



February 2015 Municipal Newsletter

www.saint-marys.ca [facebook.com/DistofStMarys](https://www.facebook.com/DistofStMarys)

The **DEADLINE** to have information submitted for the March issue of the Newsletter is **February 19th** at 4:00 p.m. Submissions can be received by fax: 522-2309 or drop off at Office 8296 Highway #7 Sherbrooke or email: council@saint-marys.ca. Subject line must read **NEWSLETTER SUBMISSION**. Also please note that we reserve the right to edit any and all submissions to this newsletter.

COUNCIL MEETING: The next Regular Meeting of St. Mary's Municipal Council will be held on **Monday February 9th, 2015**. The public is invited to attend.



Please make sure you review your **ASSESSMENT NOTICE** from PVSC. If you feel the value is inaccurate and wish to appeal **NOW IS THE TIME TO FORMALLY APPEAL – NOT WHEN YOU GET YOUR TAX BILL**. Tear off the bottom piece of notice and mail in **BEFORE February 9th 2014**. Call PVSC if you have any questions at 1-800-380-7775.

Municipal Grants to Organizations

Any request for funding from Community Organizations for the **2015/2016 Municipal fiscal budget** must be made by application (available at the Municipal Office, and on our website www.saint-marys.ca) and submitted no later than March 31, 2015 at 4pm – No exceptions. Incomplete applications will NOT be accepted, please contact us with any questions.

Municipality of the District of St. Mary's is having a **TAX SALE** on Thursday February 26th, 2015. See attachment.

TENDER

St. Mary's River Association will be accepting tenders for outside repairs and trim painting to the building located at 8404 Highway #7 Sherbrooke until noon Friday February 13, 2015. For more details, please call 902-522-2099 or e-mail stmarysriver@ns.sympatico.ca. The lowest or any tender not necessarily accepted.

Introducing

211

When you need help with a problem that involves community or social services, it isn't always clear who to contact. Now the answer is as close as your telephone or computer because you can call **211** or visit ns.211.ca to find out. Our friendly team will answer your questions and help you find the service you need, where you need it, **211** is available 24 hours a day, 7 days a week, 365 days a year. Give it a try and let **211** help you find the service you're looking for.

- | | |
|---------------------|-----------------------|
| Food bank | Recreation programs |
| Employment training | Seniors' services |
| Adult learning | Mental health support |
| Child care | Addiction services |
| Disability services | Shelters |
| Home care | Employment Insurance |

And many more **211** has information on over 4,000 services provided by non-profits, community groups, and government departments.

Solid Waste Collection Schedule:

Garbage (clear bag) pickup will be bi-weekly and Recyclables (Blue Bag) remain the same at every 2 weeks. Please note a limit of clear bags is 4/week (8 bags) with a 50lbs weight limit per bag and unlimited recyclables.

Zone 1	Zone 2	Zone 2
Jan. 27-Garbage	Jan.28-Garbage	Jan.29-Garbage
Feb. 3 Recyclables	Feb. 4 Recyclables	Feb. 5 Recyclables
Feb.10-Garbage	Feb.11-Garbage	Feb.12-Garbage
Feb.17 Recyclables	Feb. 18 Recyclables	Feb. 19 Recyclables
Feb. 24 Garbage	Feb. 25 Garbage	Feb. 26 Garbage

ATV CLUB

The regular Monthly Meeting of the St. Mary's ATV Club will be held on the second Thursday, February 12th at the United Church Basement, in Sherbrooke at 6pm. See you there!

Seniors Luncheon

February 12, 2015 @ 12:00 P.M.

All seniors are invited to share this time of food, fun, and fellowship.

Where: Bayview Baptist Church Fellowship Hall
4761 Highway 7
Liscomb, Nova Scotia

Time: 12:00 noon

What to bring: yourself and a desire for fun.

For more information contact Pastor Dave Smith. 902-779-2709

ROYAL CAN. LEGION BR. #86 LISCOMB

Next general meeting will be held on **Tuesday Feb 2**

Please take time to attend and support your legion

ACTIVITIES:

AUCTION 45's – Thursdays at 8pm \$5

CRIBBAGE – Saturdays at 8pm \$5

CHASE THE ACE: Continues 6:30 -7:30pm

Every Thursday until the Ace of Spades is revealed

ANNUAL ATV RALLY – Feb 14th

Registration at 10:30 am ---supper at 4 pm

DANCE - Saturday Feb 14 @ 9-12:30

Music with Triple B \$10pp

St. Mary's Lions Club Christmas Daddies

The Lions would like to thank everyone that supported our Christmas Daddies Project with donations of money, toys, knitted goods, school bags, lunch bags, clothing, books crayons, dolls, plush animals etc. and purchasing tickets on our Money Tree. This enabled us to provide the ingredients for complete dinners and gifts of toys and clothing for children for twenty seven families. This is a huge project for our club involving many hours of work by various Club Members in obtaining names and sizes of precipitants, purchasing the toys and clothing and wrapping and purchasing the food and packaging for each family for delivery throughout the whole Municipality and a special thanks to all the Lions for their support.

