

Municipality of the District of St. Mary's & St. Mary's Recreation
JUNE 2014 Municipal Newsletter

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The DEADLINE to have information submitted for the July issue of the Newsletter is June 18th at 4:00 p.m. Submissions can be received by fax: 522-2309 or drop off at Office 8296 Highway #7 Sherbrooke or email: council@saint-marys.ca. Subject line must read NEWSLETTER SUBMISSION. Also please note that we reserve the right to edit any and all submissions to this newsletter.

COUNCIL MEETING: The next Regular Meeting of St. Mary's Municipal Council will be held on **Monday June 9, 2014 at 7pm**, Council Chambers. The public is invited to attend.

Solid Waste Collection Schedule Effective June 24th, Garbage (clear bag) pickup will be weekly and Recyclables (Blue Bag) remain the same at every 2 weeks. Please note a limit of clear bags is 4/week with a 50lbs weight limit per bag and unlimited recyclables.

| | | |
|---------------------------------|---------------------------------|---------------------------------|
| June 3 - Garbage | June 4 - Garbage | June 5 - Garbage |
| June 10 - Recyclables | June 11 - Recyclables | June 12 - Recyclables |
| June 17 - Garbage | June 18 - Garbage | June 19 - Garbage |
| June 24 Garbage AND Recyclables | June 25 Garbage AND Recyclables | June 26 Garbage AND Recyclables |

NOTICE OF PUBLIC AUCTION TAX SALE:

Tuesday JUNE 10th beginning at 10am. Please see reverse for listed properties. A description of the 11 properties may be seen at the Municipal Office in Sherbrooke.

RCMP Recruiting Career Presentation

The RCMP will be holding a Recruiting Career Presentation on Thursday June 19th 2014 at 7:00PM, at the Municipality of the District of St. Mary's office, 8296 Highway 7 in Sherbrooke. The RCMP offers a career like no other! If you want to make a difference in your community and your country, explore what we have to offer and discover a career that is nowhere near ordinary! Please register by calling the Sherbrooke Detachment of the RCMP, 522-2200. The RCMP are hiring: <http://www.rcmp.gc.ca/recruiting-recrutement/index-eng.htm>



GUYSBOROUGH COUNTY CAREERS NOVA SCOTIA CENTRE - Our office dates in the Municipal Office for the month of June are: June 11th and June 25th, 2014. We look forward to assisting you! We can assist you in making your career and educational decisions. Through

one-on-one session, you will gain information on current employment opportunities, create or update your resume and cover letter and apply for jobs. We offer information on educational opportunities and provide assistance with funding applications for Employment Nova Scotia programs. Please contact Dorothy Bennett or Kim Avery at 1-888-533-1906

Job Opportunities:

Casual Administrative Assistant

The Municipality of St. Mary's is seeking a person for the position of Casual Administrative Assistant.

The successful applicant will be responsible for general administration. Duties include but are not limited to: public relations, telephone, processing tax, sewer and water payments, filing, etc. A general job description is available at the Municipal Office in Sherbrooke or online @ www.saint-marys.ca. Rate of pay will be \$13.79/hour. Application by resume and cover letter along with references will be accepted until 3pm, Tuesday June 3rd Applications accepted by:

Mail: PO Box 296 Sherbrooke, B0J 3C0, Email: council@saint-marys.ca or in person: 8:30-4:00 pm, Monday – Friday.

Summer Recreation Leader

The Municipality of St. Mary's is seeking a person for the position of Summer Recreation Leader.

The successful applicant will be responsible for developing and implementing recreation programs at day camps around the municipality. Duties include but are not limited to: assist in planning summer programming based on children's needs in various communities, providing supervision of children aged 4-12 in carrying out recreational programs, assist in promoting summer events. A job description is available at the Municipal Office in Sherbrooke or online @ www.saint-marys.ca. Rate of pay will be \$10.40/hour. Application by resume and cover letter along with references will be accepted until 4pm, Tuesday June 3rd Applications accepted by:

Mail: PO Box 296 Sherbrooke, B0J 3C0, Email: kerri.penney@saint-marys.ca or in person: 8:30-4:00 pm, Monday – Friday.

Municipality of the District of St. Mary's NOTICE OF TAX SALE

In the matter of the Municipal Government Act of Nova Scotia Part VI and any subsequent amendments, the following lands and premises situated in the Municipality of the District of St. Mary's will be sold at Public Auction for arrears of rates and taxes, interest and expenses, as set forth below at the hour of 10:00 am, Tuesday June 10, 2014 at the Municipal Office in Sherbrooke, Nova Scotia (8296 Highway 7) unless the amounts respectively due are paid in full on or before said date.

A description of the noted properties may be seen at the Municipal Office in Sherbrooke, NS between the hours of 8:30 am and 4:00 pm Monday to Friday.

1. Account #04059794 (Redeemable)

Land and Dwelling Sherbrooke
Assessed to Roger Reid
Taxes 2,418.06
Interest /Expenses 1,612.42
Total \$4,030.48

2. Account #602507 (Non Redeemable) Land Dwelling

Cameron Settlement
Assessed to Scott D. McInnis/Barbara Gray
Taxes 4,713.74
Interest /Expenses 2,515.37
Total \$7,229.11

3. Account 1516248 (Non Redeemable)

Land, Hwy #7 Ecum Secum
Assessed to Est. Mrs. Nellie Fleet
Taxes 3,271.73
Interest /Expenses 2,394.80
Total \$5,666.53

4. Account #668575 (Non Redeemable)

Land 2461 Sonora Rd St. Mary's River
Assessed to Est. Ivan Douglas Findlay
Taxes 1,880.41
Interest /Expenses 2,882.03
Total \$4,762.94

5. Account #02737531 (Redeemable)

Land Sherbrooke
Assessed to Roger Reid
Taxes 1,431.52
Interest /Expenses 1,569.85
Total \$3,001.37

