

Municipality of the District of St. Mary's

JULY 2017 Newsletter

www.saint-marys.ca Questions? Call (902)522-2049



Upcoming Meetings of Council

Regular Monthly Council Meeting - Monday July 10, 2017 at 7:00pm

Committee of the Whole Meetings are tentatively scheduled for July 5th and 19th. Visit website for agendas and approved minutes www.saint-marys.ca

Municipal Office and Transfer Station will be closed on Monday July 3, 2017

The **Municipality of the District of St. Mary's**, has made Application to the Nova Scotia Utility and Review Board, on behalf of the **Sherbrooke Water Utility** for approval of Amendments to its Schedule of Rates and Charges for Water and Water Services and Amendments to its Schedule of Rules and Regulations.

HEARING: Wednesday August 2nd, 2017 at 11:30am in Council Chambers, 8296 Hwy 7, Sherbrooke. **ALL PERSONS** are entitled to attend the hearing.

ANYONE WISHING TO HAVE FORMAL STANDING to present evidence or cross-examine witnesses should file such intention with the Board by no later than **Friday, June 16, 2017** and a copy of their written evidence by no later than **Thursday, July 6, 2017**.

ANYONE WISHING TO SPEAK at the hearing but not wishing to cross-examine witnesses may do so at the hearing. Presentations will follow the order in which interested parties notify the Board of their intention to appear. Such notification is to be given to the Board on or before **Friday, July 28, 2017**. A copy of the Application may be viewed at the offices of the Board, Summit Place, 1601 Lower Water Street, 3rd Floor, Halifax, NS or on the Board's website at <http://nsuarb.novascotia.ca/>, by clicking on "Matters & Evidence", "Go Directly to Matter" search box, and insert in Matter Number M08077

Table of Contents

Municipal News 1-2
Community News 3-5
Registration Forms
Event Schedules

The deadline for submissions for the AUGUST 2017 issue of the Municipal Newsletter is Wednesday July 19 at 4:00 p.m. Submissions can be received by fax: 522-2309, drop off or emailed to council@saint-marys.ca. Also please note that we reserve the right to edit any and all submissions.

Solid Waste July Collection Schedule

Eastern Shore Cartage 1-800-261-0372

Tues-ZONE 1	Wed-ZONE 2	Thurs-ZONE 3
July 4 Garbage & Recyclable	July 5 Garbage & Recyclable	July 6 Garbage & Recyclable
July 11 Garbage & 1 Bulky Item	July 12 Garbage & 1 Bulky Item	July 13 Garbage & 1 Bulky Item
July 18 Garbage & Recyclable	July 19 Garbage & Recyclable	July 20 Garbage & Recyclable
July 25 Garbage & 1 Bulky Item	July 26 Garbage & 1 Bulky Item	July 27 Garbage & 1 Bulky Item

Be the first to know if Waste Collection changes due to Bad Roads –

There are a few ways to access the schedule for reminders and notices: **1. DOWNLOAD** the mobile app: **Eastern NS Waste Info**
2. Sign up online at: www.erswm.ca Antigonish and Guysborough Counties Waste Info.

3. No Smart Phone or Computer, No Problem Call 1-888-377-9622. All we need is your civic address and phone number. If there is a change to the schedule a message will be sent to your phone.

Housing NS – Landlord Rent Supplement Program

Nova Scotia landlords are invited to submit information for consideration under the Rent Supplement Program. Housing Nova Scotia is expanding this program by providing increased funding to provide affordable housing to families and individuals across the province.

The Rent Supplement Program provides safe, affordable rental accommodation for low-income families and individuals in the private rental market. Housing NS enters directly into an agreement with a property owner to subsidize a portion of the rent.

Landlords are encouraged to bring forward all types of rental opportunities. Those who present locations where the greatest need exists and offer the best value will be contacted first.

The type and number of units accepted is related directly to the local housing priority for subsidized units. All units will be inspected to ensure compliance for suitable maintenance, décor, services, amenities and management standards.

Visit website to download forms:

<https://housing.novascotia.ca/programs/rentsupp>

Completed forms can be returned to

RentSupp@novascotia.ca or fax to 902-422-3705.