Thank you

I would like to thank friends & family for their love and support during this difficult time. Special thanks for the food, phone calls, visits and cards. Your support was greatly appreciated. God Bless Everyone. Effie Allison

St Mary's Shooters Association Schedule

Saturday March 21/15 Canadian Firearms Safety Course (non-restricted) 9am-5pm Stillwater Community Ctr. #7 hwy.

Sunday March 22/15 Canadian Restricted Firearms Course 9am-5pm

Stillwater Community Ctr. # 7 hwy.

Saturday April 11/15 Nova Scotia Hunter Safety Course 9am-5pm Stillwater Community Ctr. #7 hwy.

To register for these courses you must go on line at www.hnatiuks.com and register on line and pay on line.

Club members are reminded to please pay club dues 2015 **Saturday, March 28, 2015**-CFSC Stillwater Community Ctr. 09:00-17:00 hrs.

Sunday March 29, 2015-CRFSC Stillwater Community Ctr. 09:00-17:00 hrs.

Saturday April 11, 2015-NSHSC Stillwater Community Ctr. 09:00-17:00 hrs. For the above courses apply on line and pay on line at www.hnatiuks.com

Sunday May 3, 2015-Spring meeting SMSA Stillwater Community ctr.-14:00 hrs. All members please try to attend

Sunday May 17th 2015---Military rifle shoot 9am-3pm. 100yds open military sights.

Provincial NSRA 22 target rifle shoot T B A

Saturday May 30 /Sunday May 31 Gun show New Glasgow

Sunday June 7 2015 Skeet shoot 9am--3pm Stillwater DNR range

Sunday June 21 2015, 50/100 yd. 22 target rifle

Sunday July 5, 2015 Aubrey Gammel, Pistol, steel shoot 9am-3pm

Sunday August 3rd, 2015 --Bench rest rifle center fire and rim fire 100yds +bulls eye pistol

Sunday Sept 6 2015 --steel plate shoot 25 / 50 yds. 22 long rifle, scoped and open sight classes.

Sunday Sept 13 2015 Annual Meeting Stillwater Community Center. 14:00 hrs.

Saturday Sept 19 2015 CFSC 09:00- 17:00 hrs. Stillwater Community Ctr.

Sunday Sept 20, 2015 CRFSC 09:00--17:00 hrs. Stillwater community Ctr.

Saturday Sept 26th, Sunday Sept.27th Gun show Bible Hill

Sunday Oct 4th, 2015 ---Skeet Shoot 9am-3pm DNR range Stillwater

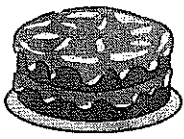
Saturday Oct 10th 2015 ----Hunter Safety 09:00--17:00hrs Stillwater Center

Sunday Nov, 1st 2015 Turkey Shoot 9 am--3pm

Note; CFSC, CRFSC & NSHSC apply on line and pay on line at www.hnatiuks.com

FOR RENT

Office space 15'x 13'at Greenfield Oldsters Building at 7575 Hwy. 348, Melrose. Internet, heat, lights, air conditioning, parking, snow removal & kitchen facilities available February 2015. Rent (902) 522-2014.



Maple Manor Bake Sale
Friday at 2:00 pm



Winter Warm up Dinner
Country Harbour Community
Centre Fundraiser



Bring a friend or neighbor we are serving from
4:00 to 6:30 Saturday, February 14th, 2015
 Served Hot Roast beef Dinner
 With all you can eat Soup, Salad and Desserts for \$13
 per person! But that's not all.....
We'll DELIVER to you, or you can warm up someone
 else's winter; maybe a friend, family member or person
 in need. It's easy, you can reach us lots of ways by
 phone, e-mail or face book. We'll accept payment after
 the 14th if you're short on time or live away. \$15 for a
 three course roast beef dinner, salad and black forest
 cake with a signed card delivered between 3-4 pm on
 February 14th. Great Valentines present. Please provide
 civic address. Delivery from Stormont to Goshen.
 Contact: Paula@328-262 (farnsworth@ns.sympatico.ca)
 Kara @328-2354, Phyllis @328-2584 or Brenda@328-
 2376.
 Cards are Mondays@8 pm in February.
 Open mic Kitchen party February 28th from 7 to
 9:30.

T.O.P.S

Meeting on Wednesday Evenings
 @6:00-7:30 (new members welcome)

St. Mary's District Food Bank

The Food Bank would like to thank everyone
 who donated food and funds over the holiday
 season. Your support has helped us make it
 through a rough patch.
 Special thanks are due to St. Mary's Municipal
 Council who offered immediate assistance after the
 presentation on January 12. The needs are
 ongoing and it is good to know that the community
 can be relied upon to help out in times of crisis.
 If you are in need of the Food Bank's services or
 would like information about the Food Bank, please
 call 328-4148 and leave a message. The phone
 number is exclusive to the Food Bank and all calls
 are confidential. Boxes for donations of non-
 perishable food items are located in Sherbrooke, at
 St. Mary's Hospital and the Clover Farm. It would
 be appreciated if donors could check to make sure
 food items are not **out dated**.
 Again - thanks to all who helped.



