



# July 2013 Newsletter



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The **DEADLINE** to have information submitted for the July issue of the Newsletter is **WEDNESDAY, July 24<sup>th</sup>** at 4:00 p.m. Submissions can be received by fax: 522-2309 or email: (note the change in email): [council@saint-marys.ca](mailto:council@saint-marys.ca) or drop off at Office 16 Main St. Sherbrooke. Subject line must read **NEWSLETTER SUBMISSION**. Also please note that we reserve the right to edit any and all submissions to this newsletter.

**COUNCIL MEETING:** The next regular meeting of St. Mary's Municipal Council will be held on Monday, July 10<sup>th</sup> at 7pm. The public is invited to attend.

**The Municipal Office is moving up the street... we will be closed to the public on the following days:**

Wednesday July 26 - CLOSED

Thursday July 27 - CLOSED

Friday July 28 - CLOSED

Monday July 1<sup>st</sup> - CLOSED (Canada Day Celebrations)

**Tuesday July 2<sup>nd</sup> - OPEN at NEW LOCATION  
8296 Highway 7, Sherbrooke**



**Help St. Mary's Celebrate; Full Schedule attached**

S.H.O.P.S.

We invite the community to join us in our 2<sup>nd</sup> annual Walk-A-Thon, July 18<sup>th</sup>, 2013 @ 3pm. Meeting place will be at St. Mary's Academy. **Pledge sheets are attached on the back of the newsletter.** For further information feel free to contact Shirley Long at 522-2523

## TENDER

### Council Chamber Desks

Sealed tenders marked "Tender - Municipality of the District of St. Mary's Council Chamber Desks" will be received from crafts and tradespersons at the office of the Municipality of St. Mary's, 8296 Highway 7, Sherbrooke until 2:00pm July 8, 2013. The work generally includes the construction and finishing of eleven (11) hardwood desks for the Council Chambers of the Municipality of the District of St. Mary's. Tender packages can be obtained by contractors at the office of the Municipality as noted above. The Municipality of St. Mary's reserves the right to accept any tender or to reject any or all tenders.

## Solid Waste Summer Collection Schedule

<b>Tuesday ZONE 1</b>	<b>Wednesday ZONE 2</b>	<b>Thursday ZONE 3</b>
<b>June 25</b> Recyclables AND Garbage	<b>June 26</b> Recyclables AND Garbage	<b>June 27</b> Recyclables AND Garbage
<b>July 2</b> Garbage Only	<b>July 3</b> Garbage Only	<b>July 4</b> Garbage Only
<b>July 9</b> Recyclables AND Garbage	<b>July 10</b> Recyclables AND Garbage	<b>July 11</b> Recyclables AND Garbage
<b>July 16</b> Garbage Only	<b>July 17</b> Garbage Only	<b>July 18</b> Garbage Only
<b>July 23</b> Recyclables AND Garbage	<b>July 24</b> Recyclables AND Garbage	<b>July 25</b> Recyclables AND Garbage
<b>July 30</b> Garbage Only	<b>July 31</b> Garbage Only	<b>Aug 1</b> Garbage Only

### ZONE 1:

New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill.

### ZONE 2:

East Loon Lake, Smithfield, Denver & Newtown, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive.

### ZONE 3:

Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Minds Rd, to Waternish inclusive.

**QUESTIONS Call Eastern Shore Cartage  
1-800-261-0372**



MacMillan's Bottle Drive

Liquor Store, Sherbrooke Parking Lot:  
Second and Fourth Saturday each month

### Municipal Transfer Station

**Hours of Operation Tuesday to Saturday**

**9:00pm - 4:30pm**

Regular Garbage (Clear Bag) tipping Fee \$1/bag  
No Recyclables  
Construction and Demolition Materials - No Charge



**Indian Harbour Lake  
Pentecostal Church  
July Worship & Activities**

Sunday, July 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup>

11:00 am Morning Worship

Sunday, July 21<sup>st</sup> 6:30 p.m. Praise & Prayer

**Weekday Activities**

Wednesday, July 3<sup>rd</sup> & 10<sup>th</sup> 7:00 p.m.

