



Municipality of the District of St. Mary's & St. Mary's Recreation

June 2015 Municipal Newsletter



Phone: 522-2049 www.saint-marys.ca facebook.com/DistofStMarys Rec: 522-2598

The DEADLINE to have information submitted for the July Issue of the Newsletter is June 17th at 4:00 p.m. Submissions can be received by fax: 522-2309 or drop off at Office 8296 Highway #7 Sherbrooke or email: council@saint-marys.ca. Subject line must read NEWSLETTER SUBMISSION. Also please note that we reserve the right to edit any and all submissions to this newsletter.

COUNCIL MEETING: The next Regular Meeting of St. Mary's Municipal Council will be held on **Monday, June 8th, 2015 at 7pm**, Council Chambers. The public is invited to attend. Check out our website for updated information.

BUDGET APPROVED

The Municipality of the District of St. Mary's approved their 2015/16 budget and set the tax rates for coming year at a Special Meeting of Council on Monday May 11, 2015. The 2015/16 operating budget is \$3,112,857 which is an increase of 1.3% over last year's budget. The new tax rates were set at \$0.87 for residential/resource and \$2.18 for commercial.

The budget includes the new Chief Administrative Officer position, a one year extension for the Active Living Coordinator and provision for enhancements for community and economic development activity such as inclusion in the new Eastern Strait Regional Enterprise Network. Over one half (54%) of the budget is comprised of three mandatory expenditures, namely Protective Services (policing and fire), Solid Waste and Education. The capital budget includes funding for the installation of dry hydrants to enhance fire protection services in communities within the municipality.

Plans for this year include undertaking a new strategic plan for the municipality, which will involve community consultation with the intention of identifying options for future development for the municipality.

St. Mary's Memorial Hospital

Foot Care Clinics are held at St. Mary's Memorial Hospital every Friday. For more information or to book an appointment, call the hospital at 902-522-2882 and ask for Katherine.

Solid Waste Collection Schedule

Please note a limit of clear bags is 4/week with a 50lbs weight limit per bag and unlimited recyclables. 1-800-261-0372

Zone 1	Zone 2	Zone 3
May 26 Recyclables	May 27 Recyclables	May 28 Recyclables
June 2 Garbage	June 3 Garbage	June 4 Garbage
June 9 Recyclables	June 10 Recyclables	June 11 Recyclables
June 16 Garbage	June 17 Garbage	June 18 Garbage
June 23 Garbage & Recyclables	June 24 Garbage & Recyclables	June 25 Garbage & Recyclables

Heritage Goldenville Society

Is now accepting applications for 2 student Interpretive Guide positions.

Employment begins late June. Please send resume to Alan MacDonald at glenelgns@gmail.com.

Port Bickerton Lighthouse

Student Job Opportunity - We are now accepting applications for the position of Junior Interpretive Guide at the Lighthouse Interpretive Centre for the months of July and August. Applicants must be 16 years or older and committed to continuing their education in the fall. A job description for the position is available on request. Applications should be sent to pbnsighthouse@gmail.com. Deadline for receipt of applications is June 5, 2015.

ST. MARY'S DISTRICT FOOD BANK

If you are in need of assistance (on-going or emergency basis), or would like information about the Food Bank, please call 328-4148 and leave a message. The phone number is exclusive to the Food Bank and all calls are confidential. Boxes for donations of non-perishable food items are located in Sherbrooke at St. Mary's Hospital

SHERBROOKE VILLAGE

Invitation: You are cordially invited to join Sherbrooke Village staff for an Open House Celebrating the retirement of long time Sherbrooke Village employee, **Gordon (Gordie) MacDonald** at the Village Exhibit Centre on Thursday, June 11 from 7 to 8:30pm

Sherbrooke Village Schedule of Events - June 2015

Every day, TREASURE HUNTS - Free to visiting children and families!

WE'VE GOT BOATS TO BUILD - The St. Mary's River Punt was the vessel of choice for anglers who came from all over the world to fish the salmon pools of the St. Mary's River. Thursdays and every second Sunday June 7 to August 30, 1 - 4 pm

SHERBROOKE SALUTES SENIORS- Monday, June 1, -Free admission 65 and up.

ADOPT-A-PUMPKIN- Sunday, June 7, -Planting 10:30am - 12 pm & 1 - 2:30 pm.

RHUBARB ROUNDUP - "Rhubarb Treats at the Jailhouse

FATHERS' DAY - Sunday, June 21, Dads will be admitted free. Dad's portrait is 20% off today at ambrotype.

"Catechisms in the Wilderness" Saturday June 27, being presented by Marilyn Haugen-Strand and

Company at St James Presbyterian Church, 6:30 pm
CD LAUNCH - Sunday, June 28-East Coast Launch of Nick Whalen's First CD, "TALL TUNES" Featuring Lesley & George Brothers at the Courthouse.

Mon. June 29 to Thurs. July 2 - ROAD TO STANFEST SONGWRITERS' CAMP - Instructors: Catherine MacLellan, Jon Landry, Nathan Rogers & Thom Swift

July 2, Grand Finale Concert at St. James Presbyterian Church 7:30 pm

Note: These events are subject to change.

Call for more information of registrations 902-522-2400 or toll free 1-888-743-7845

Port Bickerton Women's Institute News:

Next Meeting: Monday, 1pm June 1, 2015

Our last meeting until September...Making plans for Socials in the fall and Other Projects, and our Closing Supper Come and share your IDEAS AND TALENTS Visitors always welcome....**WI Quilt update:** Quilt is finished and tickets are for sale from members and Whitney's and Rhonda's [Styles Unlimited]. We will also be selling tickets in Antigonish on different dates in June and July...Please support this as it is our main fundraiser. We are able to put on our Christmas Seniors Banquet as well as donating to many Charities...