Indian Harbour Lake
Pentecostal Church
February Worship & Activities
 Sunday, February 1st, 8th, 15th & 22nd
 11:00 am Morning Worship

Sunday, February 15th
 6:30 p.m. Praise & Prayer
 Weekday Activities
 Wednesday, February 4th & 18th
 7:00 p.m. Bible Study
 Friday, February 6th & 20th
 Youth Group (Ages 12 – 18)
 At the parsonage
 All are Welcome! For more information, contact
 Pastor Dave Connolly at 522-2759
 Or ihlpastordave@gmail.com

The Baptist Congregation of Port Hilford,
Port Bickerton and Sonora

(Members of the Convention of Atlantic Baptist
 Churches)

We welcome you to our February worship services:
 Feb. 1, 11 AM – Port Bickerton Baptist Church
 Feb. 8, 11 AM – Sonora Baptist Church
 Feb. 15, 11 AM – Port Hilford Baptist Church
 Feb. 22, 11 AM – Port Bickerton Baptist Church
 For further information, call 902-522-2087 or email
hbs.baptist@ns.sympatico.ca (Rev. Norman
 Pearce).

*We're now on Facebook: The Baptist Congregation
 of Port Hilford, Port Bickerton and Sonora*

Sherbrooke Library Chat Line

Writers Group – Tentatively, the next meeting will be
 Thursday, Feb. 19 at 7:00 pm. Call the library at 902-
 522-2180 to confirm. We have a black binder full of our
 written works on the Library table. Feel free to come to
 read some of our creations, if you please.

Meditation Class – Tuesdays from 11 – noon. Learn how
 to meditate followed by a short practice. Feel the peace
 and calmness. Newcomers are welcome to join.

Village Readers' book Club – The first Friday in the
 month – Feb. 6 at 11:00 am.

Seniors' Café – Fridays at 9:30 am. Join us for a snack,
 conversation, have a game of scrabble, check out your
 books and use the computers.

A Scentsy water bottle was left at the library during the
 middle of January. If this is yours, please come and claim
 it

Library Hours:

Monday, Tuesday, Thursday: 11am-4pm
 Friday: 9:30am-4:00pm, Saturday: 10am-1pm

St. Mary's Garden Club

Is seeking financial donations from the area business and the public at large to defray the costs of placing hanging baskets along the Main Street (Highway 7) in Sherbrooke for the 2015 summer season. Last year we were financially assisted by a generous one time donation.

The Garden Club is made up of members from all areas of St. Mary's District and our only means of raising finances is our annual plant sale held in May. The majority of the money raised is used to provide a \$500.00 bursary to a graduating St. Mary's High School student. Baskets will cost in the range of 40-45 dollars. We believe that it is important to present an appealing image of our community and do all we can to encourage visitors to spend time and spread the word that our community is a pleasant place to visit. The success of the 2015 season rests with you! You may contact either Mary Baker, President (902) 779-2898; Elsa West, Treasurer (902) 522-2657; or Sharon Reid (902) 522-2393. We look for your support.

Thank You

IN LOVING MEMORY OF JEAN HURLEY,
THE FAMILY WOULD LIKE TO SAY THANK YOU
For the messages of condolence, cards, letters, flowers, fruit basket, sweets, prayers and masses said in Mom's name at St. Paul's, for donations made to St. Mary's Hospital where mom received such compassionate care; and to co-workers for their support during the time of Mom's illness.
We wish you all a **HAPPY AND HEALTHY NEW YEAR**
Rest in Peace *Darling Mother*, we miss you.
Eileen and Michael Hurley and family.

PENNY AUCTION/CAKE WALK

Date: Friday, Jan 30

Storm Date: Friday, Feb. 6

7 PM

Port Bickerton Community Centre

Sponsored by the Port Bickerton Lighthouse Group

Pancake, Beans and Sausage Supper

Liscomb Legion **Tuesday Feb. 17th, 2015** 4-6 pm

Adults: \$8.00, Children \$5.00

Bake and Craft Sale

Proceeds for St. Luck's Anglican Church



Sherbrooke Parent/Tot Drop-in

Takes place on Wednesdays from 9:30-11:30am. All parents/caregivers and children ages birth to six years are welcome to attend. This program takes place at St. Mary's Education Centre. Use the community entrance. For more information call Paula at 1-888-533-3881

Just Me & My Friends

Starts up on Tuesday, March 3rd from 9:30-11:30 am for 10 weeks

Open to all children who have turned four by Dec. 31, 2014 and will be attending St. Mary's Education Centre in September 2015

Located at St. Mary's Education Centre, use community entrance
FREE

Guysborough County Prenatal Nutrition Program is designed to support pregnant women and their babies up to six months of age. Supports include:

- Home Visits
- Nutritional Counseling/Support
- Milk & Nutritional Supplements
- Lending Library
- Breastfeeding Supports

Kids First Family Home Visitor Program is designed to help new parents with goal planning using a family-centered, strengths-based approach.

-Provides emotional and practical support as well as role modeling, parenting information and general health information.

-Referrals to other agencies and organizations who may be able to help with family goal setting and achievement of these goals.

-Referrals made through Public Health

Facebook

-Guysborough County Kids First has a Facebook page for families who are expecting their first child or have children from birth to six years

-Send a request to join page

-A great way to receive updates and notices about programming in your area

For more information regarding Kids First or the programs, visit our new and improved website www.kids1st.ca all programs and services are free and confidential! For more information, please contact Kids First toll free at 1-888-533-3881.