St. Mary's River Association

What: Annual Canada Day Yard Sale

Where: 8404 Highway #7 Sherbrooke

When: Saturday July 1, 2017 Time 9am – 3 pm

Sunday July 2, 2017 Time 9am – 4 pm

Donation of items welcomed until Friday June 30, 2017. To volunteer please call 902-522-2099.

Good day Folks of St. Mary's, Another year is upon us and work is well under way at the St. Mary's River Association. My name is Scott Beaver and I am the President of the Association. As I did last summer, I'd like to give you a bit of an update as to what's on the go under our roof. Our West Branch Habitat Restoration Project is still going strong. This will be our 4th summer of river restoration and at the end of this summer we will have spent approximately a total of 900,000 dollars. This price tag gets you about 11 km of restored river. That seems like a lot of money and it is! But we believe that if our work contributes to more salmon in the St. Mary's River then it is worth it. You can view the restored areas taken from a drone at these youtube links:

<https://www.youtube.com/watch?v=g1KdiGPTRco>

<https://www.youtube.com/watch?v=vLOCqAZAeMs>

We are happy to report that as a result of our restoration efforts, we are seeing increased signs of salmon in the restored locations. To assess this, we do redd counts before and after the restoration work. (Remember redds are the spots salmon make in the river beds for their eggs.) For us, the increased number of redds is very exciting and helps motivate us to continue with this project. The majority of funds raised for this project are coming from government and private grants. Anyone out there wishing to contribute can do so by dropping in at our Interpretive Center or you can do so from the following web page:

<http://www.stmarysriverassociation.com/donations.html>

There are other initiatives we are investigating such as: lime dosing, culvert restoration and a more accurate method of counting salmon travelling the river. We are a volunteer organization with a hardworking, innovative group at the helm, so I'm optimistic we can accomplish at least one of these initiatives in the near future. Anyone interesting in volunteering, please contact us, we would love to have you. Our Annual General Meeting is held every year on the last Sunday of May. This year we had three guests: Darryl Murrant from Inland Fisheries, local boy Donnelly Archibald from St. FX and Charlie MacInnis of MacInnis Natural Resource Services. The Inland Fisheries team at the Fraser Mills Hatchery partnered with us on our Sea Trout Enhancement Project, details of which were presented at the AGM and will follow in a future newsletter. Donnelly has his doctorate in Geology and he talked about our local landforms and how they affect our river. Charlie is leading our West Branch Habitat Enhancement Project and talked about the work completed and the projected work for this summer. If you are interested in more information about topics like these you are very welcome to become a member of our association and attend our AGM every May. Besides our association's business, we like to have guest speakers and snacks for everyone and this all happens right in your back yard! Please come on in.

Thank you for reading and you can look forward to hearing about our Stock Enhancement projects and our Paddling initiatives in a future article. Enjoy your beautiful river! St. Mary's River Association, Scott Beaver

Sherbrooke Library

Reiki – Monday afternoons Carol Beaver is offering Reiki sessions by appointments. Call 902-833-2341 or email carolann776@gmail.com

Painting Group – Tuesdays at 10am. Bring your supplies and come to inspire and learn from each other.

Meditation – Thursday 11am July 20 and Aug 17 in the Meditation Room

Seniors' Café – Fridays 9:30am. Join us for a snack, conversation, check out some books, and use the computers. All are welcome whether you consider yourself a senior or not.

Village Readers' Book Club – 11am July 7 come to celebrate with cake out 8th anniversary. (Book Club is held on the first Friday in each month)

Summer Learning Challenge – please call the library to pre-register so that we will have supplies for you. Dates:

July 6- Sounds like fun, July 13 – Make-thon, July 20 – Escape the Library. We have more than just books in our library. There are DVDs, magazines, PlayAways, WiFi, Ancestry.com (Library Version). Note: We will be closed Saturday July 1st, so that staff may celebrate the holiday. Be sure to see our float in the parade.

Hours: Monday, Tuesday, and Thursday: 11am-4pm.

Friday: 9:30am-4pm, Saturday 10am-1pm.

