



October 2014 Municipal Newsletter



www.saint-marys.ca [facebook.com/DistofStMarys](https://www.facebook.com/DistofStMarys)

The **DEADLINE** to have information submitted for the November issue of the Newsletter is **October 22nd at 4:00 p.m.** Submissions can be received by fax: 522-2309 or drop off at Office 8296 Highway #7 Sherbrooke or email: council@saint-marys.ca. Subject line must read **NEWSLETTER SUBMISSION**. Also please note that we reserve the right to edit any and all submissions to this newsletter.

COUNCIL MEETING:

The next Regular Meeting of St. Mary's Municipal Council will be held on **Tuesday October 14th 2014 at 7pm**, Council Chambers. The public is invited to attend.

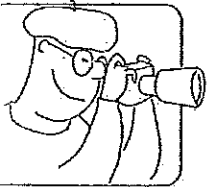
Update on DDI-Canada Developments

Over the coming days DDI will be constructing on site marketing and resort layout information boards at both Indian Harbour Lake and Henry Huxford sites. In addition, DDI contracted engineers are in the process of finalizing desk top reviews and will be onsite to complete wetland studies in the near future.

If you have any questions or concerns please contact DDI-Canada at info@ddi-canada.com
902-482-1393

1959 Upper Water Street, Suite 1700
Halifax, NS B3J 3N2

Calling all photographers! Due to its popularity, the St. Mary's Photo Contest is back! There are so many great pictures out there of St. Mary's we'd love to be able to see more of them and utilize them to promote what it is we love about this municipality!



You will have the entire length of the contest (Sept. 29-Oct. 23, 2014) to submit us your photo entries, either by email: christa.webber@saint-marys.ca, in person at the municipal office, or our Facebook Page (be sure to note that it is for the contest). Photos submitted to last year's contest will not be accepted as we are looking for a variety. Be sure to send us your action shots as well!

Voting will take place from **October 11th-23rd** on our facebook page "St. Mary's Recreation".

Prizes will be awarded to the photos with the highest votes. More details on the contest to follow!



Comedy Night in Sherbrooke starring Jimmy Flynn!

Mark October 10th in your calendar, this is an event you won't want to miss. St. Mary's Recreation is teaming up with the St. Mary's District Lion's Club to host Jimmy Flynn at the Lion's Hall. "Of all the entertainment acts this country has to offer, The Jimmy Flynn Show has remained one of the most memorable performances for more than 30 years. With a high-energy blend of side-splitting comedy and popular music, Jimmy Flynn remains Canada's "Ambassador of Good Cheer." Tickets are \$20 each and can be purchased at the Municipal Building or the Sherbrooke Garage. This is a 19 and over event, the bar will be open, and ID's may be requested. Tickets are limited, so don't waste any time!

Municipal Boundary Review

The Nova Scotia Utility and Review Board (UARB) every six years requires Municipalities across the province to review the current number of electoral districts, councillors, and electors.

The Board's objective is a proportional representation between councillors, districts and electors with a +/- 10% variance from the average number of voters. This will help achieve equal representation for every voter in the Municipality at the council table.

At present the Municipality of St. Mary's has 7 electoral districts, 7 councillors and 1,852 electors (voters). The current proportional representation ranges from -20% to +17%.

St. Mary's Municipal Council will be hosting four (4) public meetings to review options; status quo, shifting district lines and combing districts, thus reducing the number of councillors to help achieve the +/-10% proportional representation set by the UARB.

Council welcomes all residents to attend the public meetings and provide input on which option they feel is the best for the Municipality and submit to the UARB.

The same presentation and options will be presented at each of the following meetings:

Monday, October 20th at 7 pm – Liscomb Legion

Tuesday, October 21st at 7 pm – Greenfield Oldsters

Wednesday, October 22nd at 7 pm – Indian Harbour Lake/Jordanville Community Center

Thursday, October 23rd at 2 pm – St. Mary's Municipal Chambers

Ecum Secum Vol. Fire Dept.

The Ecum Secum Vol. Fire Dept. and Ladies Auxiliary wishes to thank all those who gave prizes, donated, and helped supported the Fun Days 2014. . Thanks to all for your help.

WINNERS of the Duck Race were: 1st – Floyd Knox, 2nd – Laura Langille, 3rd – Dorothy McGrath, 4th – Howard Fleet and 5th – Dylan Gordan

Many thanks from the Fire Dept. and Ladies Auxiliary.

A Penny Auction and Cake Walk will be held in Sonora Community Centre on Oct.17th at 7 pm. Donations can be dropped off on Thursday and Friday. Please come and support our centre.

Sherbrooke Riverside Cemetery Clean Up

Wanted – Volunteers

The Sherbrooke Riverside Cemetery Association is once again requesting your support to assist with a clean-up of the Riverside Cemetery on Saturday, October 18 starting at 8:30 am.

The plan is to focus on improving the view along the river, moving unwanted debris and disposing of it. We will require chain saws, pruning tools, wheel barrows and any other tools you feel may be useful. If time permits and depending on the turnout of volunteers, we will continue with the levelling of headstones. Grass seed, fertilizer and top soil will be available on site.

Thank you in advance for you support.

Glenelg Presbyterian Church

October Church Schedule

Sunday October 5th 10:00am Church Service

10:00 am Sunday School Sunday October 12th 10:00am

Thanksgiving Sunday Service

FOOD BANK SUNDAY Sunday October 19th 10:00 am Church Service

10:00 am Sunday School Sunday October 26th 10:00 am Church Service

All are Welcome, Sunday School is open for all ages :)



Girl Guides
of Canada
Guides
du Canada

St. Mary's Girl Guides

Registration is now open for the upcoming 2014/15 season!