Kid's First programs are made possible through financial contributions from the Public Health Agency of Canada, the Nova Scotia Department of Community Services and by the generous donations by the general public.

Greetings from High-Crest!

We have one resident celebrating a birthday this month. Inez Jordan's Birthday is on February 10th, Happy Birthday! We will celebrate on Inez's birthday February 10th! The home buddies will host a birthday party, we will play bingo, sing some old songs and enjoy cake and ice cream and have some fun! Everyone is welcome! We will also crown our King and Queen Valentine 2015!

I would like to thank the members of T.O.P.S. for their very kind donations of gifts to our residents at Christmas time. Very thoughtful and very much appreciated! Once again I would like to thank everyone for their participation and generosity for our Memory Tree. We raised \$1700.00 in total! Amazing! Thank you so much for your donations. I would also like to thank all of the family members and visitors who dropped off treats and goodies to the staff over the holidays, we really didn't need them but we sure enjoyed them! Happy Valentine's Day to you all!

Country Harbour Gun Club News

Mixed Dart Tournament- In Memory of Karlise Hendsbee, Feb. 21, 2015@11am - 3 players, cash prizes

Country Breakfast- Feb. 21-8:30am - 10:00am

Mixed Dart Tournament-Memory of Ossie Myers, March 7, 2015@11:00 am - 3 Players - cash

Mixed Dart Tournament- Memory of Alex (Tud) MacLennan, April 11, 2015@11am - 3 players - cash prizes. For more information on any of these events please call Carolyn MacIntosh @ (902) 328-4142

Color it Red for Valentine's Day with Sherbrooke Opportunities Society or S.H.O.P.S.

Plans are underway to start our Municipal Tree of Hope Campaign in February. There will be a few options available to contribute to this community project and to help us make this a reality sooner than later. Our fundraising goal is \$488,000 and we are pleased to announce that we have already raised \$311,000. Municipal and Provincial funding allowed us to pay for the work already complete and thanks to corporate and private donations already made, we now have \$103,000 to contribute to our campaign. Our project received a special gift of \$25,000 before the holidays that is very much appreciated and serves as a great foundation for our municipal campaign. We can all make a lasting impact in our community with this project so please consider our request for a donation when the campaign letter comes to your home. Each donation made during our municipal campaign will add a red heart to the windows of the S.H.O.P.S. space. Share your with our campaign and help us *Color it Red* during the month of Valentine's Day.



Thank You

We the family of the late Leonard Mahar from Sonora would like to thank all of our family and friends for such love and comfort during our sad time of loss. Special thanks to the wonderful doctors and nurses of St. Martha's and St. Mary's hospitals who gave Lennie such wonderful care. The wonderful VON nurses, home makers, Funeral Home, Pall-bearers, and Pastor for the beautiful service. God Bless You All

Ruth & Family
Virginia & Family

Liscomb Vol. Fire Dept.

Annual Meeting Monday, Jan. 26th @ 6:30

At Fire Hall - Everyone Welcome

Training: Monday Feb. 16th at the Fire Hall @ 6:30.

Port Bickerton Women's Institute News

Mark your calendar... **February is Exciting!!!!**

**** Feb. 2nd, WI meeting at home of Rhonda Jack**
TIME: 1pm... Plans for Socials, Brunch and Quilt...
Come visit or join and share your ideas/support with us... Friends Always Welcome!!!!

**** Feb. 17th, Shrove Tuesday Pancake Brunch...**
At the Bickerton Community Centre... **TIME: 11am to 1pm ... Price: \$8.00.** Come and support our annual fundraiser....

**** Feb. 11, Social at the Bickerton Community Centre**
TIME: 10am to 3pm. Come and celebrate Valentine's Day with friends ... Hot meal provided.

**** Feb. 25, Social at the Bickerton Community Centre....** **TIME: 1pm to 4pm....** Light Refreshments served ...

Penny Auction

The Class of 2015 at St Mary's Education Centre/Academy will be holding a Penny Auction on Monday, February 9th at 7 PM in the school gymnasium.

If anyone would like to donate items they can be dropped off at the school or Shopper's Drug Mart in Sherbrooke. If you would like them picked up please contact the school at 902-522-2035.

Thank you
Class of 2015

St. Mary's Minor Hockey Bottle Drive

Pick Ups: Wednesday Afternoon/Evening February 4th, 2015. Saturday All Day February 7th, 2015

Bottle Drop off: Back of Rink all day Saturday

St. Mary's Minor Hockey

Meals on Wheels Cold Plate Dinner
March 28th, 2015

Cold Plates ready to be delivered by early afternoon. Tickets available from any Minor Hockey player. More information to come closer to date

Job Opportunities:

1. POSITION: "Kid Fit After School Program Leader"

Responsible: Rec. Coordinator	Hourly Wage: \$ 11.00/per hour (17 weeks)
Requirements: Valid driver's license. Completion of high school.	Location: Community centers in the Municipality of St. Mary's
SCOPE: Working under the direction of the Recreation Coordinator, the Kid Fit After School Program Leader will design, implement and deliver daily after school programs to the children within the Municipality of St. Mary's with an emphasis on physical activity. This is a grant program, and will take place Monday-Wednesday's for 17 weeks.	