Call for more information: 902-522-2180

NS Health Authority

It's a great time of the year to enjoy the outdoors, but we need to be aware and careful in areas where there may be blacklegged ticks. These ticks can carry the germ that causes a bacterial infection called Lyme disease. Follow these steps to help protect against ticks, especially in grassy, wooded areas;

Apply insect repellents containing DEET to exposed skin and clothes, Wear light colored long sleeved shirts and pants, closed shoes and tuck pant legs into socks, keep lawns mowed short, put playground equipment in sunny, dry places away from wooded areas, Perform daily tick checks.

If you find ticks, here's how to remove them safely; Carefully grasp the tick with tweezers as close to the skin as possible, gently pull the tick out straight, clean and disinfect the site, dispose of the tick in sealed plastic bag, do NOT burn, squeeze or coax a tick's mouthparts from your skin using other methods. To access a great educational video for kids about how to protect against tick bites, and learn more about Lyme disease visit

<http://www.novascotia.ca/hpp/cdpc/lyme.asp>

or call public health at 1-888-823-8224

Municipal News

Touch Football Jamboree

St. Mary's Community Development and Recreation is hosting a touch football jamboree! The day will consist of learning stations in the morning, followed by games! The event will take place at the Sherbrooke Ball Field on Wednesday, July 5th. It is open to ages 11-15 and is completely free! Please bring a lunch/snacks and lots of water! Looking to get at least 12 participants. Contact Tyler at (902)-522-2667 to register.

Summer Zumba & POUND Classes

The Community Development & Recreation Department will be hosting exercise classes at the Indian Harbour Lake/Jordanville Community Centre this summer. Join instructor Maria Tate for POUND Fitness Classes on Wednesday's at 6pm and Zumba on Thursday's at 6pm. Punch cards can be purchased at the Municipal Office. Classes will start on July 5th.

Summer Day Camps

It's summertime once again, and that means day camps are starting! Summer day camps will be taking place in Sherbrooke, Port Bickerton, Goshen, and Liscomb this year. Day camps run from 9 a.m. – 2 p.m. and are open to children ages 4-12. We have also added a special opportunity for 3 year old children to attend our summer day camps this year. On Monday and Wednesday's of each week, day camps will be open to 3 year old children. Drop off time will be at 9 a.m. and pick up time will be at 12:30 p.m. Children will play games, do crafts, and eat their lunch. Children must be able to use the washroom on their own to attend. Registration forms can be filled out or dropped off at the Municipal Office. Any questions, call the Community Development and Recreation Department at (902) – 522 – 2598.

Bootcamp

An outdoor Bootcamp will be put on Tuesday nights at 6pm at the Pioneer park in Sherbrooke. This is an exciting fitness class designed for ages 15-65 and for people of all skill levels! The class is composed of a warm-up, stretch, strength, cardio and cool-down. Come on out and enjoy the fresh air while getting a work out. Classes will be \$5 a person. For more info check out Facebook.com/smokeyfitness

Liscombe Lodge Family Fun Days

St. Mary's Community Development and Recreation Department will be having family fun days at the Liscombe Lodge this summer! The fun days will be from 10:00 a.m. – 3 p.m. on July 8th and July 29th. Families can either pack a lunch or pay to eat at the Liscombe Lodge. Activities on these days will include a scavenger hunt, a Reconnect with Nature adventure, a family game of hide and seek, swimming, and an Amazing Race!

Youth Soccer Program

St. Mary's Community Development and Recreation will be hosting a weekly youth soccer program this summer. This program will be broken down into two classes. 6-7pm – Ages 4-10. 7-8pm – Ages 11-18. This program will take place at the Soccer Field at St. Mary's Education Centre/Academy. Registration can be done at the municipal office Cost is \$25 a person. If you are interested in volunteering with soccer please contact Carla at (902)522-2598.

Participaction 150 Playlist

To celebrate Canada's 150th, Participaction has created a Playlist of 150 Canadian Activity's. The Municipality of the District of St. Mary's is hosting a challenge, as well as issuing community challenges to businesses and organizations. You can get involved today! Find out more by going to Participaction's website to find the playlist! Challenge your friends & family but remember to send us your pictures to be entered to win a prize! We will award a winner each week! Email pictures to carla.archibald@saint-marys.ca.