Bible Study on The End Times

All are Welcome! For more information, contact

Pastor Dave Connolly at 522-2759 or

[pastordave@ihlpentecostalchurch.ca](mailto:pastordave@ihlpentecostalchurch.ca)

**LOCHABER STRAWBERRY FESTIVAL**

Come to the 2013 Lochaber Strawberry Festival

**Sunday, July 14, 1:00-5:00pm**

Sylvan Hall 1585 Hwy 7, Lochaber

**Entertainment**

- Campbell Calder & Martha Palmer, with Donald MacLennan and Dave Tellum
- John Hanlon
- Greg & Jess Favaro
- Arpo the Clown



**Homemade Strawberry Shortcake**

**50/50 & Spot Prizes**

**Face Painting**

**COME & ENJOY THE FUN!**

**The Saint Mary's Garden Club would like to thank all those who donated plants and/or helped with the plant sale. It was a great success! The next meeting of the Garden Club is on Tuesday, July 9<sup>th</sup> at 2pm.**

**Everyone is welcome. We will be planning our annual flower show to be held in August. For more information please contact Karen Ward at 779-2285**

Royal Can. Legion Br. #86 Liscomb

Next general meeting on **Tuesday July 2<sup>nd</sup>**,

Please take time to attend and support your legion.

**Activities:** Auction 45's: Thursdays at 8pm \$5

Cribbage – Saturdays at 8pm \$5

**Legion Hall available for RENTAL:** \$50 for small

functions, \$75 for Large, full day functions – call Jack at

779-2931

**The Baptist Congregation of Port Hillford,  
Port Bickerton & Sonora**

(Convention of Atlantic Baptist Churches)

You are invited to these Worship Services and events:

July 7, 11 AM – Port Hillford United Baptist Church

July 14, 11 AM – Port Bickerton United Baptist Church

July 21, 11 AM – Sonora Baptist Church

July 28, 11 AM – Port Hillford United Baptist Church

Bible Study on the Book of Revelation, Tuesday, July 2nd and 9th, 6:30 PM at Port Hillford Church.

For more information contact Rev. Norman Pearce,  
522-2087 or [hbs.baptist@ns.sympatico.ca](mailto:hbs.baptist@ns.sympatico.ca).

**Guysborough County Adult Learning Association  
(GALA)**

Although we are still waiting for the warm lazy days of summer, GALA is already making plans for fall and winter programs. We would love to hear about learning opportunities that you would like to see offered in your community.

If you or someone you know needs access to quick, free and accessible information in order to get a job or advance in a present job you might want to look at some of our free programs. Some examples of the training we can offer are:

- Improving technology skills
- Building confidence for job hunting or exploring new work opportunities
- Learning how to communicate better about yourself and the skills you can offer
- Things you need to know to work in tourism or other public service industry
- Math for the trades or Math for daily living
- Improving basic reading and writing skills
- GED preparation

GALA's training programs follow the Nova Scotia School for Adult Learning curriculum. For more information on any of GALA's programs and services for adults call us any time at 533-4252. You can also visit our website

[www.guysboroughlearning.ca](http://www.guysboroughlearning.ca).

A Big thanks... to everyone who came to celebrate with, or sent well wishes to Joan, on her 95<sup>th</sup> Birthday. You helped make her day extra special. Thanks again from Joan's family.

I am interested in locating the minute books for the 9 defunct Guysborough County WI branches of Isaac's Harbour, Locharbor, Goldboro, Sonora, Liscomb Spanish Ship Bay, Aspen, Glenelg Melrose, and Cross Roads Country Harbour. If anyone knows who has these books please contact me. It would be a shame to have this part of the Women's Institute history disappear. Please phone: Mary at (902) 246-2092, Guysborough County District Director

**St. Mary's Shooters Association**

July Schedule:

**July 07/13**---Aubrey Gammel Steel Target Shoot Pistols @ 20 yards..22 caliber & center fire, revolvers & semi autos. Steel plates as targets

**July 13/13**---Work Day Stillwater Range, painting and clean-up rain date July 20/13

Range practice is on Sundays when there is no shoot.

For info call John Day at 783-2820. Everyone welcome, come and keep the shooting sports alive!

Thanks, John Day, S.M.S.A. President

*We the family of Doug McKeen want to thank-you so very much for all you did for us in so many ways. It was very much appreciated, Claire McKeen & family.*

A special thanks to the Women's Institute of Indian Harbour Lake/Jordanville and Port Hilford for the lovely Grad banquet held on June 8<sup>th</sup> for the 7 graduates from these communities. Each graduate, along with their parents and grandparents were treated to a beautiful turkey supper and presented with most generous gifts. The graduates are so fortunate to have the support of their communities like this and your dedication to this annual tradition is very much appreciated...The Indian Harbour Lake/Jordanville Woman's Institute would like to thank all who helped make our annual graduation dinner a huge success once again. We wish our seven local grads the best of luck with their future endeavours. Congratulations to Elaine Murphy, the winner of our homemade quilt. Thanks to all who bought tickets to support our cause.