THANK YOU FOR YOUR GENEROUS SUPPORT SOCIAL [final until fall] **May 27, from 12:30 to 4pm**

Come out and have a cup of tea, play a game or knit a "yarn" with a friend... **Enjoy your summer...Be safe and we are looking forward to more events in the fall**

The Baptist Congregation of Port Hillford, Port Bickerton and Sonora

(Members of the Convention of Atlantic Baptist Churches)

We welcome you to our June worship services and events:

June 7, 11 AM - Port Bickerton Baptist Church

June 14, 11 AM - Sonora Baptist Church

June 21, 11 AM - Port Hillford Baptist Church

June 23, 7 PM - Concert by Phil Williams at Port Hillford Baptist Church

June 28, 11 AM - Port Bickerton Baptist Church

For further information, call 902-522-2087 or email

hbs.baptist@ns.sympatico.ca (Rev. Norman Pearce). See us on Facebook: The Baptist Congregation of Port Hillford, Port Bickerton and Sonora

Phil Williams Live In Concert

Tuesday, June 23, 7:00 p.m., Port Hillford Baptist Church (2763 Rte. 211)

Pastor Phil Williams of Woods Harbour, NS will share southern gospel songs and sacred recitations, including songs from his new CD, "Beyond the Sunset". Phil sang and spoke at our Fishermen's Service on April 12, and wanted to return with this solo concert. Anyone who heard him then will want to hear him again. Check out Phil on Facebook! Free will offering. All welcome.

Mass Times for the Catholic Communities of:

St. Paul's [Sherbrooke] Sunday at 11:30am...

St. Patrick's [Lochaber] Sunday at 10am...

St. Joseph's [Ohio] Saturday at 5pm and Sunday at 8:30am Parish Priest: Fr. Alphonsus IK Iwujii

Glenelg Presbyterian Church

Lobster and Ham Supper, May 30th from 4:00-6:00 PM, at the Presbyterian Church in Glenelg. Cost Lobster Supper Adults \$ 15.00, Children \$ 7.50 Ham Supper Adults \$ 8.00, Children \$ 4.00

St. Mary's Minor Hockey

The St. Mary's Minor Hockey Association is looking for members for its committee. Without a strong committee, there will be no fundraising this summer or group to organize things for next season. Please consider donating some of your time to ensure that our children can play hockey now and in the future. Positions available are secretary, registrar and book keeper. Sport plays a very important role in the healthy development of a child, please consider volunteering.

Guysborough County 55+ Games

Members of the organizing committee for the upcoming 55+ games are selling tickets on a one night stay for two at the Liscombe Lodge. Ask your local senior's organization about how to get some tickets! Tickets are also available at the municipal office in Sherbrooke. Proceeds will go towards the on August 19/20 at the Liscombe Lodge! Draw date: June 26th, 2015.

Eastern Region Solid Waste Management Community Bin Project

This funding program sponsored by St. Mary's Municipality and RRFB Nova Scotia is to assist community groups with up to 50% of the costs of waste sorting stations to replace single stream containers managed by your group. Access to proper waste sorting stations will assist Nova Scotian's achieve our provincial disposal target of 300kg per person per year. Interested community groups must complete application (available at the Municipal Office) and submit to Eastern Region Solid Waste Management by February 5, 2016.

Litter Clean-up Incentive Application

A community group can apply to receive up to \$500 to clean litter from a roadside or other public property. This application must be submitted and approved prior to the clean-up. Funding is limited so get your application in early. Available at the Municipal Office

Bicycle Season is upon us!

With warmer and dryer weather approaching, many kids throughout Guysborough County are getting their bikes out from a long winter storage!

With keeping safety in mind, the Nova Scotia Motor Vehicle Act includes a section relating to bicycles, and the requirement to wear a bicycle helmet.
Bicycle helmet - Section 170A

"(1) in this Section, "bicycle" includes any device designated to transport passengers and to be drawn by a bicycle.

(2) No person shall ride on or operate a bicycle unless the person is wearing a bicycle helmet that complies with the regulations and the chin strap of the helmet is securely fastened under the chin.

(3) No parent or guardian of a person under sixteen years of age shall authorize or knowingly permit that person to ride on or operate a bicycle unless the person is wearing a bicycle helmet as required by subsection (2)

(4) R.S., c. 293 every person who is sixteen years of age or older who violates a provision of this Section is guilty of an offence.

(5) A peace officer may seize and detain, for a period not to exceed thirty days, a bicycle that is being ridden on or operated by a person not wearing a helmet as required by subsection (2). "

Remember to ride with the flow of traffic, which means ride your bike on the same side of the road as you would if you were in a car and you must obey the same rules of the road when riding your bike as you do when driving a car.

Wearing a helmet is *also* mandatory when using a scooter, a skate board, in-line skates, and roller skates!

The Guysborough District RCMP want to ensure that all kids, big and small, enjoy riding their bikes, scooters, skate boards, in-line skates, and roller skates this summer, but most importantly, *doing it safely!* Contact Person: Cst. Shane A. Foster
Guysborough District RCMP 902-522-2200

Maple Manor Bake Sale Friday at 2:00 pm



St. Mary's Lion's Club

A reminder to area residents of the walkathon that the St. Mary's District Lions Club is sponsoring on May 30th, 2015. Please come out and support our hospital by walking or sponsoring a walker.