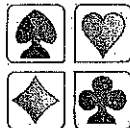
2. POSITION: "Kid Fit, After School Program Helper"

Responsible: Kid Fit Program Leader. Overall: Rec. Coordinator	Hourly Wage: \$ 10.40/per hour (16 weeks)
Requirements: Valid driver's license. Completion of grade 10.	Location: Community centers in the Municipality of St. Mary's
SCOPE: Working under the direction of the Program Leader, the Kid Fit Helper will help to implement and deliver Kid Fit programming after school to the children within the Municipality of St. Mary's with an emphasis on physical activity. This is a grant program, and will take place Monday-Wednesday's for 16 weeks.	

Resumes with attached references may be submitted to the Recreation Department by mail at 8296 Hwy. 7 PO Box 296, Sherbrooke N.S. B0J3C0, faxed to 522-2309 or dropped off in person Monday-Friday 8:30 a.m. to 4:00 p.m. Application deadline is January 30th, 2015 at 4:00 p.m.

Senior Socials in St. Mary's

St. Mary's Recreation is hosting senior socials in communities through the Municipality this winter. Events consist of great food, great friends, fun games and lots more. We would like to invite everyone in the community to these events, they are not limited to seniors. Each event has a free homemade lunch, games and prizes and good company. Participants are invited to bring their favorite games from home or a current project they are working on. In February, we will be hosting events at the Greenfield Oldsters Club on February 13th and at the Sonora Community Centre on February 19th. Both events will take place from 10-2. For more information, please call the Rec. Dept. Don't waste away the winter at home, join us for Senior Socials in your community!



Volunteer Awards 2015

It's not too late to nominate a deserving volunteer from your organization for the St. Mary's Volunteer of the Year award! Nominations are being accepted until February 6th. From these nominations, council will decide who to send as the St. Mary's Representative at the Nova Scotia Volunteer Awards in Halifax. In addition, we will be hosting a volunteer reception for all community organizations and individuals who volunteer in St. Mary's. There will be some light refreshments, snacks and a chance to celebrate all of the accomplishments of 2014. This reception will take place on April 16th at the St. Mary's District Lion's Hall from 6-7:30 p.m. We hope to see you there!



East Coast Musicians Charity Hockey Game

The East Coast Musicians are making their long awaited return to Sherbrooke in February! The game will take place on **February 28th 2015** at the St. Mary's Recplex. The Musicians will take on a local "Coyotes Team". Puck drop at 4:30 p.m. Proceeds will go towards children's hockey in St. Mary's. This is a family event, and will be followed by a family concert at the St. Mary's Lions Hall at 7:30 p.m. The day will end with an after-party at 9 p.m. at the Lion's Hall. This event will be for 19 and over only. Come out and cheer on the Coyotes for a great cause! Tickets go on sale in February and can be purchased at the Municipal Office in Sherbrooke.



Rates (Game and Concert)	
Under 5	Free
Students	\$7
Adults	\$10
Families	\$25

Snowman building contest!

St. Mary's Recreation wants to see your best snowmen creations! February and March, we are asking you to build a snowman, and send us a picture. All snowmen will be entered in a random draw. In addition, judges will determine winners in a number of categories including "the most creative snowman." Get out there and build St. Mary's! (See Facebook for more details)



St. Mary's Fitness Centre

Come join our team and make your 2015 resolution to live a healthier life! **For the month of February, there will be 25% off of all one month memberships! Did you know:** The best way to measure your progress, from increasing physical activity and diet change, is by measuring around your waist, navel and hips? Keep working hard and focus on inches and how you're feeling overall instead of that pesky number on the scale!

February 2015 Schedule (subject to change)

Monday	Move It Monday: 9:00-10:00am Regular Hours: 2:30-8:00pm #smsBEFIT - 2:30 - 3:30pm
Tuesday	Regular Hours: 2:30-8:00pm #smsBEFIT - 2:30 - 3:30pm Boot Camp: 6:30 p.m.
Wednesday	Wake up Wednesday: 9:00-10:00am Regular Hours: 2:30-8:00pm #smsBEFIT - 2:30 - 3:30pm
Thursday	Regular Hours: 2:30-8:00pm #smsBEFIT - 2:30 - 3:30pm Boot Camp: 6:30pm
Friday	Regular Hours: 7:00-10:00am

#smsBEFIT

Students 15 years+: St. Mary's Fitness Center is offering a new program to give students an opportunity to use the facility at a discounted price of \$2 Mon-Thurs 2:30-3:30.

Move it Monday/Wake up Wednesdays!

St. Mary's Recreation offers a drop-in class every Monday and Wednesday morning from 9-10 a.m. at the Fitness Centre. This class is free for members and \$2 to drop in!

Lose your Booty Boot Camp

Join us for Lose Your Booty Boot Camp every Tuesday/Thursday at 6:30-7:30 p.m. This class is a 60 minute circuit style work out that will have you sweating away those unwanted calories. \$2/Free for members.