6. Account #1265202 (Non Redeemable)

Land Marie Joseph
Assessed to Knut and Joan Brandal
Taxes 3,201.05
Interest /Expenses 2,341.75
Total \$5,542.80

7. Account #02737558 (Redeemable)

Land Sherbrooke
Assessed to Roger Reid
Taxes 1,147.13
Interest /Expenses 1,520.68
Total \$2,667.81

8. Account # 7131631(Redeemable)

Land & Dwelling Old Church Rd Glenelg
Assessed to Florence Janice Phinney
Taxes 1,181.66
Interest /Expenses 842.87
Total \$2,024.53

9. Account #7136501 (Non Redeemable)

Land College Rd South Lochaber
Assessed to Est. Joseph Lawrence Paris
Taxes 1,645.74
Interest/Expenses 2,936.72
Total \$4,582.46

10. Account #04334337 (Non Redeemable)

Land & Dwelling New Chester
Assessed to Shawn Cameron Smith
Taxes 1,973.83
Interest /Expenses 3,696.46
Total \$5,670.29

11. Account #3685853 (Non Redeemable)

Land & Building, South Lochaber
Assess'd to Doris MacGrath c/o Robert Patterson
Taxes 3,779.03
Interest /Expenses 4,192.32
Total \$7,971.35

Terms: Taxes, Interest and Cost owing (Amount Advertised) to be paid at the time of sale by cash, money order, debit, certified cheque or lawyer's trust cheque, balance of your bid to be paid within 3 business days after the sale. The cost to prepare and register the certificate of sale and tax deed is the responsibility of the purchaser and is not included in Tax Sale Costs. HST may be applicable.

Take notice that Tax Sales do not in all circumstances clear up defects in title. A tax deed conveys only the interest of the assessed owner, whatever their interest may be. If you are intending to clear up defects in the title of the property by way of Tax Sale, you are advised to obtain a Legal Opinion as to whether or not this can be done. Note: For properties with less than 6 years owing, the redemption period has been reduced from 12 months to 6 months by the Municipal Government Act, Section 152.

The Municipality of the District of St. Mary's makes no representations or warranties to any purchaser regarding the fitness, geophysical or environmental suitability of the land(s) offered for sale by any particular use and are being sold on an "as is" basis only.

Sea Shore Volunteer Fire Department

Bottle Drive on Saturday June 21st

All proceeds will go towards the Fire Hall's Fund for Equipment. All support is greatly appreciated. You can either wait for the collectors to knock on your door or place them roadside and the collectors will take them away. If you wish to help collect for this event, please contact Keith Horton at 364-2785



Maple Manor Sherbrooke Bake Sale

Every Friday 2pm

Cake, Pies, Cookies, Eggs, Bread,
Prepared Meals
\$.50 admission

PORT BICKERTON LIGHTHOUSE NEWS

Artist Retreat – Renovations to the interior of the lightkeeper's residence are nearly complete. Many thanks to our association volunteers who worked so hard over the winter to make this new exciting venture a reality. Our inaugural artist-in-residence this year will be renowned Dartmouth artist Susan Paterson. Information on rental of the residence can be obtained from Wilda Kaiser at 394-7748, or our website www.portbickertonlighthouse.com
Annual Lighthouse Beach Clean-up – A great big "THANK YOU!" to all who joined in for the annual clean-up of the Lighthouse site, trails and beach on Monday, May 19th.

Lobster Raffle – Congratulations to Beth Young, Joan McMullen, and Bruce George who won this year's lobster raffle in support of the Lighthouse on May 9th.

Lighthouse Quilt – The annual raffle for one of our beautiful and unique Port Bickerton Lighthouse quilts is now underway. Tickets are \$2 each or 3 for \$5, and are available from Association members or at various local locations.

"Friends of the Light" – If you haven't yet become a "Friend" of the Port Bickerton Lighthouse, please consider doing so this year. Your support is crucial to keeping this icon of the Eastern Shore alive.

Interpretive Centre – Don't forget the annual opening of the Lighthouse Interpretive Centre and walking trails on June 15. Hope to see you all down at the Lighthouse this summer!

A Well Women's Clinic will be held on Saturday June 14th at St. Mary's Memorial Hospital in Sherbrooke with Dr. Anita Foley and an RN in attendance. For appointments call Katherine at 522-2882

13th Annual Fishing Derby

June 7th, 2014

Sponsored by Sea Shore Volunteer Fire Department. Registration at Fisherman's Harbour Lake starting at 8am. Return time will be 12noon. Hot Dogs and refreshments will be available. Lots of prizes and a 50/50 draw to be drawn on closing of derby. Come one, come all, come big, come small. Wheelchair accessible

Stillwater Community Centre

Stillwater Community Centre Auction forty-fives (45s) card parties will be held every Friday evening for the months of May and June. Come enjoy an evening of fun. A light lunch will be served.

For hall bookings call Colin Coady @ 522-2995

St. Mary's District Food Bank

If you are in need of assistance (on-going or emergency basis), or would like information about the Food Bank, please call 328-4148 and leave a message. The phone number is exclusive to the Food Bank and all calls are confidential. Boxes for donations of non-perishable food items are located in Sherbrooke at St. Mary's Hospital and the Clover Farm. We would appreciate if donors would check to make sure food items are not outdated.

In a typical month, the food bank could provide food assistance to upwards of 24 adults and 19 children. While the number of clients can vary from month to month, the need is ongoing. Food Bank assistance is delivered by volunteers on a once a month basis, or as needed, in emergencies, and is intended to provide supplemental support to those in need.