The 2km walk will leave from the Information Center in Sherbrooke Village and circle the old race track below the village and proceed up the back street returning to the Information Center. Walkers please register at the Information Center between 9:30 and 10:00am. There will be event T-shirts for all the walkers registered!!! The pledge sheets were on the back page of the April Municipal Newsletter. **Thanks to our community for continuing to support of our Lion's Club project.**

GUYSBOROUGH COUNTY CAREERS NOVA SCOTIA CENTRE

FREE ACCESS TO EMPLOYMENT RELATED SERVICES FOR ALL RESIDENTS OF GUYSBOROUGH COUNTY

- ✓ Job Search Assistance
- ✓ Create and update Resume & Cover Letter
- ✓ Information and referrals for Employment Nova Scotia Programs
- ✓ Interview Coaching
- ✓ Job Board
- ✓ Job postings at Guysborough County Careers Nova Scotia Centre Facebook Page
- ✓ Free posting of job ads to employers and client referral

Please contact us for all your employment and career decision needs!

SHERBROOKE - ST. MARY'S MUNICIPAL OFFICE BUILDING

Hours of Operation for June: Wednesday, June 10th and June 24th, 2015 from 10am-2pm. Please contact us to arrange an appointment.

Seniors Luncheon

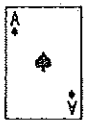
Tuesday, June 2, 2015, at the Ecum Secum Fire hall, at NOON, barbecue, and sweet and sour chicken legs on the menu as well as veggies and dessert. Donation box at the door, Take outs available after all present have been served. All Seniors Welcome.

Port Bickerton Community Centre

Chase the Ace Thursday's at 7pm

Tickets sold until 8:30pm

Seashore Volunteer Fire Dept. Bar is open
Gov't ids may be requested.



St. Mary's Girl Guides are seeking a Pathfinder Leader for September. Make a difference in the lives of girls...and they'll make a great difference in yours! Contact Kaytland at 902-833-2039



Indoor Flea Market at St. John's Church Hall

Necum Teuch – Highway #7

Time: 9am – 1pm

When: June 13, 2015

Serving: Hot Brunch, Tea-Coffee

Sale Items: Baked Goods, Toys, Books, Clothing, CD's,

Tapes, Games, Dishes and more

Contact for table bookings Helen 347-2182

Flea Market dates:

July 11, Aug 8, Sept 12, Oct 10 2015



GOSHEN Community Centre

Every Wed from 12:30 to 1.p.m walk

1 to 4 pm Games afternoon

Crib@ 7:30p.m. On Wednesdays Starting June 3

June 20th 7:30 Variety Concert

June 27th breakfast from 8:30 to 10.00

Port Bickerton Lighthouse News

Lobster Raffle - Congratulations to Cecil Langille, Myrna Johnstone and Ian McKeen whose winning tickets for 10 lbs. of fresh lobster were drawn on Mother's Day.

Beach Clean-up - Many thanks to the two dozen generous volunteers who assisted with our annual beach clean-up on May 18! Your efforts to keep our beautiful shoreline clean is much appreciated.

Lighthouse Quilt - Stay tuned for the debut of our ever-popular Port Bickerton Lighthouse quilt in the very near future.

Friends of the Port Bickerton Light - There's still time to purchase your 2015 "Friends of the Light" membership. Check out our website at www.portbickertonlighthouse.com for further details.

"Save the Date - 2 pm Saturday, June 13th, 2015. Dan MacDonald, Artist-in-Residence at the Port Bickerton light keeper's house will be hosting an Artist Talk at the Port Bickerton Community Centre from 2-4 pm to discuss photography, his current work and what he's been up to during his residency. Refreshments will be served and all are welcome. Please come and meet Dan and support this worthwhile artist in residence programmer. Admission as always is free."

Thank you for your continuing support!

YARD SALE

There will be a multi-family indoor yard sale + with baked goodies at the Fire hall in Isaac's Harbour on Saturday June 13th from 10 am - 1 pm. Come on out and find a treasure!



YARD SALE

Annual CANADA DAY yard sale St.

Mary's River Association 8408 Highway #7

Sherbrooke Wednesday July 1, 2015 Time: 9 am – 2 pm Donation of items greatly appreciated.

Funds raised for the SMRA Interpretive Centre

Sonora Community Centre

"Spring Tea by the Sea" Saturday, June 6th@ 2-4pm Jewelry Demonstration by Darlene Feltmate, Door Prizes, Cost \$6.00. Come join us for an enjoyable afternoon.

Sherbrooke Library

Chat Line for June 2015

Writers Group – Thursday afternoon, from 2-4 in the program room.

Meditation Class – Tuesdays from 11 – noon. Learn how to meditate followed by a short practice. Feel the peace and calmness. Newcomers are welcome to join.

Village Readers' book Club – The first Friday in the month – June 5th at 11:00 am.

Seniors' Café – Fridays at 9:30 am. Join us for a snack, conversation.

Advanced Announcement – A Summer Learning Challenge is being planned for ages 6-13 years old in July. Claymation, robots, gardening, and science experiments are some of the topics. Tentatively, this is scheduled for Monday evenings in July from 6-8.

Library Hours:

Monday, Tuesday, Thursday: 11am-4pm

Friday: 9:30am-2:30pm Saturday 10am-1pm

ROYAL CAN. LEGION BR. #86 LISCOMB

Next general meeting will be held on **Tuesday June 2** Please take time to attend and support your legion

ACTIVITIES:

AUCTION 45's – Thursdays at 8pm \$5

CRIBBAGE – Saturdays at 8pm \$5

CHASE THE ACE: Continues 6:30 -7:30pm

Every Thursday until the Ace of Spades is revealed

CANADA DAY CELEBRATIONS:

Don't miss Canada Day Celebrations in Liscomb- 10:30-1:30

Games for all ages, easy dunker, bounce castle and more

BBQ lunch and treats followed by Penny auction at 1pm

The Community Choir Spring Concert will be held on **Monday, June 8th, 2015, 7:00 PM**, at **St. John's United Church, Sherbrooke**. The concert is **A TRIBUTE TO FANNY CROSBY (1820-1915)**. Come hear some of the hymns that Fanny composed such as "Blessed Assurance", "To God Be the Glory", and "Redeemed How I Love to Proclaim It", as well as other solos and specials. A freewill offering will be received for the St. Mary's District Food Bank. Everyone is welcome.