Visit www.girlguides.ca for more information and to register your daughter in the St. Mary's Unit. The new year starts this month, so don't waste any time! In addition to Sparks, Brownies, Guides and Pathfinders – we will also be offering Rangers next year! Parents are asked to fill out a registration form and send it with a cheque attached directly to the Nova Scotia Council.

Conservation Enforcement - DNR

Illegal hunting and trapping? The Department of Natural Resources (DNR) reminds you that you can report illegal hunting and trapping to your local Natural Resources office in Stillwater. Regular business hours are from 0830-1630, Monday to Friday. Call 902-522-2024 or, after hours, report the violation to DNR, toll free, at 1-800-565-2224. The toll free reporting line is open 24 hours, 7 days a week. For all DNR information go to www.novascotia.ca/natr

On Twitter, follow us @DNRNovaScotia

KATHERINE KAISER –THANK YOU–WE

WOULD LIKE TO TAKE THIS OPPORTUNITY TO EXPRESS A SINCERE THANK YOU TO EVERYONE. THANK YOU TO ALL WHO DROPPED IN, DROPPED OFF FOOD, PHONE CALLS, BEAUTIFUL CARDS, LOVE, SUPPORT AND DONATIONS. THE LOVE AND KINDNESS SHOWN BY SO MANY TELLS US KATHERINE WAS A FRIEND TO MANY FAR AND WIDE. WE WOULD ESPECIALLY LIKE TO THANK FUNERAL HOME, SONORA COMMUNITY CENTER (FOR THE LADIES WHO PROVIDED A LUNCH AND CLEANED UP AFTER THE SERVICE). THE FIRE DEPARTMENTS OF PORT BICKERTON AND SHERBROOKE. WE ARE VERY BLESSED TO HAVE SO MUCH SUPPORT FROM THE COMMUNITY, SHE WILL BE MISSED FOREVER, LENNIE & RUTH MAHAR SR., DOUG, SHERRI, CRAIG AND FAMILIES.

GUYSBOROUGH COUNTY CAREERS NOVA SCOTIA CENTRE

We are located in the St. Mary's Municipal Office Building and are open to the public every 2nd and 4th Wednesday. Our office dates for the month of October are: October 8th and October 22nd, 2014. We look forward to assisting you!

The Guysborough County Careers Nova Scotia Centre can assist you in making your career and educational decisions. Through a one-on-one session, you will gain information on what employment opportunities are available and will be provided with up to date labour market information. You can create or update your resume and cover letter and apply for jobs. We offer information on educational opportunities and provide assistance with funding applications for Employment Nova Scotia programs.

Please contact Dorothy Bennett or Kim Avery at 1-888-533-1906, for all your employment and career decision needs.

TOPS

Members of TOPS wish to thank everyone who sold or purchased tickets for our fund raiser of an evening meal at Liscomb Lodge. The winner was Gail Reid.

SAVE THIS DATE

Annual Turkey Supper Nov. 1st 2014
Lions Community Centre
Parish of Liscomb/Port Bickerton
Adults \$12 and Children \$6

Goshen Seniors Wellness Information Session

There will be a seniors wellness information session held at the Goshen Community Centre from 3:30-4:30 on October 8th 2014. All are invited to attend! For more information please contact Emily Morton, Physical Activity Coordinator.

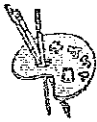
NEW* Seniors Fitness at the Greenfield Oldsters Club

Join us on Monday's from 10:00am-11:00am starting October 6th for a low impact fitness class. This class will focus on building muscular strength, cardiovascular (heart) health, flexibility and balance. Classes will be \$2.00 per session and made payable to the Greenfield Oldsters Club!



Greenfield Painting Program

Please join us for a painting program at the Greenfield Oldsters Club. This program will run every Wednesday from 1:00 to 3:00 p.m. This is a free program, and participants only need to bring acrylic style paint brushes with them.



Painting in Sherbrooke

Join instructor Karen Warner for a painting class in Sherbrooke at the Community Room in the Maple Manor on Monday, September 29th from 11-1. All are invited to attend, just bring your paint brush and get ready to make a masterpiece!

Aqua Fitness

Liscomb Aqua Fitness is coming to a close for another year. Our last class will be held on Tuesday September 30th at 10 a.m. We hope to see you there. Thanks to all of our participants for a great 2014 season, see you next year!

Sherbrooke Zumba – New days!

Sherbrooke Zumba is underway at St. Mary's Education Centre/Academy! Instructor Maria Tate will be leading a special Zumba Toning/Sentao Class on Monday's and regular Zumba on Wednesday's! It's not too late to get in on the fun! 6 class punch cards available for \$36 and can be purchased at the municipal building.



Guysborough County Older Adult Games

Planning is underway for 2015! This year, the planning committee is asking for donations of past medals and/or trophies. If you have a box full of old medals sitting in the attic or basement, we will take them off your hands to use for next year! Anyone interested can drop items off at the Municipal Building. Also, keep your eye out for information on an event fundraiser in the near future. Thank you and see you in 2015!

Food Handlers Course

There will be a food handlers course held on October 1st at the Goshen Community Centre. It is only \$26.77 to take part and participants will receive a certificate at the end of the day. This is training that will be very useful to any organization who deals with food! Contact us to register!



St. Mary's Fitness Centre

The St. Mary's Fitness Centre is open for the year!
New memberships are available for purchase!

- ★ There will be a special public meeting for the Fitness Centre on Thursday, September 25th at 6:00 p.m. to discuss a special pilot program for the facility.
- ★ Please note that Boot Camp may be pushed back due to this meeting.