2nd Annual Golf Tournament

The Indian Harbour Lake/Jordanville Community Centre will be holding their 2nd annual golf tournament at Red Hill Golf Club, set to go for June 28th. Registration begins at 8am and tee off at 9am. Cost is \$30 per person with a pot luck meal at the hall to follow, which is included in registration price. Four players per team and if you don't have a team and still want to play let us know and we'll find you one. There will be hot dogs, hamburgers and drinks for sale at lunch and putting competition to follow.

Also there are sponsorship opportunities available. We are looking for hole sponsors of \$100 per hole. We will be looking for donations of door prizes and prizes for winning team. Anyone who can volunteer to help out on the day of the tournament would be appreciated as well.

To register a team, sponsor a hole or donate a prize, please call David Jordan at 522-1190.

"On behalf of myself and the late Cliff Fanning family, we would like to thank our family, our friends and our community for the love and support during Cliff's illness; and now, after he has gone home to be with Lord. You have all been so very kind and I can't begin to list all the people this would encompass.

I came to this community less than 3 years ago when Cliff and I married; and, am blessed to be a part of such a loving community. He told me it was a little piece of Heaven here on earth....and, he was right.

I know there are times when it's hard to remember that; but, we should all take a moment each day to stop and reflect on the beauty and the peace we have been given here in the District of St. Mary's.

Although we will all miss Cliff, his desire was always to see people care for each other and take time to do something kind for one another...sometimes, that will take the focus off of ourselves and our own problems. I would only ask that as you read this, you may think of someone who may need a little something from you today, I ask that you would remember his wish as you move about your days.

May God Bless Each of You and thank you all so much.
Rhonda Fralic-Fanning & Family

The Baptist Congregation of Port Hillford, Port Bickerton and Sonora
(Members of the Convention of Atlantic Baptist Churches)

We welcome you to our June worship services:

June 1, 11 AM – Sonora Baptist Church
June 8, 11 AM – Port Hillford Baptist Church
June 15, 11 AM – Port Bickerton Baptist Church
June 22, 11 AM – Sonora Baptist Church
June 29, 11 AM – Port Hillford Baptist Church

For further information, call 522-2087 or email hbs.baptist@ns.sympatico.ca (Rev. Norman Pearce)

HEY KIDS, YOU ARE INVITED TO THESE SUMMER
COMMUNITY BIBLE ADVENTURES IN YOUR AREA:

Port Bickerton Community Center, July 7-9.

Glenelg Presbyterian Church, July 14-16

St. Luke's Parish Hall, Liscomb, July 21-23

For boys and girls entering grades primary to 6.



For more information, or to register, call 522-2251 or 522-2087. Sponsored by the churches represented in the St. Mary's District Ministerial Group.

The **COMMUNITY CHOIR** will hold a **SACRED SPRING CONCERT** on **Thursday, May 29th, 2014** at 7:00 PM at the Presbyterian Church, Glenelg and **Saturday, May 31st, 2014** at 7:00 PM at the Indian Harbour Lake Pentecostal Church. The concert will include classic hymns of the faith and gospel songs of praise. Please join us ... everyone is welcome. A freewill offering for the school breakfast program will be received.

Glenelg Church Services for June

Sunday June 1st 10:00 am Church Service
10:10 am Sunday School

Sunday June 8th 10:00 am Church Service (special guests from the Mustard Seed Ministry Program) the loose offering will go to the Mustard Seed Program

Sunday June 15th 10:00 am Church Service
10:10 am Sunday School (last day before summer)

Sunday June 22nd 10:00 am Church Service
(Communion Service)

Sunday June 29th 10:00 am Church Service

A SPECIAL ANNOUNCEMENT: Sunday June 8th at 7PM we will be having the Stellarton Male Choir for an evening of music. A time of fellowship and lunch will follow. The offering will go towards to work of the Glenelg church. Everyone is welcome, we hope you will be able to come, and enjoy the music.

Indian Harbour Lake Pentecostal Church June Worship & Activities

Sunday, 1st, 8th, 15th, 22nd & 29th

11:00 am Morning Worship

Sunday, June 15th

6:30 p.m. Praise & Prayer

Weekday Activities

Wednesday, June 11th & 18th 7:00 p.m. Bible Study

Friday, June 13th 7:00 p.m. Youth Group

(Ages 12 – 18) at the parsonage

All are Welcome! For more information, contact Pastor Dave Connolly at 522-2759 or pastordave@ihlpentecostalchurch.ca

Benefit Penny Auction

To support John Simms
Sunday June 15 at 2pm
Lions Hall Sherbrooke

Donations can be dropped off at Shoppers Drug Mart

Sherbrooke Library Chat Line

Writers Group – are you a frustrated author? Did you know there is a writers group in our area? We meet every second Thursday at 7pm in the Library. Our meetings this month will be June 12 and 26. Everyone is welcome and if you are game, dip into the baseball cap on the librarian's desk and try your hand at some prose.

Meditation Class – Tuesdays from 11am – noon. Learn how to meditate followed by a short practice. Feel the peace and calmness. Newcomers are welcome to join

Village Readers' Book Club – The first Friday in the month, June 6th at 11am. This month we will be celebrating the 5th anniversary of the book club. Join us for a piece of cake as we talk about a recent read.

Seniors' Café – Fridays at 9:30am. Join us for a snack, conversation, have a game of scrabble, check out your books and use the computers.

Story Time – A new story in a bag is now ready.

Library Hours:

Monday, Tuesday, Thursday: 11am-4pm

Friday: 9:30am-2:30pm Saturday 10am-1pm

YARD SALE

When: Saturday June. 14 (Rain or shine)

Time: 8:30 am - 12:30 pm

Where: 10 mailman road Liscomb (corner of Highway 7 & Mailman Rd.)