Hello St. Mary's

My name is Lindsay Robinson and I am your new Physical Activity Coordinator. I have found a cozy little home in Sherbrooke, I have met many of the residents and I feel very lucky to be working for such a lovely community. We are very fortunate in St. Mary's to be a rural community, on a gorgeous coastline. My goal is to develop inclusive programs that take us outside. Our culture is taking outdoor play away from our youth and I hope to integrate programs that connect our youth back to nature. It is proven that being physically active in the outdoors can attribute to spiritual, physical, intellectual, social and emotional well-being. Let's get outside! If I haven't already, I look forward to meeting you. If you would like to pass on ideas, please do not hesitate to e-mail physicalactivity@saint-marys.ca or call (902) 522-2598.

Country Girls



Country Girls is a new 10-week program we are very excited to introduce. Country Girls will be offered to girls grades 7-9, it will give girls an opportunity to explore nature, learn and practice new skills in an outdoor setting. The program will take place on Tuesday's at lunchtime for 10 weeks and will begin in February. If you are a girl that loves to spend time in nature and wants to build a handful of outdoor skills, this is the program for you! Some

of the skills you will learn and practice include shelter building, outdoor cooking, how to use a GPS, map and compass, snowshoeing and building fires. If you would like more information on Country Girls contact us! Keep an eye out for registration forms being sent home this month!

Open Gym at St. Mary's Education Centre/Academy!

St. Mary's Recreation is pleased to offer open gym each Tuesday and Thursday evening from 6:30-7:30 pm in the gym at St. Mary's EC/Academy. This is a supervised program from children in grades Primary-12. Please note, only school aged children are able to attend this program, parents of participants are invited to attend as well.



Kid Fit 2015

Kid Fit will be returning to St. Mary's this winter! We have brand new equipment, awesome games and a ton of fun lined up for children in grades primary to six. This program will take place in community centers around the municipality. Look-out for a complete schedule and registration form going home with children in the coming weeks.



Sherbrooke Zumba

Sherbrooke Zumba takes place at St. Mary's Education Centre/Academy every Monday and Wednesday. Instructor Maria Tate will be leading a special Zumba Toning/Sentao Class on Monday's and regular Zumba on Wednesday's! It's not too late to get in on the fun! 6 class punch cards available for \$36 and can be purchased at the municipal building.



Snowshoeing

Snowshoeing is a great outdoor activity for getting active and staying fit in the winter months. St. Mary's will be offering an hour of guided snowshoeing in each community. Goshen and Aspen will have a schedule posted in the March newsletter. All snowshoeing gear will be provided, if you have walking poles, feel free to bring them for support. Please dress appropriately for the weather, a snack will be provided during the hike. If snowshoeing is cancelled due to weather, you can find out on our Facebook page, St. Mary's Recreation or contact the Recreation.

IF there is no snow we will still be meeting for a hike!

What to bring:

- Water
- Backpack
- Dress in layers (you can always take layers off and put them in your backpack)
- Walking poles (optional)
- Two feet and a heartbeat!



Community Snowshoe Schedule 2015

Date	Community	Meeting Place
Monday, January 26 th @ 1PM	Liscomb	Parking lot beside Liscomb River
Monday, February 2 nd @ 1PM	Ecum Secum	Briggs Road, drive until you come to the sign showing new development
Monday, February 9 th @ 1PM	Sherbrooke	Salmon Museum parking lot
Monday, February 16 th @ 1PM	Sonora	Church parking lot, beside Wharf Road
Monday, February 23 rd @ 1PM	Port Bickerton	Parking lot of Port Bickerton Lighthouse

Rec. Hockey



Rec. Hockey is a NEW opportunity for ALL kids to enjoy the sport of hockey no matter what their skill level is. This program will take place on Tuesday's from 6-7 p.m. and is completely free of charge to participants. Children will be divided into "lines" based on their age group. We are looking for volunteers to help run the program on the ice. We are also accepting donations of hockey equipment. Recreation Hockey is FUN, NON-COMPETITIVE and INCLUSIVE!

Free Skates at the Recplex!

Free skates are back this year at the St. Mary's Recplex. Grab your skates and a **NOVA SCOTIA** helmet and head towards the rink every Saturday from 3-4 p.m. all season! Don't have skates you say...no problem! Use one of our pairs, for free! We have skates of all sizes at the rink that you can use at no cost to you. Free Skates at the Recplex are supported by the Province of Nova Scotia through Thrive!

Thrive!

Got a question? Give us a call!

If you have any inquires for St. Mary's Recreation, don't hesitate to call us!