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It is with mixed emotions that we say goodbye, to a Manager, Friend and Co-worker who is retiring on August 31, 2013. We invite

the public to drop into the Sherbrooke Branch of RBC on August 7, 2013 from 1pm-3pm to send good wishes to HEATHER LAYBOLT on her retirement after 35 years with the RBC.

## **YARD SALES!**

### **GREAT BIG COMMUNITY YARD SALE!!!**

There will be a community yard sale on Saturday, August 31<sup>st</sup>, 2013 from 9am til noon in the parking lot of Bayview Baptist Church in Spanish Ship Bay. No selling will take place before 9am. Please contact Debbie Baker at [902-779-2255](tel:902-779-2255) for further information or to book a table.

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### **St. Mary's River Association – Annual Canada Day BAKE & YARD SALE, JULY 1<sup>st</sup>**

DOORS OPEN AT 9am.

Anyone wishing to donate items can drop them off at the Centre before July 1<sup>st</sup>. Anyone wishing to donate baked items/jams/pickles call 522-2099. Donations are greatly appreciated. All funds used for St. Mary's River conservation efforts. Thank-you!

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**Community Yard Sales** will take place Saturday, August 3<sup>rd</sup> along Highway 211 from Stillwater to Port Hilford. Starting at 10am to 2pm. Tables available to sellers at IHL/Jordanville Community Centre for \$5 call 522-2369 to book. **No early birds.** Everyone welcome to take part, find a spot to sell.

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### **INDOOR FLEA MARKET**

Serving Hot Brunch, tea & coffee

For Sale: Baked Goods, New & Used Clothing, Household Items, Dishes/etc., VHS tapes and more.

Time: 9am-1pm

When: July 13, 2013

For table bookings contact Helen at 347-2182

## **Sherbrooke Library Chat Line**

Meditation Class: Tuesdays from 11 - 12noon. Learn how to meditate followed by a short practice. Feel the peace and calmness. Newcomers are welcome to join

Village Readers' Book Club: The first Friday in the month, July 5<sup>th</sup> at 11am. Come tell us about an interesting book that you have read or are still reading, or just come and listen to others.

Seniors' Café: Fridays at 9:30am, Join us for a snack, conversation, have a game of scrabble, check out your books, and use the computers.

Story Time: Another story-in-a-bag is now ready

Closed: Monday July 1<sup>st</sup> for Canada Day Celebrations

### **HOURS:**

Monday, Tuesday, Thursday: 11am-4pm

Friday: 9:30am-2:30pm Saturday 10am-1pm

## **GOSHEN COMMUNITY CENTRE**

### **VACATION BIBLE SCHOOL**

Vacation Bible School, with the theme SonWest Roundup, will be held in the Goshen Community Centre July 8<sup>th</sup> through 12<sup>th</sup> from 9:00 a.m. until noon. Starting with children age three, this year a teen class will be added for those Grade 8 and up. All are Welcome! For info call Dorothy at 783-2156. Sponsored by the Goshen Gospel Church.

### **REFUNDABLE BOTTLE PROGRAM**

As of April 1/13, the community centre is accepting donations of refundable bottles, cans, etc. which can be placed in the baby barn at the community centre at any time. The revenue from the refundables will go towards overhead costs such as insurance, electricity, mowing, etc. If you have any questions on the Bottle Drop-off call Darlene at 783-2035/email: [darlene\\_s\\_harris@hotmail.com](mailto:darlene_s_harris@hotmail.com) or Angie at 783-2196/email: [gimpy105@hotmail.com](mailto:gimpy105@hotmail.com).

### **CRIBBAGE GAMES**

Cribbage games every Sunday night at 7:00 in the Goshen Community Centre. Bring a partner!

### **OTHER INFORMATION**

Interested in using the Gym? Call Vicky at 783-2372

Interested in renting hall space? Call Lisa at 783-2749/email: [perfectfit1999@hotmail.com](mailto:perfectfit1999@hotmail.com)

If anyone is interested in working at any of the events held at the centre, please let us know. If anyone is interested in holding a fundraiser to assist with overhead costs or have any questions on this please call Jackie at 783-2443 or email: [jackie@ns.sympatico.ca](mailto:jackie@ns.sympatico.ca).