- ★ 2014/15 Schedule (please note, this is subject to change)

Monday	Move It Monday: 9:00-10:00am Regular Hours: 2:30-8:00pm
Tuesday	Regular Hours: 2:30-8:00pm Boot Camp: 6:30 p.m.
Wednesday	Wake up Wednesday: 9:00-10:00am Regular Hours: 2:30-8:00pm
Thursday	Regular Hours: 2:30-8:00pm Boot Camp: 6:30 p.m.
Friday	Regular Hours: 7:00-10:00am

Move It Monday

St. Mary's Recreation offers a low-medium intensity exercise class every Monday morning from 9:00-10:00 a.m. at the Fitness Centre. This class is free for members and only \$2 for a drop in!



- ★ Wake up Wednesdays!
- ★ Looking for a new way to increase your energy throughout the day?! We have the answer for you! Join us Wednesday mornings from 9:00-10:00am at the St. Mary's Fitness Centre. This class is free for members and only \$2 for a drop in!

- ★ Lose your Booty Boot Camp
- ★ Join us for Lose Your Booty Boot Camp every Tuesday and Thursday at 6:30-7:30 p.m. This class is a 60 minute circuit style work out that will have you sweating away those unwanted calories!



Equipment Loan Out Program

The St. Mary's Rec. Dept. has a variety of recreational equipment available for your use at little to no cost. For more information please contact us or stop by the municipal building for an equipment loan out sheet!

Equipment	Rental fee	Total	Full week	Deposit
Kayak	\$20.00	\$23.00	\$115	\$50.00
Snow Shoes	\$3.00	\$3.45	N/A	\$20.00
Ski's	Free	Free	N/A	\$20.00
GPS Unit	Free	Free	N/A	\$100.00
Sports Equip.	Free	Free	N/A	\$20.00

Contact Us!

If you would like information or registration forms for any recreation program or would like to request a new program, get in touch with us! You can call us at 522-2598 or email Emily Morton, Physical Activity Coordinator at recreation@saint-marys.ca or Kerri Penney, Recreation Coordinator at kerri.penney@saint-marys.ca

Seniors Luncheon, Tuesday, September, 30, 2014 at Noon in the Ecum Secum Firehall. Pork and veggies etc, and dessert. Donation Box at the Door. Take Outs available after all others present have been served.

Greetings from High-Crest!

Residents celebrating birthdays this month are:

Utah Beaver October 19th

The Homebuddies will host a birthday party on the 14th at 1:15; We will play bingo, sing some songs and enjoy others company as well as cake and ice cream!

We will be selling tickets on a goody basket to raise some money for the Activity fund this month. Lots of good stuff, make sure you get a ticket!

I would like to say thank you for the very kind and generous donation of a keyboard/organ to the Home. Ours was cutting in and out getting ready to quit. So we are back to sounding great once again! Looking forward to soon having the children returning for our Grandfriends Program, we have missed all the excitement!

Our Christmas Tea and Sale is fast approaching, I will soon post the date, anyone wishing to make a donation to the second hand / jumble table we would be more than appreciative! Hope everyone is enjoying the beauty of the season.

Port Bickerton Women's Institute News:

Next Meeting: Monday, Oct. 6 @ 1:30pm; at the Community Centre.

[Please note the change of time and day]

Lots of activities and events being planned...

Come and check us out and bring your IDEAS...

Our Quilt was won by Minnie Kaiser

Visitors are always Welcome....

Note: We are moving to Monday afternoon meetings:

If you are interested in joining us, but afternoons are not good for you – PLEASE contact a member and we will see if other arrangements can be made... We would like to include everyone.

PORT BICKERTON SOCIAL DAYS ARE BACK!!!!

The Women's Institute is partnering with the St. Mary's Recreation Dept. to bring back SOCIAL DAYS.

WEDNESDAY, OCT. 15th AT THE COMMUNITY CENTRE

DOORS WILL BE OPEN FROM 1PM TO 4PM...

COME OUT AND PLAY SOME GAMES, TALK TO A FRIEND,

DO SOME NEEDLEWORD, OFFER YOUR IDEAS...

BUT MOST IMPORTANTLY,

Join us on WED. OCTOBER 15...

SEE YOU THERE!!!!!!

Guysborough County Adult Learning Association

The Guysborough County Adult Learning Association follows the Nova Scotia School for Adult Learning Curriculum and offers programs for adults over 18. We can help enhance work-related skills, build confidence for working or volunteering, strengthen math, reading, writing, or computer skills, and prepare for GED tests. GALA offers full and part time programs, flexible schedules for shift and seasonal workers, day and evening hours, on-line learning and self-paced programs, in various locations throughout Guysborough County. We also help parents to create the best possible learning environment for their children. Call: GALA Office 533-4252 Classes start soon. Join any time!

Goshen Community Centre

A Variety Concert featuring Ty Wallace along with other local talent will be held on Saturday, Sept. 27th at 7:30 pm. Refreshments available. Admission \$8.00.

Trivia night will be held on Tuesday, Sept 30 at 7:30 pm

Come out and enjoy some friendly competition as you come up with answers.

Halloween Party

Goshen Community Center is hosting a Halloween Party October 31 from 6 – 8pm. Residents have the option to bring their Halloween treats to the community center for disbursement as opposed to children travelling door to door. It's an opportunity for whoever would like to attend to come out and see the kids in their costumes and give out treats. There will be games for the kids, prizes and refreshments. All are welcomed.