St. Mary's Garden Club

Next Meeting is on Tuesday, June 9th @ 2pm in the Community Room of the Municipal Building. There will be a short meeting and a demonstration of flower arranging. Everyone Welcome.

The PLANT SALE will be held on Saturday, June 13th at 10 am in the Lion's Hall. For more information call Karen Ward@902-779-2285.

THANK YOU

The family of the late Ida Mailman would like to express our heartfelt thanks to those who brought food, send sympathy cards, made memorial donations, phone calls or visits during this difficult time. Your kindness will always be remembered. Brian, Sheila, Brenda and families.

Women's Institutes of Nova Scotia

"Learning, Sharing and Improving the Quality of Life for All" Women's Institute members are interested in the following issues.....Are you? Health and nutrition,
Agriculture awareness, "Buy Local" initiatives
Environmental awareness, International Understanding
Water Quality, Traditional Arts and Crafts
Literacy, Personal Development, Leadership Skills
Rural Development. We are part of the world's fastest rural women's organization, the Associated Country Women of the World, with more than seven million members world-wide and we also belong to our national affiliation, the Federated Women's Institutes of Canada. Would you like to find out more about the Women's Institutes?
Contact the WINS office 902-843-9467

THANK YOU

We would like to thank everyone who helped us to celebrate our 50th wedding anniversary at the Country Harbour community hall. Thanks for all the cards monetary gifts. It was well appreciated. Special thanks to those who help organize to make the day a success. Rod & Joan McMullen

SHERBROOKE AND AREA VOLUNTEER FIRE DEPARTMENT GOLF TOURNAMENT

Red Hill Golf Course in Indian Harbour Lake.
Registration between 8 and 8:30 am, Tee time 9 am. 4 per Team, \$30.00 per person. There will be hotdogs, hamburgers and cold drinks for sale during the day. To Register a Team Call 902-522-2116(Chrissy) and 902-522-2204(Wayne). Come out and support your local fire department if you would like to make a donation please contact us

The 1st Sherbrooke Village Old Fashion Christmas GOLF TOURNAMENT is a GO!!!

Saturday, July 18th 2015, Red Hill Road Golf Course, Indian Harbour Lake, NS Teams of 4
Registration \$30.00 per person space for 18 Teams!
To pre-Register call Heather @ 902-5222463
Beulah @902-522-2184 or Debbie @ 902-522-2265
or look for the sign- up sheets at Red Hill Golf Course or Sherbrooke Garage. Hope we see you all there!!

Eastern Region Solid Waste Management Committee

Congratulations to Megan Smith - Nova Scotia Recycles Award Winner

Last fall grade 12 students were invited to submit a research essay to the Nova Scotia Recycles Contest. Megan Smith of St Mary's Academy submitted a research essay titled 'Reduce-Reuse-Recycle' and was awarded with a \$750 scholarship to any post-secondary education institution. Way to go Megan!! The NS Recycles Contest is open to students in primary to grade 12. The contest varies by grade and will be launched again this fall. Details will also be available at www.putwasteinitsplace.ca.

Greetings from High-Crest!

Wow! We have a lot of residents celebrating their birthdays in June:

Joan Moore	June 3rd
Mary Janet Cormier	June 4th
Phyllis Mason	June 4th
Tom Gilfoy	June 7th
Dorothy Osborne	June 11th
Teresa MacDonald	June 16th
Catherine Sponagle	June 12th
Samuel Hudson	June 30th
Elsie Smith	June 30th

The Home buddies will be hosting a party on June 9th at 1:15 to celebrate. We will play bingo, sing some songs and enjoy delicious birthday cake and ice cream as well as each other company. Everyone is welcome!

I am very pleased to say that we will be back on the road again soon! We are borrowing the wheel chair accessible bus from our sister home in Springhill again for the summer! Thank you to anyone who has sent us donations to help out with our "bus fund". We will look for you all; you can find us anywhere ice cream is sold!

On June 18th the grade 1, 2 & 3 students of St. Mary's will be participating in a walk-a-thon for their "Grand friends". The "Grand friends" is a reading and socializing program between the students and residents of High-Crest. It is a wonderful learning and sharing experience with lots of joy and anticipation for both parties. So you may be getting a visit and a request to sponsor one of the children! Please help them in their quest to walk for their "Grand friends". Thank you for supporting your local Nursing Home!

The Ecum Secum Fire Department will hold a penny auction on Aug 15th at the Fire Hall. Start time is 7pm. Duck Race Aug 16th to be held at the bridge in Fleet's Settlement. Duck tickets can be purchased from the firemen or the ladies auxiliary. All proceeds to the Fire Dept.

Indian Harbour Lake - Jordanville

Community Centre Next Hall Meeting will be Monday, June 15@7pm. Everyone Welcome! A fund raising Golf Tournament will be held at the Red Hill Golf Club on Saturday, July 4th.

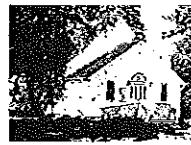
Registration will begin at 9 am. Register teams of 4 players at \$30.00 per person, only 18 teams will be registered. Call 902-522-2465(Jim Mills) or 902-522-2369(Doreen) or at the Red Hill Golf Club. A potluck supper will be held at the community center after the tournament & prizes will be given out then. A lunch of hamburgers and hotdogs will be sold at noon. Come out for a great day of fun.