Defensive Driving Course

St. Mary's Community Development and Recreation Department is hosting a defensive driving course. The course will take place August 26th from 9 a.m. – 3:15 p.m. at the Municipal Office. The cost is \$80 per participant. Drop by the Municipal Office to register. Any questions, call the Community Development and Recreation Department at 522 – 2598 or contact our Facebook page

Guysborough County 55+ Games

Registration forms are now available for the 30th Annual Games at Liscombe Lodge August 23-24, 2017. Early Bird Registration Draw for Free Night Stay at Liscombe Lodge! Participants can enter as many events as they wish, and accommodations will be throughout the lodge property. Forms are at the Municipal Office and call Kerri for more information 902-522-2598.

Community News

Anglican Parish of Liscomb/Port Bickerton

Rev. Kristin MacKenzie (522-2510)

July 2nd 9:00 am St. Paul's, Port Bickerton
11:00 am St. Thomas, Indian Harbour Lake
7:00 pm St. James, Sherbrooke

July 9th 9:00 am St. Luke's, Liscomb
11:00 am St. James, Sherbrooke
7:00 pm St. Paul's, Port Bickerton

July 16th 9:00 am St. James, Sherbrooke
11:00 am St. Luke's, Liscomb
7:00 pm St. Thomas, Indian Harbour Lake

July 23rd 9:00 am St. Thomas, Indian Harbour Lake
11:00 am St. Paul's, Port Bickerton
7:00 pm St. Luke's, Liscomb

July 30th 11:00 am St. Luke's, Liscomb. Parish Service, Pot Luck lunch at the parish hall.

You're invited! Join us and have fun at Vacation Bible School. All ages welcome! We will enjoy bible stories, games, science activities, crafts, snacks and music.

- August 14-18, (Mon-Fri) Port Bickerton Community Centre, 9:30am-12pm
- August 21-24 (Mon-Thurs) Parish Hall, Liscomb 9:30am-12pm

Call 522-2510 to register (there is no cost for VBS)

HO-HO-HO

The 3rd Annual Sherbrooke Village Old Fashioned Christmas GOLF TOURNAMENT will be held Saturday July 29th 2017, Red Hill Golf Course, Indian Harbour, NS. Cost is \$30.00 per Person... it's Teams of 4... we'll try and set you up with a team if you don't have one.

Registration starts at 9:30 am ... Tee Off is 10:00 am. Hamburgers and Hotdogs, Pop and water will be available for purchase.

A Complementary Ham and Salad meal to follow at the Community Centre. Where Prizes will be passed out and a Silent Auction held.

Come join us for some FUN!! Goat Ball/Putting Contest/Closest to the Hole Male & Female/Closest to the Line.

Decorate up!!! People's Choice Prize for Best Decorated.

You can Pre-Register at Red Hill Golf Course or by calling Neil Black 902-522-2265 or e-mail neilblacko2@gmail.com

St. Mary's District Lion's Club BINGO every Wednesday evening at 7:45 pm

ACOA FUNDING ANNOUNCEMENT FOR SHERBROOKE OPPORTUNITIES SOCIETY OR S.H.O.P.S. HELPS COMPLETE PROJECT

Central Nova MP Sean Fraser was in Sherbrooke on Saturday, June 17th to make a funding announcement on behalf of the Atlantic Canada Opportunities Agency or ACOA for the Sherbrooke Opportunities Society or S.H.O.P.S. for a total contribution of \$66,745. S.H.O.P.S. will match that contribution and the construction that is now taking place will complete the project. Memorial Place is the new wing attached to St. Mary's Education Centre and Academy that houses a room for Kids First and another that will provide a homebase/workshop for the developmentally challenged adults of the community and surrounding area. It will also serve as a memorial to past educators and veterans.

It's been a long road with delays that were out of our control, but we are so very excited for the future of S.H.O.P.S. and we now need the assistance of the community as a whole to see this unfold to its full potential.

Plans are now underway to prepare and set programs in place so S.H.O.P.S. will be consulting with community members to ensure that Memorial Place provides the required needs for participants and area.