Indoor Flea Market

St. John's Church Hall

Necum Teuch on Highway # 7

9 am – 1 pm

October 11, 2014

Serving: Hot Brunch with coffee – tea

Sale Items: baked goods, clothing, toys, and much more

Contact Helen Berrigan (Church Warden) to book tables at 902-347-2182

East River St. Mary's Fire Hall

Come out and enjoy a "Night of Country Music" on Sat. Oct. 4, 2014 at 7 pm in the East River St. Mary's Fire Hall, Hwy347 Pictou, Guysborough border. Lots of great entertainment supplied by local talent, singers, playing along with delicious desserts served. Tickets will be for sale on a large basket of goodies. Cost \$8.00 per person. Sponsored by Ladies Auxiliary.

St. Mary's Garden Club

Next Meeting October 14 @ 2:00 pm at the Municipal Office.

Rally Dist. 2 October 18 at 9:00 am – 3:30 pm at the Lion's Hall, Registration fee \$10.00. Everyone Welcome

**The Baptist Congregation of Port Hillford,
Port Bickerton and Sonora**

(Members of the Convention of Atlantic Baptist Churches)

We welcome you to our October worship services:

- Oct. 5, 11 AM – Sonora Baptist Church
- Oct. 12, 11 AM – Port Hillford Baptist Church
- Oct. 19, 11 AM – Port Bickerton Baptist Church
- Oct. 26, 11 AM – Sonora Baptist Church

The Alpha Course continues at Port Bickerton Community Center, Tuesday evenings, 6PM, Oct 14, 21, and 28.

For further information, call 522-2087 or email hbs.baptist@ns.sympatco.ca (Rev. Norman Pearce)

Rachel MacLean Live In Concert

Saturday, September 27, 7:00 p.m., Port Hillford Baptist Church (2763 Rte. 211) Singer – songwriter Rachel MacLean, former resident of this area, will share inspirational songs, familiar hymns, and beautiful originals that deliver messages of friendship, faith, hope and love; including songs from her latest album *Beyond the Rain*. (See rachelmaclean.ca) Free will offering. All welcome.

SeaShore Volunteer Fire Dept

The SeaShore Vol. Fire Dept. would like to thank everyone for another successful fish fry supper. It is 31 years of holding this event. We would like to thank all the workers who came to help us on this busy day. A huge thanks to the community members who donated items for the supper. We also want to offer a heartfelt thank you to all who came to our supper from near and far. The dance following the supper was also successful. On Sunday @ 2 pm our weekend ended with a duck race, the lucky winners of the duck race were: Cyril Kaiser \$300, Raymond Lays \$100, and the four winners of \$25 were Ellen Harpell, Andrew Kaiser, Terry Blackstone and Mable Francis. Once again thanks to everyone who helped us over the week end.

**INDIAN HARBOUR LAKE PENTECOSTAL CHURCH,
OCTOBER WORSHIP & ACTIVITIES**

Sunday, October 5th, 12th, 19th, & 20th, 11:00am

Morning Worship

Sunday, October 19th

6:30pm Praise & Prayer

Weekday Activities:

Wed, Oct. 8th, & 15th,

7:00pm Bible Study

“YOU’LL GET THROUGH THIS”

A Bible Study on the life of Joseph,

Friday, October 3rd, & 17th

7:00pm Youth Group (Ages 12-18) at the parsonage

All are Welcome! For more information contact Pastor

Dave Connolly at 902-522-2759 or

ihlpastordave@gmail.com

**Are you looking for an economical way to
feed the family?**

“Back to Basics” Cooking Presentation and Tips on Food Storage

Friday, Oct. 3rd, 2014 Greenfield Community Centre 10 am

Hosted by Women’s Institute

Presented by a clinical dietitian and a public health nutritionist.

- FREE -- but pre-registration appreciated so planning can be done
- Contact: Mary Kaizer at 902-246-2092 or maryak2007@yahoo.ca
- or Marlene McInnis at 902-364-2015 or betmar@live.com

Port Bickerton Lighthouse News

*** A BIG thank you to all who attended the art lecture by the Port Bickerton Lighthouse's first artist-in-residence, Susan Paterson, on August 30. Your continuing support for the Lighthouse and our new artist retreat is greatly appreciated.

*** Join us for our annual roast beef dinner fundraiser for the Lighthouse on September 27 from 4:00 to 6:00 p.m. at the Port Bickerton Community Centre. Tickets are \$10/adults and \$6/children.

Benefit Concert for Sherbrooke Riverside Cemetery

Featuring: Clary Croft, George Brothers and Lisa Hallett

St. James Presbyterian Church

Historic Sherbrooke Village

Sherbrooke, N.S.

Monday, September 29th, 2014

7:00 PM – 9:00 PM

Donations Accepted at the Door

OR

If you are unable to attend, donations will be gratefully accepted by mail to:

Sherbrooke Riverside Cemetery Association

P.O. Box 18

Sherbrooke, N.S.

B0J 3C0

Waste Reduction Week Shred Instead Event

Residents and businesses are invited to bring confidential documents to a paper shredding event that is free of charge at the Antigonish Mall Parking Lot on Saturday, October 25 from 11AM to 2PM. Questions call Nicole at 902-870-2817.

PORT BICKERTON LIGHTHOUSE

NEWS

The Harpell Gospel Concert was a huge success. We would like to thank the Harpell family for their dedication to the lighthouse project, they are a talented family who give so freely of their talents and their time to entertain us and raise money for the lighthouse with a benefit concert. Thank you for the Lighthouse committee and from the community for an outstanding evening of entertainment.

Roast Beef Supper is coming up Sept 27th from 4 – 6 pm.

At the Port Bickerton Community Centre admission \$10.00. All proceeds to the Port Bickerton Lighthouse. Everyone Welcome!

Quilt Raffle: This years winner was Mona Anderson, from Sherbrooke. Enjoy your quilt Mona. Thank you to everyone who bought tickets and a special thanks to everyone who sold tickets on our behalf.