Tree of Hope Campaign Update For Memorial Place and S.H.O.P.S.

Support for our campaign is growing all the time and we are very pleased to announce that we have raised a total of \$20,391 since February. We have received close to \$2000 since our last report from within the Municipality and are so glad to see community groups as well as individuals participating in this effort. A big boost for the total came from a \$10,000 donation from the Sisters of St. Martha and a \$2,500 donation from Farmer's Mutual and our thanks just isn't enough for the contribution from these two organizations. The total also includes \$4,900 in pledges over five years. A special thanks goes out to our S.H.O.P.S. President Colin Coady and all the volunteers who have helped him out with the RecPlex canteen over the last three seasons. This group alone has raised a total of \$17,147.52 for the project and should be congratulated for their dedication and success. The canteen will remain as an invaluable funding and training source for S.H.O.P.S once Memorial Place is complete.

The Tree of Hope Campaign started out with a fundraising goal of \$480,000 which has since increased to \$498,334 to complete the project. A total of \$155,000 was received from the Provincial Government, \$60,000 from the Municipality and our fundraising group has raised \$126,943.38. These figures plus some interest leads us to a grand total of \$344,255.94 raised for Memorial Place and S.H.O.P.S. We are currently looking for some Federal funding opportunities that may be able to assist us with this goal and continue to work on funding requests. Community Support is a big part of the picture and your donations are very much appreciated. Please make a donation and add your name to the growing list of supporters. Mail to P.O. Box 124, Sherbrooke, NS, B0J 3C0 and address and make your cheque payable to S.H.O.P.S. A taxable receipt will follow.

TOPS In LISCOMB Looking for help and support with your weight....Check us out....Meeting times:
Every Tuesday @ 6:00 pm at the *Bayview Baptist Church Hall* See you there...



Indian Harbour Lake Pentecostal Church June Worship & Activities Sunday, June 7th, 14th, 21st & 28th

11:00 am Morning Worship

Sunday, June 21st 6:30 p.m. Praise & Prayer

Sunday June 28th 11:00 a.m. Baptismal Service

Weekday Activities

Wednesday, June 3rd 7:00 p.m. Bible Study

"What Does the Bible Say About Prayer?"

Friday, June 5th Youth Group (Ages 12-18) at the parsonage

Saturday, June 27th 1:00 - 4:00 p.m.

Prayer Power Hours

All are Welcome! For more information, contact

Pastor Dave Connolly at 522-2759 or

ihlpastordave@gmail.com

Prayer Power Hours

You are invited to stop by Indian Harbour Lake Pentecostal Church on June 27th 1:00 - 4:00 p.m. to spend some time in personal prayer.

We will also be available to join with you in prayer to God for your concerns. "More things are wrought by PRAYER than this world dreams of" Alfred Lord Tennyson

COUNTRY HARBOUR GUN CLUB

June 20 Country Breakfast - 8:30 - 10:00

Adults: \$7.00 & Children: \$3.00

CARDS: Monday Nights@8pm-Admission: \$5.00

Crib & Chase the Ace: Friday Nights@7:30- Admission: \$5.00

There will be an ATV Club meeting on Thursday, June 11th at 6pm in the United Church Basement in Sherbrooke. All welcome!



Community Yard Sale

Yard Sales will be held on August 1 from 10:00 am. to 2:00 pm on Highway 211 from Stillwater to Port Hilford. Anyone having a sale is asked to mark your spot with balloons or a sign. Everyone is welcome to find a spot and join in. Tables will be available at the community center for rent of \$5.00. Call 902-522-2369 to book tables. NO EARLY BIRDS PLEASE

Happy 80th Birthday

A celebration of Betty Reid's 80th birthday will take place at Port Bickerton Community Centre on Saturday 30th May, 2015 from 2.00 - 4.00 p.m. Best wishes only.

Dodge Ball Tournament

St. Mary's Recreation would like to host an Adult Dodgeball Tournament at the St. Mary's Recplex June 27th. Teams would consist of 6-10 with registration costing \$5 per person. If you register your team before June 1st, the cost will be \$4 per person. There would be a BBQ on site and possibly a dance following! There will be prizes and a trophy for the winning team! Register by calling 522-2598. Recreation will be entering a team, and we would like to "throw" out a challenge to all non-profits in our community to do the same!



Recreational Scuba Diving Course



We all know what St. Mary's looks like from land, but how would you like to get a whole new view of our municipality – underwater! A Recreational Scuba Diving Course will be held locally, with pool classes taking place at the StFX Pool and ocean dives taking place right here in St. Mary's. Pool classes will take place on June 20/21 Weekend from 8:30am to 4:30pm. The cost is \$500. All the necessary SCUBA equipment will be provided and is included in the course. **Must be:** minimum of 16 years old, in good health (medical form required), able to swim (swim test required) A non-refundable \$250 deposit is required by no later than June 5th and can be paid at the St. Mary's Municipal Building with the balance payable no later than June 19th. For more information contact the Recreation Department.

Physical Activity Strategy for the District of St. Mary's

The Municipality of the District of St. Mary's will be conducting a series of focus groups for each community in St. Mary's. Our community consultations will be open to the public and information will aid in the development of a Physical Activity Strategy. Snacks and refreshments will be provided, we look forward to your participation. ** We expect all meeting to be approximately two hours.