Various household items

Many thanks to all who sent cards, visited, brought "treats" to the house provided taxi service and drives following my surgery. A very special thanks to my family, neighbours and friends who came to the rescue of my "water woes" not once but twice. It was greatly appreciated. Also thank you to all the fine people at St Mary's, Sherbrooke, as well as the QE11 Halifax Infirmary - Eric Robar

25th Wedding Anniversary

The Family of Randy and Vikki Burns invite you to join them as they celebrate 25 years of marriage at the Sonora Community Centre on Saturday June 14th from 6:30 – 8:30pm Everyone welcome.

Goshen Community Centre

Turkey Supper

Sat. May 31st 4:30 to 6:00 p.m.

Adults: \$12.00 Children under 12: \$4.00

Take Outs Available

Flea Market

Sat. June 7th 11:00 a.m. to 12:30 p.m.

Admission: \$0.50, Tables: \$5.00

To book a table call Jean at 783-2411 or Rickey at 783-2613. For donations to the GOALS table call Jackie Smith at 783-2341. Canteen Available

BEANLAND Concert

Sat. June 7th 7:00 p.m.

Admission: \$8.00

Lunch Available

Crib Night is held every Sunday night at 7:00. Bring a partner. Admission: \$5.00.

Game & Social Day is held every Wednesday at 1:00 p.m. Everyone Welcome!

REFUNDABLE BOTTLE PROGRAM

The community centre accepts donations of refundable bottles, cans, etc. which can be placed in the baby barn at the community centre at any time. The revenue from the refundables assists with the overhead costs of the centre.

Interested in using the Gym? Call Vicky at 783-2372

Interested in renting hall space? Call Lisa at 783-2749/email: perfectfit1999@hotmail.com

Donations Welcome!!!

The Community Centre welcomes and greatly appreciates monetary donations. A tax deductible receipt can be provided. The Centre hosts many fundraisers during the year to try and cover the overhead costs and maintenance but these costs continue to increase yearly. This past year the overhead cost for Oil, Electricity and Phone for the Centre along with the Insurance covering the Centre, Ball field, Gym & C@P Site was approximately \$12,000.00.

Anyone wishing to make a monetary donation contact: Lisa Myers @ Phone: 783-2749 or Email: perfectfit1999@hotmail.com or any of the Community Centre Committee Members.

Thank you to everyone who volunteers in any way, donates time, donates items/food for fundraisers, monetary donations, in-kind donations, supports the fundraisers/events by attending, etc. Any assistance provided is always appreciated.

The Depression Awareness Seminar with Wendy Farha

Monday evening, June 2nd at 7pm
Doors open at 6:30pm
Presented by St. Mary's Ministerial at:
St. Mary's Education Centre/Academy
121 Old Road Hill, Sherbrooke, NS
Info: 783-2245

1st Day of Summer Flea Market

Saturday June 21st from 9am-12noon
St. Paul's Catholic Church Basement
Highway 7, Sherbrooke
Lots of great items!

Sherbrooke Volunteer Fire Department

Red Hill Golf Tournament
July 12th – 9am start time
\$30 per player – 4 people per team
Prizes, BBQ and pot luck meal at Indian Harbour Lake
Community Centre afterwards.
Contact Wayne Auton at 522-2204

X-Chem Science Camps Coming Again this Summer

Join our X-citing Science Camps!! X-Chem is a multi-faceted outreach program that has 20 years of outreach experience. Join us this summer for our fun Chemistry and Science Camps hosted by the Chemistry Department of ST. F.X. The camp will take place at St. Mary's Education Centre & Academy from July 28-30. Stay tuned to your school newsletter for more details on how to register!

Community Yard Sales

Saturday Aug 2nd Time 10am – 2pm

Yard sales along Highway 211 from Stillwater to Port Hilford. Anyone is welcome to take part just find a spot to set up. Mark your spot with balloons or sign. There will be tables at the community center to rent for \$5.00 per space. Selling will begin at 10am, no early birds please. The sales will be held rain or shine.

Seniors Luncheon

June 3, 2014, at 12 Noon,
at the Ecum Secum Firehall
Roast Beef, veggies, and dessert. Donation box at the door, Take outs available after all present have been served.

Spring Greetings from High-Crest!

Residents celebrating birthdays this month are:

| | |
|--------------------|-----------------------|
| Mary Janet Cormier | June 4 th |
| Phyllis Mason | June 4 th |
| Bruce Kaiser | June 10 th |
| Catherine Sponagle | June 12 th |
| Evelyn Myers | June 20 th |
| Samuel Hudson | June 30 th |
| Elsie Smith | June 30 th |

Wow! That's alot of birthdays! The Homebuddies will be hosting a party on June 10th at 1:15, we will play bingo, sing some old songs and enjoy delicious cake and ice cream!! Everyone is welcome.

We will be drawing for the winner of the "Stepping Stones" quilt on June 27th, tickets still for sale at the Nursing Home. Good Luck!

On June 18th (19th Rain-date) the grade 1, 2 & 3 students will be participating in a walk-a-thon for their "Grandfriends" who are the residents of High-Crest. The "Grandfriends" is a reading and visiting program between the residents and the students, to build social and reading skills. It is a wonderful learning and sharing experience with lots of joy and anticipation for both parties! So you may be getting a visit and request to sponsor one of the children! Please help them in their quest to walk for their "Grandfriends". Thank you for supporting your local Nursing Home!!

St. Mary's Riverside Cemetery Sherbrooke

Volunteer Work Day
May 24, 2014 from 8:30 – 12noon
All welcome.

The Sherbrooke Show and Shine

Committee is looking for a community group to provide a supper for its participants on Saturday, Sept. 6th for 60 people. If interested please mail your bid to PO Box 12, Sherbrooke, NS, B0J 3C0 by Friday, June 20th and indicate the name of your group, a contact person, what you plan to serve and how much you are charging per person. The successful group will be notified in person by the end of June.

FLEA MARKET

There will be a flea market and bake table on July 5, 2014, from 9 am to 12 noon, at the St. Barnabas Church Hall, Ecum Secum. Lots of miscellaneous items. Fill a bag for \$5.00. Christmas items too, books, furniture, clothes, dishes, knick knacks, etc.