Port Bickerton Lighthouse has closed for another season. This year we introduced the Artist retreat, and we were fortunate to have some of the best artists in the province spend some time there. Thank you to everyone who visited this year to make another successful season, also thank you to our staff and volunteers who make the project a success.

Sherbrooke Library

Chat Line for October 2014

Writers Group – Meets every second Thursday at 7 pm in the Library. Our meeting this month will be Oct. 2, 16, and 30. Everyone Welcome!

Meditation Class – Tuesdays from 11 – noon. Learn how to meditate followed by a short practice. Feel the peace and calmness. Newcomers are welcome to join.

Village Readers' book Club – The first Friday in the month – Oct. 3 at 11:00 am. Marion Timmons will be introducing her new book "Ruin in the Mists"

Seniors' Café – Fridays at 9:30 am. Join us for a snack, conversation, have a game of scrabble, check out your books and use the computers.

FOUND – A laptop protective case. If this is your please come and claim it.

Library Hours:

Monday, Tuesday, Thursday: 11am-4pm

Friday: 9:30am-2:30pm Saturday 10am-1pm

Country Harbour Gun Club

Country Breakfast – October 18th at 8:30 – 10:00

Adults: \$7.00 and Children: \$3.00

Marion Timmons will be there with her new book *Ruin in the Mists*.

Adult Halloween Dance – Oct 25th D.J music, 9pm-1am, Admission \$7.00, Judging at 11

First Prize = \$100.00

Second Prize = \$75.00

Third Prize = 50.00

The hall will be open for anyone who wishes to give out their Halloween treats Starting at 6 pm..

ANGLICAN PARISH

Service Schedule

Sept 25-7:00 pm Celebration of New ministry for Rev Lidvald Haugen-Strand and St. George's Anglican at St George's, 199 Temperance Street, New Glasgow

Sun. October 5

4:00pm – Evening Prayer with Holy Communion- St James, Sherbrooke

7:00 pm-Evening Prayer with Holy Communion- St Paul's, Port Bickerton

Sun Oct 12-Thanksgiving

9:30-Festive Thanksgiving Service with Holy Communion- St. Thomas, Indian Harbour Lake

11:00- Festive Thanksgiving Service with Holy Communion -St. Luke's, Liscomb

Sat Oct 18- 7:00 pm Evening Prayer Service-St James

Sun Oct 19

9:30 am –Morning Prayer-St Luke

11:15 am-Morning Prayer - St Paul's (with St Thomas)

4th Sunday

9:30 –Morning Prayer, St Luke

11:00-Morning Prayer, St James-Maple Manor

11:00-Morning Prayer, St Paul's

7:00-Evening Prayer-St Thomas

Quiet Reflective Evening Prayer Service with reflections on the Lord's Prayer- Wed, Oct 29 7:00 pm

ADULT CONFIRMATION PROGRAM- An opportunity to explore the faith as presented in the Anglican tradition (with no commitments required) or as refresher course for those already confirmed. Times will be set according to the availability of the participants.

PARISH TURKEY SUPPER-Nov 1st Lion's Hall 4:00 pm-6:00 pm Adults \$12 Children \$6

PARISH PLAY: "Catechisms in the Wilderness"- postponed until spring

PROGRAM FOR CHILDREN AND YOUTH

"Exploring Faith Stories through Improvisation and Drama"

-An opportunity to explore and act out some of the great biblical stories in an informal fun atmosphere

-Assist in putting together and presenting a Christmas program

Dec 14 in Port Bickerton or Liscomb (Storm date Dec 21)

-Mondays 3:30-4:45 starting Sept. 29th Port Bickerton Hall

-Tuesdays 3:00-4:15 starting Sept 30th St. Luke's Hall

For information on any of these programs call: Rev. Marilyn Haugen-Strand at 522-2510, Cell 870-4471 revmarilyn@gmail.com See us on facebook: Anglican Parish of Liscomb and Port Bickerton

Just Us Girls

Just us Girls is back for another season! We have been working hard to bring you a new and exciting program for the 2014/15 school year. The program will be held on Tuesday's and Thursday's during lunch. A full schedule and registration form can be found at St. Mary's Education Centre/Academy.

Just Us Girls Hike the Keppoch!

On Monday October 6th, and Monday October 20th, *Just Us Girls* will be travelling to Antigonish to hike Keppoch. This is a great experience for girls to try out new hiking trails and get active! Keep an eye out for a schedule of more exciting events with *Just Us Girls!* An October schedule will be sent home with females in grades 7-12 this week.

After the Bell Introduction to Touch Football

In partnership with St. Mary's Education Centre/Academy and the Department of Health and Wellness we will be hosting an introductory to touch football clinic on Thursday, October 2nd beginning at 2:30 at SMEC. All females grade 7-12 are welcome to attend.

After the Bell Learn to Run Program

St. Mary's Recreation Department will be offering 8 week learn to run program for all children grades 5-12 on Tuesday/Thursday's from 2:30-3:30 at St. Mary's Education Centre. Please note this is a beginner program, coaches will be teaching students the fundamentals of running, no experience required.

St. Mary's X- Country Running Program

St. Mary's Recreation Department will be once again partnering with the St. Mary's Education Centre / Academy to offer an 8 week XCOUNTRY running program for all students grade 6-12. The Program will be held Tuesday/Thursday's from 2:30-3:30 at the St. Mary's Education Centre / Academy.

After the Bell Mountain Bike/BMX Trip to Keppoch

Are you interested in BMX or Mountain Biking and would like to attend a 2 session instructional clinic at Keppoch Mountain? Well this is your chance! The St. Mary's Recreation Department will be providing a bus from St. Mary's Education Centre/Academy to Keppoch Mountain on October 6th and 20th 2014. Participants are encouraged to bring their own bikes, however all bikes must be inspected for safety prior to being permitted on the bus. Please note Helmets are **MANADATORY!** Registration forms are available at SMEC/A or by emailing recreation@saint-marys.ca.