Community	Date and Time	Location
Ecum Secum/ Liscomb	Monday, June 1 st @ 6pm	Liscomb Legion
Goshen/Aspen	Wednesday, June 3 rd @6pm	Goshen Com. Centre
Port Bickerton/ IHL	Monday, June 8 th @ 6pm	Port Bickerton Community Centre
Sherbrooke/Sonora	Tuesday, June 9 th @6pm	Sherbrooke Lions Hall

Goshen Community Garden

Planting season is here and the Goshen Community Garden is looking for volunteers! All ages and abilities are welcome and invited to lend a hand. If you are a gardener, a builder that can help with special projects, volunteer or just curious about growing your own food, please get in touch with us! The Goshen community Garden is for everyone and we hope that it can be a learning space. If you're interested in learning about sustainable agriculture this may be a good place to learn! Any involvement is much appreciated!



St. Mary's Fitness Centre

Join our team and work towards living a healthier life!
June 2015 Schedule (subject to change)

Monday	Move It Monday: 9:00-10:00am Regular Hours: 2:30-8:00pm
Tuesday	Regular Hours: 2:30-8:00pm Boot Camp: 6:30 p.m.
Wednesday	Wake up Wednesday: 9:00-10:00am Regular Hours: 2:30-8:00pm
Thursday	Regular Hours: 2:30-8:00pm Boot Camp: 6:30pm
Friday	Drop In: 9:00-10:00am Regular Hours: 5:00 – 8:00 p.m.

#smsBEFIT

Students 15 years+: St. Mary's Fitness Center is offering a new program to give students an opportunity to use the facility at a discounted price of \$2 Mon-Thurs 2:30-3:30.

Move It Monday/Wake up Wednesdays!

St. Mary's Recreation offers a drop-in class every Monday and Wednesday morning from 9-10 a.m. at the Fitness Centre. This class is free for members and \$2 to drop in!

Lose your Booty Boot Camp

Join us for Lose Your Booty Boot Camp every Tuesday/Thursday at 6:30-7:30 p.m. This class is a 60 minute circuit style work out that will have you sweating away those unwanted calories. \$2/Free for members.

Guided Hikes

Guided hikes will be offered in each community throughout the summer. If it is a good turn out, we will continue to offer hiking. Beginners and all ages welcome! Please bring water and proper footwear. Hiking Schedule:

Date & Time	Location
June 18 th 11am	Mayflower Trail - meet in the parking lot on the side of the road near the Liscombe Lodge
June 25 th 11am	Stonewall Leisure Park - meet at the Salmon Museum on Hwy. 7
July 9 th 11am	Liscomb River Trail - Meet in Liscombe Lodge parking lot
July 16 th 11am	Port Bickerton Lighthouse Trail - Meet in the upper parking lot
July 23 rd 11am	Cape St. Mary's Trail - Meet at Wharf Rd.

Sherbrooke Zumba



A new 8 week/16 class session of Sherbrooke Zumba has started! Zumba takes place at St. Mary's Education Centre/Academy every Monday and Thursday from 6-7 p.m. Instructor Maria Tate leads a special Zumba Toning/Sentao Class on Monday's and regular Zumba on Wednesday's! 6 class punch cards are always available for \$36 and can be purchased at the municipal building.

Got a question? Give us a call!
If you have any inquires for St. Mary's Recreation, don't hesitate to call us!
Recreation main line: 902-522-2598
Kerri Penney: kerri.penney@saint-marys.ca
Lindsay Roblson: physicalactivity@saint-marys.ca

Summer Day Camps

Recreation Summer Day camps will return this year! Day camps are for children ages 4-12 and run for 8 weeks in July and August. These camps are completely free of charge to participants. A detailed schedule will be included in the July newsletter and Registration forms will go home with children at school and will be available online and at the Municipal Building in Sherbrooke.

Story Bugs

Guysborough County Kids First is partnering with St. Mary's Recreation to put on a four week Story Bugs program starting on Tuesday June 2nd. This program will run from 9:30-11:30 a.m. Recreation Staff will offer a 45 minute Tumblebugs program and there will be story time/play time with Kids First. A healthy snack will be provided. All children who will be four by Dec. 31/2015 are welcome to attend. This is a free drop-off program!

Country Girls Camping Trip

Country Girls was a great success this year! The girls had such a great time in woods that we've decided to put their skills to the test and host a camping trip. The camping trip will be on June 5th, beginning afterschool. Registration and equipment lists will be sent home, please bring registration to SMECA or hand it directly to Lindsay at the program. If you have any questions, please contact the Rec. Dept.

June Kid Fit!

Our super active 16 week program is back and bigger than ever! We have new equipment, new locations and loads of new games! The program is designed to help children in grades primary to grade 6 get the recommend 60 minutes of vigorous physical activity they need to stay happy and healthy! Children will arrive by bus to their local community centers and participate in fun games. Children must have a **NEW BUS NOTE** each week they wish to attend the program. The program runs to 5pm each day. June Schedule:

Monday	Tuesday	Wednesday
June 1 st - Ecum Secum	June 2 nd - Sonora	June 3 rd - Port Bickerton
June 8 th - Liscomb	June 9 th - Sherbrooke	June 10 th - Goshen
June 15 th - Ecum Secum	June 16 th - Sonora	June 17 th - Port Bickerton

Open Gym

Open Gym will continue for all school aged children from 6:30-7:30 p.m. at St. Mary's Education Centre/Academy on Tuesday's and Thursday's for the month of June. When the weather is nice, children will play outside! Equipment is provided for this program.

Trail Blazers



Trail Blazers is in full swing! Our outdoor adventure program for children in grades 3-7 takes place from 2:30-4:30 on Tuesday's. As always, our program is based outside - so children **MUST** come prepared to play in the woods. Our annual spring fishing trip will be held at Nimrod's Campground on June 2nd. Permission forms have been sent home.

Summer Job Opportunities:

To apply, send a cover letter/resume with references by email, kerri.penney@saint-marys.ca, fax (902)522-2309 or drop off in person to the municipal office. Deadline: June 3rd, 2015 at 4pm

Summer Recreation Leader:

Working under the direction of the Recreation Coordinator, Recreation Summer Leaders will develop and provide programming at recreation day. Position starts July 1st- August 28th. Pays \$10.60/hour. Training provided.