Heritage Interpreters

Goldenville Goldmine Museum and Interpretive Centre has two openings for summer employment as Heritage Interpreters. One position will be 35 hours per week for 14 weeks beginning June 2 and will include week-ends and evenings including overtime (time in lieu) during events. Salary is \$13.00 per hour.

The other position will be 30 hours per week for 8 weeks beginning June 7 and will include week-ends. Salary is \$13.00 per hour.

Experience and/or training in Canadian and/or local history, interpretation, archives, public speaking would be an asset. Good organizational and public relations skills required. Ability to work with minimum supervision also required.

Applicants must be full time students in the 2013/2014 season and must be enrolled in a post-secondary program at an accredited educational institution and returning to school in the fall.

For more information please call Keith Horton at 902-364-2785.

These positions are pending funding through Student Employee Programs

Eastern Region Solid Waste Management Community Bin Project

This funding program sponsored by St. Mary's Municipality and RRFB Nova Scotia is to assist community groups with the purchase of waste sorting stations to replace single stream containers managed by your group. Access to proper waste sorting stations will assist Nova Scotian's achieve our provincial disposal target of 300kg per person per year. Interested community groups must complete application (available at the Municipal Office) and submit to Eastern Region Solid Waste Management by February 6, 2015.

Litter Clean-up Incentive Application

A community group can apply to receive up to \$500 to clean litter from a roadside or other public property. This application must be submitted and approved prior to the clean-up. Funding is limited so get your application in early. Available at the Municipal Office

St. Mary's Minor Hockey

will be having a bottle drive during the Canada Day celebrations in Sherbrooke on July 1st. There will be a central drop off location near the ball field for anyone wishing to donate bottles.

St. Mary's Minor Hockey will be hosting their 2nd Annual Golf Tournament on September 13, 2014. Details will follow on team registration, times, etc. Thank you for supporting St. Mary's Minor Hockey!

Guysborough County Adult Learning Association (GALA)

Over the next few months, GALA staff will be training to use some new tools that will help our program participants develop better employability skills. We look forward to implementing those tools in the fall. An important part of adult learning programs is the development of computer and technology skills. Whether you are preparing for your first job, changing careers, or adjusting to retirement, we have learning programs that can be designed to suit your needs. If you want to learn something new we are your first stopping place! For more information phone us at 533-4252, or 1-877-332-1277.

Port Bickerton Community Center

Chase the "Ace" fundraiser for the Building Fund. Every Thursday Starting May 29th at 7:00pm-8:00pm. You must be there to buy a ticket and when it is drawn. Tickets are \$2 or 3 for \$5

Winner takes 30% of 50/50 Ticket Sales and a chance to pick a card (Ace of Spades) for the remaining 20%. Pot Starts at 100 Dollars

There will be Tables set up with games if you choose to play or just come for a social hour

SeaShore Volunteer Fire Department Bar will Be Open. Come on out for an hour to Support Port Bickerton Community Center and SeaShore Volunteer Fire Department. Any questions Call 364-2230. Thanks See you there :)

PORT BICKERTON WOMEN'S INSTITUTE NEWS

Meeting: Thursday, June 5th at 7pm at the ****HOME of MARLENE McINNIS**** Note the location for this meeting only!!

This is our final meeting for this year and we will begin again in September. Please feel free to drop in and see what our meetings are all about.

QUILT UP-DATE: Our Quilt is finished and tickets will go on sale the end of May

Tickets will be available at WHITNEY'S Corner Store, RHONDA'S Shop and STYLES UNLIMITED and ALL INSTITUTE MEMBERS.

Please support our major fundraiser of the year... With these funds, we are able to put on our Annual Christmas Seniors Supper; the Beth Jordan Memorial Scholarship and Several Charities in this area

Thank-You to the ladies who helped with this project and for your continued support. It is GREATLY APPRECIATED

Guysborough County Kids First!

Sherbrooke Parent/Tot Drop-in

- Wednesdays from 9:30-11:30am
- Located at St. Mary's Education Centre, use community entrance
- All parents/caregivers and children ages birth to six years. Welcoming environment for both adults and children
- Healthy snack provided and Activity/craft
- A visit to Sherbrooke Village to visit the animals is planned for June 18th with a rain date of June 25th. June 25th will be the last day before the summer break! Have a safe and fun summer!!!

Just Me & My Friends

- Taking registration for the next school-readiness program for children who have turned four by December 31/14 and will be attending St. Mary's Education Centre in September 2015
- Located at St. Mary's Education Centre, use community entrance
- FREE

Guysborough County Prenatal Nutrition Program is designed to support pregnant women and their babies up to six months of age. Supports include:

- Home Visits
- Nutritional Counseling/Support
- Milk & Nutritional Supplements
- Lending Library
- Breastfeeding Supports

Kids First Family Home Visitor Program is designed to help new parents with goal planning using a family-centered, strengths-based approach.

- Provides emotional and practical support as well as role modeling, parenting information and general health information.
- Referrals to other agencies and organizations who may be able to help with family goal setting and achievement of these goals.
- Referrals made through Public Health

For more information regarding Kids First or the programs, visit our new and improved website www.kids1st.ca All programs and services are free and confidential! For more information, please contact Kids First toll free at 1-888-533-3881.

Kids First programs are made possible through financial contributions from the Public Health Agency of Canada, the Nova Scotia Department of Community Services and by the generous donations by the general public.