Grade Primary Tumble Bugs

Tumblebugs is an introductory program for basic movement and modified gymnastics that is fun, safe, inclusive and developmentally appropriate for 3 1/2-5-year-olds in early childhood settings. Activity plans include both active and quiet segments with directed and exploratory learning. Tumblebugs is about fundamental movement skills that support healthy growth and development, and improve physical literacy. Tumble bugs will be offered in grade primary class rooms 1-4 times per week.



Halloween in St. Mary's



Join us for our Annual St. Mary's Recreation Halloween Parties! Dig out your favorite costume and treat bucket! We will be playing games, making some Halloween crafts and treats!

October 27th: Ecum Secum Fire Hall 6:30-8:00 p.m.
October 28th: Sherbrooke Lion's Hall 6:30-8:00 p.m.
October 29th: Liscomb Legion 6:30-8:00 p.m.
October 30th: Port Bickerton Community Ctr. 3:30-5:00 p.m.
October 31st: Greenfield Oldsters Club 6:00-8:00 p.m.



Community members are invited to the Oldsters Club to hand out treats to trick-o-treaters. These are free parties for the whole family! Please feel free to bring extra treats for children.

St. Mary's Minor Hockey Call for Kid Sport Applications

Did you know you qualifying families could receive up to \$500.00 in funding for both hockey equipment and registration through Nova Scotia Kid Sport? St. Mary's Minor Hockey Association is now calling for all individuals whom wish to submit a kid sport application for the 2014-2015 hockey season. Applications can be found at www.kidsportcanada.ca/nova-scotia/guysborough/ COMPLETED APPLICATIONS CAN BE DROPPED OFF TO ST. MARY'S RECREATION DEPARTMENT OR EMAILED TO: recreation@saint-marys.ca.

Open Gym is back at St. Mary's Education Centre/Academy!



St. Mary's Recreation is pleased to offer open gym each Tuesday and Thursday evening from 6:30-7:30 pm in the gym at St. Mary's Education Centre/Academy. This is a supervised program from children in grades Primary-12. Please note, only school aged children are able to attend this program, parents of participants are invited to attend as well. Ice hockey sticks are NOT permitted on the gym floor. As well, we ask that all participants please respect equipment.



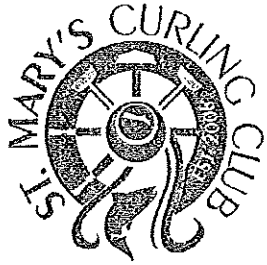
Fall Trail Blazers

Trail Blazers is back in action again this fall! Children in grades 3-7 are invited to take part in this outdoor program every Wednesday's from 2:30-4:30 p.m. until November 5th 2014. This season we will be doing some Trail Blazers favorites, as well as some new and exciting activities. This is a FREE program and takes place in Stonewall Park. Join us for some fun as we get back to nature.

Community sale

Book a table for our Community Sale on September 27th at the St. Mary's-Lion's Hall! Tables are free to book! Get rid of some of your summer time clutter and make a few dollars! Tables must be booked by September 15th, a minimum of 10 tables must be booked for sale to take place.





The St. Mary's Curling Club is looking for all those people interested in curling this season.

We will accommodate everyone who is keen on returning to curling this year, as well as anyone that is thinking about trying curling for the first time and any former curlers who would like to come back to the sport.

The curling season this year will start on Monday, November 3rd, there will be curling at 5:30 and 7:00pm each Monday evening and the season will consist of 19 weeks of fun and exercise.

We are planning to finish off the season with our annual fun weekend open
Bonspiel!!

Registration fees this season will be:

, Students (13 years and up) - \$75.00

Adults - \$135.00

Seniors (55+) - \$120.00

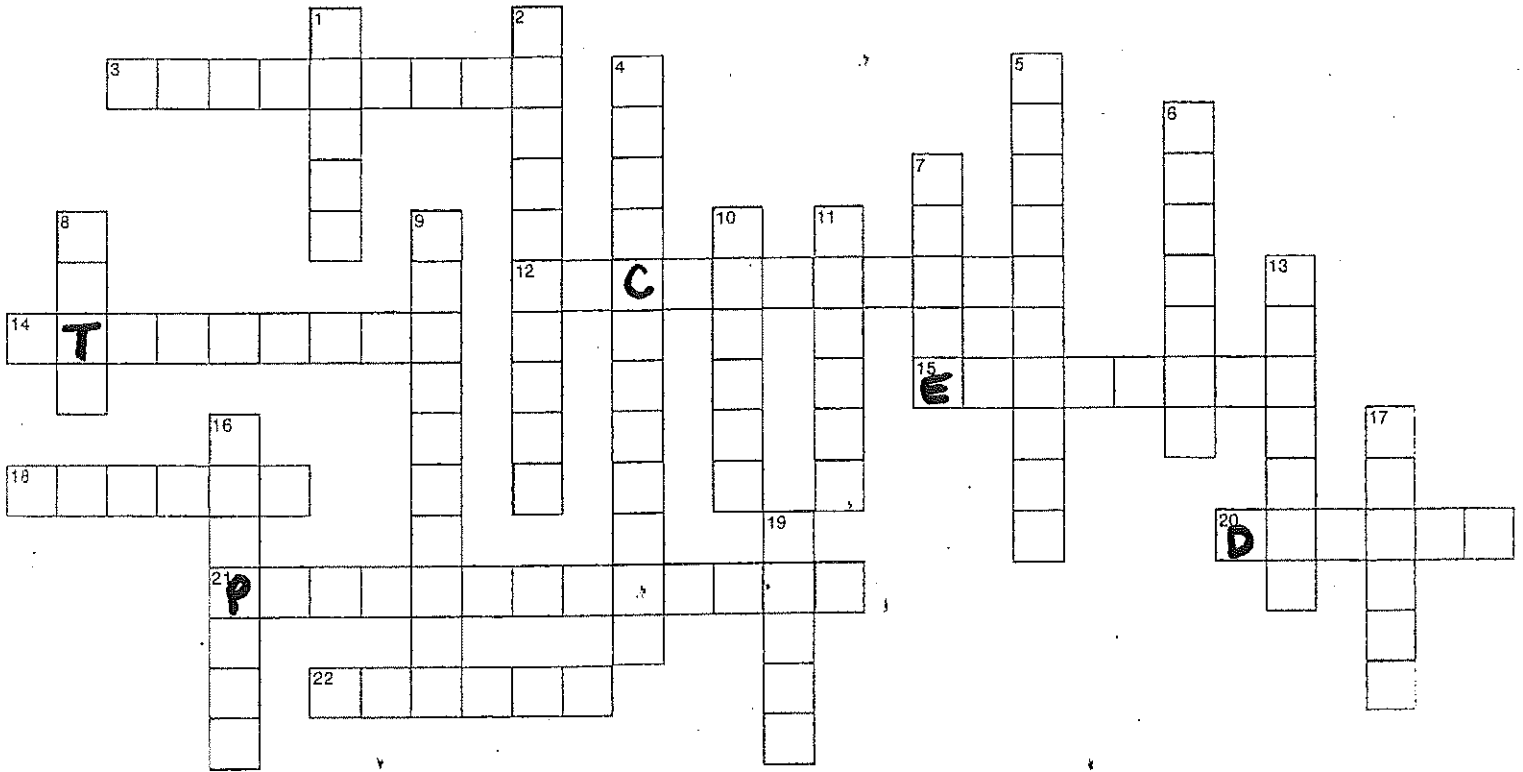
There will be an open registration and meeting for all curlers on October 20th at the RECPLEX at 7pm. Each curler that registers and pays on that evening or before will have their name entered in a draw for \$100.00.

Get active this winter and help us make this a great curling season!!!

If you need more information or to register contact:

Gloria MacIntosh 522-2824, Suzanne Gillis 522-2322 or Ken MacDonald 522-2366

St. Mary's Municipal Crossword
Celebrating Municipal Awareness Week
October 20-26, 2014



ACROSS

- 3. Group of persons for a cause
- 12. Unanimous, Without Count
- 14. Incorporated April 17, 1879
- 15. Opportunity of choice
- 18. A Formal bid
- 20. Assistant, Substitute to another
- 21. Municipal Revenue (two words)
- 22. Expression of wishes of Council submitted for consideration

DOWN

- 1. Ours is one of the longest in NS. It is know by its habitant #11 down

DOWN cont'd

- 2. Pastime
- 4. Local area with its own government
- 5. A vital part of the community, Provides service willingly without pay
- 6. Legislative body of a Municipality
- 7. Hold in high esteem
- 8. Committee of the Whole
- 9. Analysis, Value of Property
- 10. Represent the Municipality and provides leadership to Council
- 11. Another form of pink. Can be found in #1 down
- 13. Official Record, Measure of time
- 16. Local Seasonal Facility
- 17. Administrative division of a province
- 19. Number of Local Districts/Councillors

Submit completed copy of this crossword to the Municipal Office in person, by mail, by fax, or by email by Monday, October 20th. Those with a completely correct puzzle will be entered in draw at random for prizes. Draw will take place Tuesday, October 21st. Municipal Staff are not permitted to enter. 8296 Hwy #7, PO Box296 Sherbrooke NS, B0J 3C0.
 Fax: (902) 522-2309. Email: christa.webber@saint-marys.ca

Fall Food Drive for the St. Mary's Food Bank

It's the time of year for saying thanks
and giving to those in need

drop off a non-perishable food donation to the
municipal building in Sherbrooke. by October 10th
just in time for Thanksgiving

When donating, make sure to check the expiry date of your items.

All donations are welcome,

but here is a list of items that are especially helpful:

canned vegetables, fruit, meat and fish
flour and sugar
pasta
peanut butter
baked beans
canned or powdered milk
soups and stews
breakfast cereal



Thank you St. Mary's
Happy Thanksgiving!

Solid Waste Collection Schedule

Please note a limit of clear bags is 4/week (8 bags) with a 50lbs weight limit per bag and unlimited recyclables.

<u>Tuesday</u> ZONE 1	<u>Wednesday</u> ZONE 2	<u>Thursday</u> ZONE 3
Sept 23 Garbage	Sept 24 Garbage	Sept 25 Garbage
Sept 30 Recyclables	Oct 1 Recyclables	Oct 2 Recyclables
Oct 7 Garbage	Oct 8 Garbage	Oct 9 Garbage
Oct 14 Recyclables	Oct 15 Recyclables	Oct 16 Recyclables
Oct 21 Garbage AND HEAVY HAUL	Oct 22 Garbage AND HEAVY HAUL	Oct 23 Garbage AND HEAVY HAUL
Oct 28 Recyclables	Oct 29 Recyclables	Oct 30 Recyclables

FALL HEAVY HAUL

WHEN

Tuesday Oct 21st to Friday Oct 24th
7am start each day

ITEMS MUST BE ROADSIDE

Sort if possible; metals, wood, garbage, etc.

Unaccepted items: needles, medical waste, compost, blue bag recyclables, car bodies, chemicals, large demolition sites, trees.