Swimming Coordinator/Life Guard

Working under the direction of the Recreation Coordinator, Swim Coordinator/Life Guard's main focus will be to develop a quality water safety program aimed at the development and implementation of swimming lessons and water safety initiatives. Coordinator will also assist with day camps. Position starts July 1st-August 28th. Pays \$11.10/hour. National Lifeguard certification/Red Cross Water Safety Instructor certification necessary.

Swimming Instructor

Working under the direction of the Recreation Coordinator and the Swimming Coordinator, the Swimming Instructor's main focus will be to deliver a quality water safety program aimed at the development and implementation of swimming. Swimming instructor will also assist with day camps. Position starts July 1st-August 28th. Pays \$11.10/hour. Red Cross Assistant Water Safety Certification necessary.

St. Mary's Socials

It's officially BBQ Season! St. Mary's Recreation will be hosting BBQ Socials in the month of June. These events will consist of a lovely BBQ lunch, outdoor based activities (washer toss etc.) and possibly an afternoon walk. Everyone is invited to attend these events. In the month of June we will be visiting: Sonora Community Centre - June 12th 11-2 p.m. Greenfield Oldsters Club - June 23rd 12-3 p.m.

Walk and Talk

Spring is in full swing in St. Mary's - so why not get out and enjoy it! St. Mary's Rec. will be hosting walking socials in each community where you can choose to take a part in a "challenge". How does it work? We will start by setting a goal, for example: "Our community wants to walk to Cape Breton". Cape Breton is about 213km away so we will meet each week and record how many kilometers we walk and add them up! It may take weeks or months to reach the goal but once we do we will celebrate with a potluck! This program is excellent for those who want to become active or socialize with other in the community. For more information or to sign up, get in touch with us! Walk and Talk schedule:

Sherbrooke Village parking lot	Tuesday May 26 th @ 6pm
Sonora Community Centre	Thursday, May 28 th @6pm
Liscombe Legion	Tuesday, June 2 nd @6pm
Ecum Secum Fire Hall	Thursday, June 4 th @6pm

Aqua Fitness

Our fun and inclusive Aqua Fitness Program will return in June at the Liscombe Lodge pool. Aquafit is a great low impact work out that uses water resistance to increase cardiovascular health, muscle endurance and strength. This program will take place on Thursday mornings at 10:00 a.m. The cost is \$2 a class.

**MUNICIPALITY OF THE DISTRICT
OF ST. MARY'S**

**CANADA DAY
SCHEDULE**

(Final Schedule to be included in July Newsletter)

Saturday, June 27th

Adult Dodge Ball Tournament

Register by June 19th, 2015

Teams of 6-10, \$5 per person.

Minimum of 4 teams needed to proceed.

Sunday, June 28th

Community Market

St. Mary's RecPlex

12 p.m. – 3 p.m. (set up for sellers at 11 a.m.)

FREE to book a table – call 522-2598 to book today

Wednesday, July 1st – Canada Day!

Morning Celebrations in Goshen and Liscomb (full schedule to come)

St. Mary's Municipal Street Parade

The 2015 Parade Theme is the Canadian Flag. The Flag just celebrated its 50th Birthday!

3:30 p.m. line up at the Recplex, 4:00 p.m. start

Community will vote for 1st, 2nd and 3rd place floats!

Contact Kerri Penney to register your float – 522-2598

FREE Family fun picnic and games

Sherbrooke Ball Field – following parade

Bring picnic/concession stands available

Family fun games, bouncers, pony rides and more!

Canada Day cake!

Live Entertainment at the Sherbrooke Village Performance Centre

7:00 p.m.

Glow in the Dark Zumba

Wear your brightest colours, and bring your glow sticks!

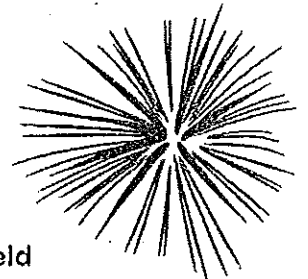
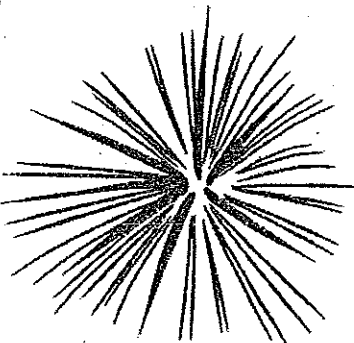
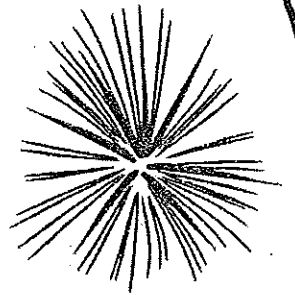
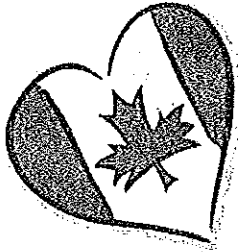
Following live entertainment.