Recreation main line: 902-522-2598

Rec. Coord. Kerri Penney:

kerri.penney@saint-marys.ca

Physical Activity Coord. Lindsay Robinson:

physicalactivity@saint-marys.ca



February 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Goshen Crib 7pm	2 Move It Monday 9am Country Harbour Cards8pm Port Bickerton W1 1pm Sherbrooke Zumba 6pm Ecum Secum Snowshoe 1pm #smsBEFIT 230pm St. Mary's Darts 730pm MM Crokinole 630pm	3 Liscomb Legion Meeting Meditation 11am Open Gym 630pm REC Hockey 6pm Boot Camp 630pm #smsBEFIT 230pm MM Bowling 630pm Greenfield Cards 1:30	4 Wakeup Wednesday 9am Kids First Drop In 9:30am T.O.P.S. Meeting 6pm Minor Hockey Bottle Drive Afternoon/Evening Sherbrooke Zumba 6pm #smsBEFIT 230pm Lions BINGO 7:45pm	5 Auction 45 Liscomb 8pm Open Gym 630pm #smsBEFIT 230pm	6 Maple Manor Bake Sale 2pm Book Club 11am Port Bickerton Penny Auction (StormDay) 7pm Senior's Cafe 9:30am Deadline for Volunteer nominations	7 Liscomb Crib 8pm Free Skate 3pm Minor Hockey Bottle Drive All Day
8 Goshen Crib 7pm	9 Move It Monday 9am Sherbrooke Zumba 6pm #smsBEFIT 230pm St. Mary's Darts 730pm MM Crokinole 630pm Council Meeting 7pm Country Harbour Cards8pm SMECA Penny Auction 7pm Sherbrooke Snowshoe 1pm	10 Meditation 11am HighCrest Birthdays 1:15pm Open Gym 630pm Boot Camp 630pm #smsBEFIT 230pm REC Hockey 6pm Greenfield Cards 1:30 MM Bowling 630pm Rec Hockey 6 pm	11 Wakeup Wednesday 9am Sherbrooke Zumba 6pm #smsBEFIT 230pm Lions BINGO 7:45pm Kids First Drop In 9:30am T.O.P.S. Meeting 6pm Port Bickerton Social 10am	12 Liscomb Chase the Ace 6:30pm Auction 45 Liscomb 8pm Sonora Crokinole 7pm Open Gym 630pm #smsBEFIT 230pm ATV Club Meeting 6pm Seniors Luncheon 12pm	13 Maple Manor Bake Sale 2pm Senior's Cafe 9:30am Seniors Social Greenfield 10am	14 Liscomb Crib 8pm Free Skate 3pm Bottle Depot 930am ATV Rally 10:30am ATV Supper 4pm ATV Dance 9pm Country Harbour Roast Beef Dinner 4pm
15 Goshen Crib 7pm	16 Heritage Day St. Mary's Darts 730pm MM Crokinole 630pm Country Harbour Cards8pm Liscomb Fire Dept Training 6:30pm Sonora Snowshoe 1pm	17 Meditation 11am Open Gym 630pm Boot Camp 630pm #smsBEFIT 230pm REC Hockey 6pm Greenfield Cards 1:30 MM Crokinole 630pm Liscomb Legion Pancake Supper 4pm Port Bickerton Pancake Brunch 11am	18 Wakeup Wednesday 9am Sherbrooke Zumba 6pm #smsBEFIT 230pm Lions BINGO 7:45pm Kids First Drop In 9:30am T.O.P.S. Meeting 6pm	19 Liscomb Chase the Ace 6:30pm Auction 45 Liscomb 8pm Sonora Crokinole 7pm Writers Group 7pm Open Gym 630pm #smsBEFIT 230pm Seniors Social Sonora 10am	20 Maple Manor Bake Sale 2pm Senior's Cafe 9:30am	21 Liscomb Crib 8pm Free Skate 3pm CH Gun Club Country Breakfast 8:30am CH Gun Club Mixed Dart Tournament 11am
22 Goshen Crib 7pm	23 Move It Monday 9am Sherbrooke Zumba 6pm #smsBEFIT 230pm St. Mary's Darts 730pm MM Crokinole 630pm Country Harbour Cards8pm Port Bickerton Snowshoe 1pm	24 Meditation 11am Open Gym 630pm Boot Camp 630pm #smsBEFIT 230pm REC Hockey 6pm Greenfield Cards 1:30 MM Crokinole 630pm	25 Wakeup Wednesday 9am #smsBEFIT 230pm Sherbrooke Zumba 6pm Lions BINGO 7:45pm Kids First Drop In 9:30am T.O.P.S. Meeting 6pm Port Bickerton Social 1pm	26 Liscomb Chase the Ace 6:30pm Auction 45 Liscomb 8pm Sonora Crokinole 7pm Open Gym 630pm #smsBEFIT 230pm Municipal Tax Sale 10am	27 Maple Manor Bake Sale 2pm Senior's Cafe 9:30am	28 Liscomb Crib 8pm Free Skate 3pm Bottle Depot 930am Country Harbour Open Mic Kitchen Party 7pm EC Musician Hockey 4:30 pm



Municipality of the District of St. Mary's NOTICE OF TAX SALE

In the matter of the Municipal Government Act of Nova Scotia Part VI and any subsequent amendments, the following lands and premises situated in the Municipality of the District of St. Mary's will be sold at Public Auction for arrears of rates and taxes, interest and expenses, as set forth below at the hour of 10:00 am, Thursday February 26, 2015 at the Municipal Office in Sherbrooke, Nova Scotia (8296 Highway 7) unless the amounts respectively due are paid in full on or before said date. A description of the noted properties may be seen at the Municipal Office in Sherbrooke, NS between the hours of 8:30 am and 4:00 pm Monday to Friday.