If you have an interest in donating any time towards any minor maintenance requirements please call Teresa at 783-2228 or email: [teresaandaubrey@hotmail.com](mailto:teresaandaubrey@hotmail.com). We welcome any time donated no matter how little or how much.

## Greetings from High-Crest!

Residents celebrating birthdays this month are:

Martha Kaiser July 7th  
Audrey Cook July 28th  
Emery Chamberlain July 31st

Happy Birthday folks! We will be celebrating on **July 9th at 1:30 p.m.** We will play bingo, sing some songs and have some cake and ice cream! Everyone is welcome!

The Grade 2 & 3 students were really busy collecting sponsors and were supposed to walk on the 19th but we got rained out! So I will let you know more in the next newsletter! Thank you to everyone who supported the children!

Thank you for the donation of lap afghans, they will really come in handy once things cool off again!

We would like to wish all of the school children a Safe and Happy Summer Vacation! Happy Canada Day!

## Maple Manor Bake Sale every Friday

**St. Mary's District Food Bank – If you are in need of assistance or would like information about the Food Bank, please call 328-4148 and leave a message. The phone number is exclusive to the Food Bank and all calls are confidential. Boxes for donations for non-perishable food items are located in Sherbrooke, at St. Mary's Hospital and the Clover Farm. We would appreciate it if donors would check to make sure food items are not out-dated.**

## **Smokey Hollow Holidays 2013**

July 27<sup>th</sup> - Washer Toss \$10 per person  
Registration 10:30am play starts at 11:00am  
- Hootenanny 2pm - 5pm, Admission \$5  
Music by Lionel Fraser  
- Smokey Hallow Pub Night 8pm, Admission \$5  
Music by Dave Kaiser and Friends

July 28<sup>th</sup> - Smokey Kids Western Time, FREE 6-8pm

July 29<sup>th</sup> - Cards 8pm Admission \$5

July 30<sup>th</sup> - BINGO 7:30pm

July 31<sup>st</sup> - Darts 7:30pm Admission \$5

Aug 1<sup>st</sup> - Trivia and Pizza Night 8pm Admission \$5

Aug 2<sup>nd</sup> - Little Jim Smokey Crib Tournament 7:30pm,  
\$5 Admission

Aug 3<sup>rd</sup> - 38<sup>th</sup> Kenny Porter Memorial Mens Ball  
Tournament Starts at 8am

- Hootenanny from 2-6pm Admission \$5  
- Dance 9-1pm Admission \$7  
Music by The Boys n' Ivy for both



**July 6 & 7: Woolcraft Weekend, with Kids Crafts**

**July 14: Free Community Picnic**

**July 11, 18, 25: Courthouse Concerts**

**July 21: Sawmill & Goldmine Frolic**

**July 27: Pumpkin Visit**

**July 28: Gospel Music & Strawberry Shortcake**

For a complete list of July 2013 schedule of events visit

<http://museum.gov.ns.ca/sv/events.php>

Do you have any pictures or memorabilia from St. Mary's Education Centre and/or St. Mary's Academy? As you are aware in September they will joined as one in newly redesigned/renovated P-12 school! If you have any memories to contribute, please send to [council@saint-marys.ca](mailto:council@saint-marys.ca) or drop off at Municipal Office

## **SUN SAFETY!**

**The top 10 ways to stay sun safe this summer.**



1. Check the UV index before heading out for the day.
2. Reduce exposure to sun
3. Seek shade or create your own shade
4. Wear clothing to cover your arms and legs
5. Wear a wide brimmed hat
6. Wear sun glasses
7. Always wear sun screen
8. Protect babies and children
9. Drink lots of water to maintain hydration
10. Do not use indoor tanning equipment

### **1. Salad Stick Recipe**

(makes 12 skewers)

- 1 pkg white whole mushrooms
- 1 medium red onion
- 1 green bell pepper
- 2 zucchini
- 1 pint cherry tomatoes
- 12 skewers

Wet a paper towel and clean mushroom caps. Remove stems from mushrooms. Cut onion in half and then cut 4 pieces of each half. Clean and cut bell pepper into 1/2 inch pieces. Peel zucchini and slice into 1 inch pieces. Place ingredients onto skewers. Heat grill and cook on medium heat for 5 minutes per side until vegetables are your desired doneness. Enjoy!