Ecum Secum Fun Days! 10th Anniversary

Saturday August 9th

At the Firehall:

| | |
|------------|---------------------------|
| 8am - 10am | Breakfast |
| 11am - 2pm | Bingo |
| 12pm | Wheelbarrow race |
| 1pm | Games |
| 2pm | Kids talent show |
| 6:30pm | Penny Auction & Cake Walk |
| 9:30pm | Dance with Triple "B" |

Sunday August 10th

Fleet Settlement:

11am - 3pm - Duck Race

Duck tickets are available from the firemen or ladies auxiliary

Country Hbr Gun Club

Country Breakfast

Saturday June 21st

8:30 - 10:00

Adults \$7.00 and Children \$3.00

Chase the Ace

Ever Friday Night 7:30 - 9:00

Crib

Friday Nights starting at 7:30



Jumpstart

National Jumpstart Day is May 31st! Come help the Antigonish Guysborough Chapter celebrate at the Antigonish Canadian Tire parking lot. There will be a BBQ, Face Painting, games and lots of fun. Also enter for a chance to win a table top BBQ! This event starts at 11 a.m. on Saturday, May 31st. One in three Canadian families cannot afford to enroll their kids in organized sports and physical activity which means many kids are missing out on the benefits that come with organized play. Canadian Tire Jumpstart is a nationally registered charity dedicated to removing financial barriers so kids across Canada have the opportunity to get off the sidelines and into the game. Our local chapter provided families with over \$9,500 last year, help us do it again this year!

Equipment Loan Out Program

The St. Mary's Rec. Dept. has a variety of recreational equipment available for your use at little to no cost, including Kayaks! For more information please contact 522-2598 or stop by the municipal building for an equipment loan out sheet! Please note: the municipality only rents its Bouncy Castle to non-profit organization and staff must accompany.

| Equipment | Rental fee | Total | Full week | Deposit |
|---------------|------------|---------|-----------|---------|
| Kayak | \$20.00 | \$23.00 | \$115 | \$50.00 |
| Snow Shoes | \$3.00 | \$3.45 | N/A | \$20.00 |
| Skates | Free | Free | N/A | \$20.00 |
| Bouncy Castle | Free | Free | N/A | N/A |
| GPS Unit | Free | Free | N/A | \$10.00 |
| Sports Equip. | Free | Free | N/A | \$20.00 |

HAPPY FEET IS BACK!

In partnership with Doctors Nova Scotia and Run for Life, the Municipality of St. Mary's will be offering a children and youth after school running program. Happy Feet is a free program designed to get kids moving and foster a lifelong physically active life style! The program will be held on MONDAY'S after school from 2:30-3:15 p.m. Our last program will be held on June 16th. Runners are encouraged to dress for both indoor and outdoor running conditions. For more information or to register please contact the Recreation Department at 522-2598 or by email at recreation@saint-marys.ca.



Youth Run Program

Spring is FINALLY here and there is no better time to dust off those running shoes!! A running program will be held for all students in grade 5-12 on Monday's from 2:30-3:30 at the St. Mary's Education Centre / Academy. To register or for more information please contact Emily at 522-2598 / 870-2808 or by email at recreation@saint-marys.ca

Sherbrooke Zumba

Zumba in Sherbrooke is underway. Classes take place on **Tuesday and Thursday's** at St. Mary's Education Centre/Academy from 6:00 p.m. to 7:00 p.m. You can still get in on the action by purchasing a 5 class punch card. Cards are \$30 and can be purchased at the Municipal Office in Sherbrooke! For more information, please contact the Recreation Department at 522-2598 or by email at kerri.penney@saint-marys.ca



Greenfield Painting Program

Please join us for a painting program at the Greenfield Oldsters Club starting May 7th. This program will run every Wednesday from 1:00 to 3:00 p.m. This is a free program, and participants only need to bring acrylic style paint brushes with them.

Open Gym / Unstructured Play

Open gym will continue at SMEC on Tuesday and Thursday's from 6:30-7:30 for the month of June. This program will break for the summer and continue in September! All children are welcome to attend! Please note that supervision will be provided by Recreation staff during this program.



St. Mary's Fitness Centre

The St. Mary's Fitness Centre will remain open for the month of June! Please note that regular hours will stop on June 30th and resume in September. Memberships will be extended due to the summer break. Special programming will continue for the summer! New members are always welcome!

| | |
|-----------|--------------|
| Monday | 3-8 p.m. |
| Tuesday | 3-8 p.m. |
| Wednesday | 3-8 p.m. |
| Thursday | 3-8 p.m. |
| Friday | 6-10:45 a.m. |
| Saturday | CLOSED |



Move It Monday

St. Mary's Recreation offers a low-medium intensity exercise class every Monday morning from 9:45-10:45 a.m. at the Fitness Centre. This class is only \$2!

Wake up Wednesdays!

Looking for a new way to increase your energy throughout the day?! We have the answer for you! Join us Wednesday mornings from 9:00-10:00am at the St. Mary's Fitness Centre for a \$2 drop in.



Fitness Friday

Join us Friday mornings from 9:00-10:00am at the St. Mary's Fitness Centre, where we will have a fitness centre staff member on hand to help answer all your questions and get you started on a path to healthy living. \$2 drop in fee. For information on any Fitness Centre programming, call 522-2598.

Lose your Booty Boot Camp

Join us for Lose Your Booty Boot Camp every Tuesday and Thursday at 6:30-7:30 p.m. This class is a 60 minute circuit style work out that will have you sweating away those unwanted calories!



Trail Blazers is underway!

Trail Blazers is back for another Spring Session! We will be hanging out in Stone Wall Park every Wednesday from 2:30 to 4:30 with our last day on June 18th! Staff will meet kids at St. Mary's Education Centre/Academy and walk to Stone Wall Park. This session, we will be going fishing, hiking, and exploring nature. Trail Blazers is designed to teach youth outdoor education, physical recreation and leadership building through a number of fun outdoor activities! Grades 3-7 are welcome.