Accepted items: Car parts, tires(off rims) lawn furniture, fridges, stoves, other appliances, sofas, beds, tables, mattresses, other furniture, boards, plastic, tools, bbq's, electronics

MUNICIPALITY OF ST. MARY'S

ZONE 1 TUESDAY

New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill inclusive

ZONE 2 WEDNESDAY

East Loon Lake, Smithfield, Glenelg church road, Aspen, to Goshen to Borneo Road inclusive

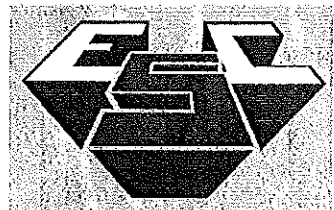
ZONE 3 THURSDAY

Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Mines Rd, to Waternish inclusive

Questions?

**Eastern Shore
Cartage**


1-800-261-0372





October 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
5 Goshen Crib 7pm	6 Move it Monday 9am Greenfield Seniors fitness 10am Maple Manor Handcraft Group 1pm Quilt Guild mtg 1:30pm PB Wl mtg. 1:30pm After school Keppoch Trip Sherbrooke Zumba 6pm Council Mtg. 7pm St. Mary's Darts 7:30	7 Meditation 11am Just Us Girls Learn to Run/Xcountry 2:30 Boot Camp 6:30pm Open Gym 6:30pm	8 Wake-up Wednesday 9am Goshen Activity Day 1pm Greenfield Painting 1pm Trail Blazers 2:30 pm Goshen Seniors info session 3:30 Sherbrooke Zumba 6pm Lions BINGO 7:45pm	9 Just Us Girls Learn to Run/Xcountry 2:30 Boot Camp 6:30pm Open Gym 6:30pm PB Chase the Ace 7pm Liscomb auction/chase ace 8pm	10 Seniors Café 9:30am Maple Manor Bake Sale Country Hbr concert 7pm Jimmy Flynn Show 7pm Country Hbr Chase the Ace/crib 7:30pm Stillwater card play 8pm	11 Necurn Teauch flea mkt 9am Bottle Depot 9:30am Liscomb Crib 8pm
12 Goshen Crib 7pm	13  Thanksgiving	14 Meditation 11am Just Us Girls Highcrest Bday Party 1:15pm Garden Club mtg 2pm Learn to Run/Xcountry 2:30 Boot Camp 6:30pm Open Gym 6:30pm Council mtg. 7pm	15 Wake-up Wednesday 9am Goshen Activity Day 1pm Greenfield Painting 1pm PB Social Day 1pm Trail Blazers 2:30 pm Sherbrooke Zumba 6pm Lions BINGO 7:45pm	16 Just Us Girls Learn to Run/Xcountry 2:30 Goshen youth group 6pm Boot Camp 6:30pm Open Gym 6:30pm Writers group mtg 7pm PB Chase the Ace 7pm Liscomb auction/chase ace 8pm	17 Seniors Café 9:30am Maple Manor Bake Sale Sonora Penny Auction 7pm Country Hbr Chase the Ace/crib 7:30pm Stillwater card play 8pm	18 Riverside cemetery cleanup 8:30am Country Harb breakfast 8:30 Garden Club Rally 9am Liscomb Crib 8pm
19 Goshen Crib 7pm	20 Move it Monday 9am Greenfield Seniors fitness 10am Maple Manor Handcraft Group 1pm After school Keppoch Trip Sherbrooke Zumba 6pm Boundary review mtg 7pm St. Mary's Darts 7:30	21 Meditation 11am Just Us Girls Learn to Run/Xcountry 2:30 Boot Camp 6:30pm Open Gym 6:30pm Boundary review mtg 7pm	22 Wake-up Wednesday 9am Goshen Activity Day 1pm Greenfield Painting 1pm Trail Blazers 2:30 pm Sherbrooke Zumba 6pm Boundary review mtg 7pm Lions BINGO 7:45pm	23 Just Us Girls Learn to Run/Xcountry 2:30 Goshen youth group 6pm Boot Camp 6:30pm Open Gym 6:30pm PB Chase the Ace 7pm Boundary review mtg 7pm Liscomb auction/chase ace 8pm	24 Seniors Café 9:30am Maple Manor Bake Sale Country Hbr Chase the Ace/crib 7:30pm Stillwater card play 8pm	25 Country Harb. Halloween dance 9pm Bottle Depot 9:30am Liscomb Crib 8pm
26 Goshen Crib 7pm	27 Move it Monday 9am Greenfield Seniors fitness 10am Maple Manor Handcraft Group 1pm Sherbrooke Zumba 6pm ES Halloween 6:30 Liscomb fire mtg 6:30pm St. Mary's Darts 7:30	28 Meditation 11am Just Us Girls Learn to Run/Xcountry 2:30 Sherbrooke Halloween 6:30 Boot Camp 6:30pm Open Gym 6:30pm	29 Wake-up Wednesday 9am Goshen Activity Day 1pm Greenfield Painting 1pm Trail Blazers 2:30 pm Sherbrooke Zumba 6pm Liscomb Halloween 6:30 Lions BINGO 7:45pm	30 Just Us Girls Learn to Run/Xcountry 2:30 PB Halloween 3:30pm Goshen youth group 6pm Boot Camp 6:30pm Open Gym 6:30pm Writers group mtg 7pm PB Chase the Ace 7pm Liscomb auction/chase ace 8pm	31 Seniors Café 9:30am Maple Manor Bake Sale Goshen Halloween Party 6pm Greenfield Halloween Party 6pm Country Hbr Chase the Ace/crib 7:30pm Stillwater card play 8pm	