Fireworks

Firework display to end off the day at the Sherbrooke Ball Field

Canada Day in St. Mary's is made possible through funding from the
Government of Canada

Canada





June 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 PB Women's Institute Mtg. 1pm Kid Fit in Ecum Secum 3-5 PA focus group Liscomb 6pm Sherbrooke Zumba 6pm Country Harb Cards 8pm	2 Story Bugs 9:30am Ecum Secum Seniors Lunch 10am Meditation 11am Greenfield Cards 1:30pm Trail Blazers 2:30 Kid Fit in Sonora 3-5 p.m Liscomb Walk and Talk 6pm TOPS Mtg 6pm Boot Camp 6:30pm Open Gym 6:30pm Liscomb Legion Meeting	3 Wake-up Wednesday 9am Ecum Secum Social 10am Goshen Walk 12:30pm Goshen Game Day 1pm Kid Fit in Port Bickerton 3-5 PA focus group Goshen 6pm St. Mary's Girl Guides Meet Goshen Crib 7pm Lions BINGO 7:45pm	4 Aqua Fitness 10am Writers Group 2pm Sherbrooke Zumba 6pm Ecum Secum Walk and Talk 6pm Boot Camp 6:30pm Open Gym 6:30pm Liscomb Chase Ace 6:30 PB Chase Ace 7-8:30 Liscomb auction 8pm	5 Fitness Ctr. Drop in 9am Seniors Cafe 9:30am Book Club 11am Maple Manor Bake Sale 2pm Sonora penny auction 7pm Country Harb Crib/Ace 7:30pm Stillwater Card Play 8pm	6 Sonora Tea by the Sea 2pm St. John's Church Turkey Dinner 4:30pm Liscomb Crib 8pm Jive For Jacob 9pm
7 Move it Monday 9am Kid Fit in Liscomb 3-5 Sherbrooke Zumba 6pm PA focus group PB 6pm Council mtg. 7pm Choir Spring Concert 7:00pm Country Harb Cards 8pm	8 Story Bugs 9:30am Meditation 11am High-Crest Bday Party 1:15 pm Greenfield Cards 1:30pm Garden Club Mtg 2pm Trail Blazers 2:30 Kid Fit in Sherbrooke 2:30-5 TOPS Mtg 6pm PA focus group Sherbrooke 6pm Boot Camp 6:30pm Open Gym 6:30pm	9 Wake-up Wednesday 9am Ecum Secum Social 10am Goshen Walk 12:30pm Goshen Game Day 1pm Kid Fit in Goshen 3-5 St. Mary's Girl Guides Meet Goshen Crib 7pm Lions BINGO 7:45pm	10 Aqua Fitness 10am Writers Group 2pm Sherbrooke Zumba 6pm ATV Club Mtg. 6pm Boot Camp 6:30pm Open Gym 6:30pm Liscomb Chase Ace 6:30 PB Chase Ace 7-8:30 Liscomb auction 8pm	11 Fitness Ctr. Drop in 9am Seniors Cafe 9:30am Sonora Social 11am Maple Manor Bake Sale 2pm Stillwater Card Play 8pm	12 St. John's Church Market 9am Bottle Depot 9:30am Isaacs Harb, Indoor Yard Sale 10am Plant Sale 10am Lighthouse Artist Talk 2pm Liscomb Crib 8pm	13 Country Hrb. Breakfast 8:30am Scuba Diving Course Goshen Variety Show 7:30pm Liscomb Crib 8pm
14 Move it Monday 9am Kid Fit in Ecum Secum 3-5 Sherbrooke Zumba 6pm IHL Community/ Hall Mtg 7pm Country Harb Cards 8pm	15 Story Bugs 9:30am Meditation 11am Greenfield Cards 1:30pm Kid Fit in Sonora 3-5 p.m TOPS Mtg 6pm Boot Camp 6:30pm Open Gym 6:30pm	16 Wake-up Wednesday 9am Goshen Walk 12:30pm Goshen Game Day 1pm Kid Fit in Port Bickerton 3-5 St. Mary's Girl Guides Meet Goshen Crib 7pm Lions BINGO 7:45pm	17 Aqua Fitness 10am Grand Friends Walk-a-thon Liscomb Hike 11am Writers Group 2pm Sherbrooke Zumba 6pm Boot Camp 6:30pm Open Gym 6:30pm Liscomb Chase Ace 6:30 PB Chase Ace 7-8:30 Liscomb auction 8pm	18 Fitness Ctr. Drop in 9am Seniors Cafe 9:30am Maple Manor Bake Sale 2pm Stillwater Card Play 8pm Lighthouse Photo Contest ends	19 Country Hrb. Breakfast 8:30am Scuba Diving Course Goshen Variety Show 7:30pm Liscomb Crib 8pm	20 Country Hrb. Breakfast 8:30am Dodgeball tournament 9am Bottle Depot 9:30am Goshen Flea Market 11am IHL Prayer Power Hour 1pm Liscomb Crib 8pm
21 Scuba Diving Course	22 Country Harb Cards 8pm	23 Meditation 11am Greenfield Social 12pm Greenfield Cards 1:30pm TOPS Mtg 6pm Boot Camp 6:30pm Open Gym 6:30pm Phil Williams Concert 7pm	24 Wake-up Wednesday 9am Goshen Walk 12:30pm Goshen Game Day 1pm St. Mary's Girl Guides Meet Goshen Crib 7pm Lions BINGO 7:45pm	25 Aqua Fitness 10am Sherbrooke Hike Writers Group 2pm Sherbrooke Zumba 6pm Boot Camp 6:30pm Open Gym 6:30pm Liscomb Chase Ace 6:30 PB Chase Ace 7-8:30 Liscomb auction 8pm	26 Fitness Ctr. Drop in 9am Seniors Cafe 9:30am Maple Manor Bake Sale 2pm Stillwater Card Play 8pm	27 Goshen Breakfast 8:30am Dodgeball tournament 9am Bottle Depot 9:30am Goshen Flea Market 11am IHL Prayer Power Hour 1pm Liscomb Crib 8pm
29 Reeplek Community Sale 12pm	30 Move it Monday 9am Sherbrooke Zumba 6pm Country Harb Cards 8pm	31 Meditation 11am Greenfield Cards 1:30pm TOPS Mtg 6pm	