>1:00 PM E-Fit</p> <p>8:00 PM Liscomb 45's</p>	<p>9:30 AM Sherbrooke Day Camp</p> <p>9:30 AM Eum Secum Day Camp</p> <p>10:00 AM Learn to run</p> <p>1:00 PM Unstructured Play</p> <p>1:00 PM E-Fit</p> <p>8:00 PM Soccer</p> <p>8:00 PM Liscomb 45's</p>	<p>10:00 AM Golf Tournament</p> <p>11:00 AM New Chester Days</p> <p>12:30 PM JFJ Club</p> <p>2:00 PM Retirement Party (Jim Mills)</p> <p>8:00 PM Liscomb Cribbage</p> <p>9:00 PM Port Bickerton Dance</p>
<p>11:00 AM The Baptist Congregation of Port Hillford, Port Bickerton, and Sonora</p> <p>12:00 PM Fleet Settlement Bridge (Eum Secum Days)</p>	<p>9:30 AM Indian Harbour Lake day Camp</p> <p>10:00 AM Goshen Day Camp</p> <p>6:00 PM Softball for Kids</p> <p>7:00 PM Country Harbour Cards</p>	<p>9:00 AM OAG</p> <p>9:30 AM Indian Harbour Lake day Camp</p> <p>11:00 AM Meditation Class</p> <p>1:00 PM Unstructured Play</p> <p>6:30 PM Open Gym</p> <p>6:30 PM Co-Ed Adult Softball</p> <p>6:30 PM Youth XC</p> <p>7:00 PM Country Harbour Darts</p>	<p>9:00 AM OAG</p> <p>9:30 AM Indian Harbour Lake day Camp</p> <p>10:00 AM Aqua Fit</p> <p>1:00 PM Off-Ice Training</p> <p>6:30 PM Roller Hockey</p>	<p>9:30 AM Indian Harbour Lake day Camp</p> <p>9:30 AM Goshen Day Camp</p> <p>10:00 AM Learn to run</p> <p>1:00 PM E-Fit</p> <p>6:00 PM Soccer</p> <p>8:00 PM Liscomb 45's</p>	<p>9:30 AM Indian Harbour Lake day Camp</p> <p>9:30 AM Goshen Day Camp</p> <p>10:00 AM Seniors Cafe</p> <p>2:00 PM Bake Sale</p> <p>6:00 PM Inline Skating</p>	<p>7:00 PM Liscomb Concert</p> <p>8:00 PM Liscomb Cribbage</p>
<p>11:00 AM The Baptist Congregation of Port Hillford, Port Bickerton, and Sonora</p> <p>12:00 PM Fleet Settlement Bridge (Eum Secum Days)</p>	<p>10:00 AM Unstructured Play</p> <p>10:00 AM Aqua Fit</p> <p>6:00 PM Softball for Kids</p> <p>7:00 PM Country Harbour Cards</p>	<p>11:00 AM Meditation Class</p> <p>1:00 PM Unstructured Play</p> <p>6:30 PM Youth XC</p> <p>7:00 PM Country Harbour Darts</p>	<p>10:00 AM Aqua Fit</p> <p>1:00 PM Off-Ice Training</p> <p>6:30 PM Roller Hockey</p>	<p>10:00 AM Learn to run</p> <p>10:00 AM Unstructured Play</p> <p>1:00 PM E-Fit</p> <p>8:00 PM Liscomb 45's</p>	<p>9:30 AM Seniors Cafe</p> <p>2:00 PM Bake Sale</p> <p>6:00 PM Inline Skating</p>	<p>11:00 AM Liscomb Cribbage</p>