1. Account#01478184 Redeemable

1056 Hwy. #276 Goshen
Assessed to Goshen Ent. Ltd.
Taxes 8,280.11
Interest/Expenses 20,799.27
Total \$29,079.38

2. Account# 01621661 Redeemable

67 Hwy. # 211 Stillwater
Assessed to Thomas A. Mac Donald
Taxes 3,528.71
Interest/Expenses 0
Total \$3,528.71

3. Account#02084341 Non-Redeemable

1659 Hwy. #7 Lot 1 Marie Joseph
Assessed to Clement Fleet
Taxes 8,283.63
Interest/Expenses 5,414.47
Total \$13,678.10

4. Account#04752686 Non-Redeemable

Hwy. # 7 Ecum Secum
Assessed to Goodman Rosen Inc.
Taxes 4,095.74
Interest/Expenses 2,593.70
Total \$6,689.44

5. Account# 09457577 Redeemable

Hartling Dr. Lot 1 Spanish Ship Bay
Assessed to Dan Nguyen
Taxes 5,318.67
Interest/Expenses 2,448.56
Total \$7,767.23

6. Account#01696416 Non-Redeemable

124 Village Rd. Port Bickerton
Assessed to Ralph Jack & Angela Kaizer
Taxes 3,960.46
Interest/Expenses 2,118.87
Total \$ 6,079.33

7. Account#01026712 Non-Redeemable

1328 Hwy. 348 Caledonia
Assessed to Gerald F. Wallace
Taxes 4,587.82
Interest/Expenses 2,678.82
Total \$7,266.64

8. Account# 00326941 Redeemable

2111 Hwy. 211 Indian Harbour Lake
Assessed to Richard Mills & Glenna Mills
Taxes 3,066.71
Interest/Expenses 2,156.31
Total \$5,223.02

9. Account#04079876 Non-Redeemable

1614 Hwy. # 7 Marie Joseph
Assessed to Clement Fleet
Taxes 8,772.05
Interest/Expenses 2,363.21
Total \$11,135.26

10. Account#02334941 Non-Redeemable

4143 Sonora Rd. Sherbrooke
Assessed to Blanche Pace
Taxes 3,977.03
Interest/Expenses 1,831.97
Total \$5,809.00

11. Account#01515489 Non-Redeemable

52 Fleets Loop, Ecum Secum
Assessed to Clement Fleet
Taxes 5,240.07
Interest/Expenses 4,267.02
Total \$9,507.09

Terms: Taxes, Interest and Cost owing (Amount Advertised) to be paid at the time of sale by cash, money order, debit, certified cheque or lawyer's trust cheque, balance of your bid to be paid within 3 business days after the sale. The cost to prepare and register the certificate of sale and tax deed is the responsibility of the purchaser and is not included in Tax Sale Costs. HST may be applicable. Take notice that Tax Sales do not in all circumstances clear up defects in title. A tax deed conveys only the interest of the assessed owner, whatever their interest may be. If you are intending to clear up defects in the title of the property by way of Tax Sale, you are advised to obtain a Legal Opinion as to whether or not this can be done.

Note: For properties with less than 6 years owing, the redemption period has been reduced from 12 months to 6 months by the Municipal Government Act, Section 152.

The Municipality of the District of St. Mary's makes no representations or warranties to any purchaser regarding the fitness, geophysical or environmental suitability of the land(s) offered for sale by any particular use and are being sold on an "as is" basis only.

In the matter of the Municipality of the District Of St. Mary's
TAKE NOTICE
Property Auction (Properties not previously **SOLD** at Tax Sale)

The Auction will take place in Council Chambers 8296 Highway 7 at 11:30am, Thursday, February 26, 2015 following the advertised Tax Sale.

Notice is hereby given in accordance with Section 143(4) of Municipal Government Act.

TERMS OF AUCTION

1. The reserve bid is as indicated in the advertisement and will start as such. Cost of registration, Certificate, Sale at Deed preparation is responsibility of purchaser.
2. All properties are non-redeemable.
3. Terms of payment are same as per Tax Sale.
4. Property Taxes: The purchaser will be responsible for all property taxes beginning day of sale.
5. As In Tax Sale, All properties are Sold "As Is" and may not clear up any defects in Title.

TENDER BIDS

1. Account # 00602507

Land Dwelling Cameron Settlement
Assessed to Scott D. Mc Innis/Barbara Gray
Starting Bid: \$818.56

2. Account # 01516248

Land Hwy. # 7 Ecum Secum
Assessed to Est. Mrs. Nellie Fleet
Starting Bid: \$ 620.09

3. Account # 00668575

Land 2461 Sonora Rd. St. Mary's River
Assessed to Est. Ivan Douglas Findlay
Starting Bid: \$527.33

4. Account # 01265202

Land Marie Joseph
Assessed to Knut and Joan Brandal
Starting Bid: \$606.52

5. Account # 07136501

Land College Rd. South Lochaber
Assessed to Est. Joseph Lawrence Paris
Starting Bid: \$518.00

6. Account # 03685853

Land & Building, South Lochaber
Assessed to Doris MacGrath, C/O Robert
Patterson
Starting Bid: \$ 872.15

Dated January 20, 2015

David Gillis, Municipal Clerk & Treasure