Archery Open House



Join us on June 14th from 1-4 p.m. at the St. Mary's Recplex for an Archery Open House! This is a FREE opportunity for residents of all ages to try out archery. There will be recurve and compound bows available for use – why not come try one out! No equipment is necessary and there may be a few surprises! There will also be information on the movement to start an Archery Club in the municipality. Get involved! Get in touch with Kerri at 522-2598 or kerri.penney@saint-marys.ca if you would like to get involved. We hope to see you there!

St. Mary's Girl Guides

Registration is now open for the upcoming 2014/15 season!

Visit www.girlguides.ca for more information

and to register your daughter in the St. Mary's Unit. The new year starts in September, so don't waste any time! In addition to Sparks, Brownies, Guides and Pathfinders – we will also be offering Rangers next year! Please note that the St. Mary's unit will NOT be accepting registration forms and money this year. The current Girl Guides year will continue through to August. On behalf of St. Mary's Girl Guides, thank you to girls, parents and the community for their support getting to this point. We hope to have many more successful years in the future.



Water Safety Instructor Course

Are you interested in becoming a certified Red Cross swimming instructor? The Assistant Water Safety Instructor Course teaches candidates the foundation of instructional skills such as teaching methods, learning styles, physical principles, progressions, communication, safety supervision, and feedback. The certification allows the Assistant Water Safety Instructor to teach Red Cross Swim lessons under the supervision of a Water Safety Instructor. Please contact Emily at 522-5298 or recreation@saint-marys.ca for info. Stay tuned on our Facebook page for dates for this course!

Aqua Fitness

Liscomb Aqua Fitness is back for another year! AquaFit is a great low impact work-out that uses water resistance to increase cardiovascular health, muscle endurance and strength. Join us Tuesday and Thursday's starting June 3rd from 10-11am at the Lodge pool. To register please contact Emily Morton at 522-2598 or recreation@saint-marys.ca.

Lighting Kayak

St. Mary's Recreation is pleased to offer its first ever Kayaking camp. This unique three day camp will take place at Nimrods Camp ground July 2-4, 2014. For more information or to register please contact Emily at 522-2598 or via email at recreation@saint-marys.ca



Grade 3 and YSF Student Swim to Survive Program

In partnership with the St. Mary's Education Centre/Academy the Rec. Dept. will be sending all grade three students as well as identified children in the YSF program for a three session swim to survive program at the StFX pool in Antigonish. The dates are as follows: June 2,9,16. For more information please contact the St. Mary's EC/A at 522-2035.

Red Cross Swimming Lessons

Splash into summer with Red Cross Swimming Lessons! Whether you're a parent wishing to enroll your child in swimming lessons, a teen who is interested in becoming a water safety instructor or an adult looking to improve your swimming skills, Red Cross has a program for you! Children programs will be held July 8th-18th at the Liscomb Lodge pool. A second session will be offered in August (dates TBA). Please be advised that all children MUST pre-register as there are limited spots available. Prices are \$25 for one child, \$45 for two and \$70 for a family with three or more children in the same home. Registration is now open, call 522-2598 to reserve a spot.



Kid Fit is Back!

Kid Fit is a 5 week after school program for children aged 5-12 with a focus on physical activity held in your community! Kid Fit will start on Monday May 26th and run until the end of school. Children will be dropped off by bus after school and partake in a variety of fun, fast-paced activities to get them moving before being picked up by their parent/guardian at 5pm! If you would like for your child to participate in this program, please fill out a Kid Fit registration form and return it to St. Mary's Education Center/Academy. Please note: Children need a NEW bus-note each week they intend to attend this program. The locations are as follows:

Monday – Liscomb Legion

Tuesday – Ecum Secum Fire Hall

Wednesday – Goshen Community Centre

Thursday – Port Bickerton Community Centre



Ballet and Hip Hop Dance Class

Ballet and Hip Hop classes are underway at the Greenfield Oldsters Club again this year!

2014 Schedule

Age 3-6 Ballet and Hip Hop 5:30. Age 5-10 Musical Theater 6:20. Age 7-10 Ballet and Hip Hop 6:55. Age 10+ Ballet and Hip Hop 7:55. For more information on how you can get involved with dance next year please contact Emily at 522-2598 recreation@saint-marys.ca



Pumping Hearts

Are you a graduate of the Hearts in Motion Program? If so we have a new and exciting program for you! Pumping hearts is designed to safely increase your heart rate and help you achieve optional cardiovascular benefits. Pumping hearts will take place Wednesday and Friday's from 10-11am Starting June 4th at the St. Mary's Fitness Centre. To register contact Emily at 522-2598 or email recreation@saint-marys.ca

It's time for Summer Day camps!

Free Summer Day Camps will be returning to St. Mary's this summer! Camps run for one week in communities around the municipality in July and August. Children 4-12 are invited to attend. Each camp will be structured to offer a level of physical activity, education and fun through outdoor/indoor games, sports and crafts. Please stay tuned for a full schedule-registration forms will be sent home in June. Call 522-2598 for more information.



The Municipality of the District of St. Mary's

Canada Day Schedule



Stay tuned for more details and a final schedule

Saturday, June 28th

Co-Ed Ball Tournament

Sherbrooke Ball Field

Start time - 8 a.m.

\$10 per person registration fee

Pre-register your team by calling the Rec. Department – 522-2598

Wear your best Canada attire!

Adult Dance

St. Mary's District Lions Club

9:00 p.m. – 1:00 a.m.

Sunday, June 29th

Community Market

St. Mary's RecPlex

10 a.m. – 1 p.m.

FREE to book a table – call 522-2598 to book today

Monday, June 30th

Glow in the Dark Zumba

Wear your brightest colours, and bring your glow sticks!

8:30 p.m. Sherbrooke Ball Field

This is a FREE Event!

Tuesday, July 1st – Canada Day!

Morning Celebrations in Goshen and Liscomb (full schedules to follow)

St. Mary's Municipal Street Parade

Sherbrooke – 4:00 p.m. line up 4:30 p.m. start

Contact Kerri Penney to register your float – 522-2598

FREE Family fun picnic and games

Sherbrooke Ball Field – following parade

Bring picnic/concession stands available

Family fun games, bouncers, pony rides and more!

Canada Day cake!

Live Entertainment at the Sherbrooke Village

7:00 p.m.

Fireworks

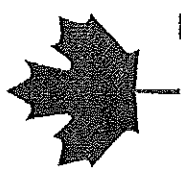
Firework display to end off the day at the Sherbrooke Ball Field





June 2014



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|--|---|--|--|
| 1 Goshen Crib 7pm | 2 Move it Monday 9:45am Happy Feet 2:30pm Youth Run Club 2:30pm Liscomb Kid Fit Swim to Survive @ SFX Depression seminar 6:30pm | 3 Aqua Fitness 10am Meditation 11am ES Seniors Lunch 12 Ecum Secum Kid Fit Boot Camp 6:30pm Open Gym 6:30 pm Sherb. Zumba 7pm | 4 Wake-up Wednesday 9am Pumping Hearts 10am Goshen Activity Day 1pm Greenfield Painting 1pm Trail Blazers 2:30pm Goshen Kid Fit Girl Guides Meet 6pm Lions BINGO 7:45pm | 5 Aqua Fitness 10am PB Kid Fit Boot Camp 6:30pm Open Gym 6:30 pm Sherb. Zumba 7pm PB WI mtg. 7pm PB Chase the Ace 7pm Liscomb Auction 8pm | 6 Fitness Friday 9am Seniors Café 9:30am Pumping Hearts 10am Book Club 11am Maple Manor Bake Sale Country Hbr Chase the Ace/crib 7:30pm Stillwater 4:5s 8pm | 7 PB Fishing Derby 8am Rec. Fishing Derby 9am Goshen Flea Market 11am Beanland Concert 7pm Liscomb Crib 8pm |
| 8 Goshen Crib 7pm | 9 Move it Monday 9:45am Happy Feet 2:30pm Youth Run Club 2:30pm Liscomb Kid Fit Swim to Survive @ SFX Council mtg. 7pm | 10 Aqua Fitness 10am Meditation 11am High-crest Birthday Party 1:15pm Ecum Secum Kid Fit Boot Camp 6:30pm Open Gym 6:30 pm Sherb. Zumba 7pm | 11 Wake-up Wednesday 9am Pumping Hearts 10am Goshen Activity Day 1pm Greenfield Painting 1pm Trail Blazers 2:30pm Goshen Kid Fit Girl Guides Meet 6pm Lions BINGO 7:45pm | 12 Aqua Fitness 10am PB Kid Fit ATV mtg. 6pm Boot Camp 6:30pm Open Gym 6:30 pm Sherb. Zumba 7pm PB Chase the Ace 7pm Writers Group mtg 7pm Liscomb Auction 8pm | 13 Fitness Friday 9am Seniors Café 9:30am Pumping Hearts 10am Maple Manor Bake Sale Country Hbr Chase the Ace/crib 7:30pm Stillwater 4:5s 8pm | 14 Well Woman's Clinic Liscomb Yard Sale 8:30am Bottle Depot 9:30am Archery Open House 1pm Liscomb Crib 8pm |
| 15 PB Lighthouse Opening John Simms benefit 2pm Goshen Crib 7pm | 16 Move it Monday 9:45am Happy Feet 2:30pm Youth Run Club 2:30pm Liscomb Kid Fit Swim to Survive @ SFX | 17 Aqua Fitness 10am Meditation 11am Ecum Secum Kid Fit Boot Camp 6:30pm Open Gym 6:30 pm Sherb. Zumba 7pm | 18 Wake-up Wednesday 9am Pumping Hearts 10am Goshen Activity Day 1pm Greenfield Painting 1pm Grandfriends Walkathon Trail Blazers 2:30pm Goshen Kid Fit Girl Guides Meet 6pm Lions BINGO 7:45pm | 19 Aqua Fitness 10am PB Kid Fit Boot Camp 6:30pm Open Gym 6:30 pm Sherb. Zumba 7pm RCMP recruitment 7pm PB Chase the Ace 7pm Liscomb Auction 8pm | 20 Fitness Friday 9am Seniors Café 9:30am Pumping Hearts 10am Maple Manor Bake Sale Country Hbr Chase the Ace/crib 7:30pm Stillwater 4:5s 8pm | 21 PB Bottle Drive Country Hbr breakfast 8:30am Summer flea market 9am Liscomb Crib 8pm |
| 22 Goshen Crib 7pm | 23 Move it Monday 9:45am Liscomb Kid Fit | 24 Aqua Fitness 10am Meditation 11am Ecum Secum Kid Fit Boot Camp 6:30pm Open Gym 6:30 pm Sherb. Zumba 7pm | 25 Wake-up Wednesday 9am Pumping Hearts 10am Goshen Activity Day 1pm Greenfield Painting 1pm Goshen Kid Fit Girl Guides Meet 6pm Lions BINGO 7:45pm | 26 Aqua Fitness 10am PB Kid Fit Boot Camp 6:30pm Open Gym 6:30 pm Sherb. Zumba 7pm PB Chase the Ace 7pm Writers Group mtg 7pm Liscomb Auction 8pm | 27 Fitness Friday 9am Seniors Café 9:30am Pumping Hearts 10am Maple Manor Bake Sale Country Hbr Chase the Ace/crib 7:30pm Stillwater 4:5s 8pm | 28 Canada Day Ball Tour 8am IHL com ctr Golf Tour 8am Bottle Depot 9:30am Liscomb Crib 8pm |
| 29 Canada Day Market 10am Goshen Crib 7pm | 30 Move it Monday 9:45am Glow in the Dark Zumba 8:30pm |  | | | | |