With the passing of S.H.O.P.S. president Colin "Duke" Coady, the position is now vacant and the group is calling for volunteers to step forward and share their time and talents for this very exciting project. Election of officers will take place at the next meeting on Thursday, July 6th at 7 pm in the Kids First room. Please join us if you are interested in assisting in any way. Help us take this project to the next level!

S&AVFD Ladder Up Campaign Sherbrooke & Area Volunteer Fire Department Golf Tournament will be held July 8th at Red Hill Golf Course. To register a team, contact Wayne at 902-522-2204 or at the Red Hill Club House. S&AVFD on going fund raiser Ladder Up campaign continues to grow with \$ 69,299.91 raised thru fund raisers and donations. Our goal is to raise \$ 125,000. Donations may be forwarded to the fire dept. at PO Box 2 Sherbrooke BoJ 3Co. Many **thanks for the support.** Sherbrooke & Area Vol. Fire Dept. Building Committee; Wayne Auton, Laura Banks, Wayne Feltmate, Herb Scott, Ed Weir.

ATV Club meeting on **Thursday, July 13th, 2017 at 6pm** in the United Church Basement in Sherbrooke. All welcome!

Community News

40th Wedding Anniversary – Wendy and Bobby Weagle would like to invite Family and Friends to come and celebrate their 40th Wedding Anniversary Party on July 22 at 4pm – 9pm at the Indian Harbour Lake/Jordanville community Centre. Join us for snack food and music. Best Wishes Only.

“OVER THE MOAT” GOSHEN VACATION BIBLE SCHOOL: VBS will be held between the dates of July 10-14 at the Goshen Gospel Church. This program is open for ages 3 and up to Grade 8 inclusive. It will start at 9am with pick up time at 12 Noon each day. Registration will take place July 10 at 8:30am. For further information please contact Marion Kaiser at 328-2024 or Dorothy Ostewig at 783-2156. Come and join us for a fun filled week.

IT'S VBS TIME AGAIN COME JOIN BACKWOODS BOB AS HE WANDERS THE WOODS:

Where: Bayview Baptist Church, 4761 Highway 7, Liscomb
When: July 10-13 Time: 6:30-8 Children ages 3 + up are invited. For more information please contact Pastor Dave Smith at 902-779-2709. Hope to see you there.

Indian Harbour Lake Pentecostal Church July Worship & Activities: Sunday, July 2, 9, 16, 23 & 30 11:00 am Morning Worship. All are Welcome to join us in worship! For more information, contact Pastor Dave Connolly at 902-522-2759 or ihlpastordave@gmail.com. The congregation of Indian Harbour Lake Pentecostal Church would like to wish Canada a Happy 150th Birthday! "He shall have dominion also from sea to sea" Psalm 72:8 (NKJV)

THANK YOU: We want to thank our family and friends for giving us a 50th Wedding Anniversary Party. We all had a great time, thanks you for the cards and gifts. We love you all. It was great to see everyone. God Bless, Bobby & Sandra Robinson.

Thank You The family of the late Carmen Jollota would like to thank everyone for the cards, visits, calls, messages and kind expressions of sympathy shown following his sad passing. Your support at this difficult time was very much appreciated and of great comfort too all of the family. "Those we love don't go away.... They walk beside us everyday. Unseen, unheard, but always near, Still loved, still missed and very dear".

Summer Greetings from High-Crest Sherbrooke!

Residents celebrating birthdays this month are: Mary Fleet July 2, Martha Kaiser July 7, Marjorie Hattie July 9, June Good July 14, Cyril Elderidge July 15, Helen Hodgson July 22, Bob Fleet July 26, Audrey Cook July 28, Juanita Turner July 29, Ruby Weir July 30. Wow! That's a lot of Birthdays!

The homebuddies will host a party for these fine folks on July 11th at 1:15. We will play bingo, enjoy each other's company and then have some delicious birthday cake and ice cream! Everyone is welcome! On June 19th the 5th Annual Grandfriends walk a thon was held! We had a great day, nice and warm, the children came to the home around 11:00 and were presented with their t-shirts. The t-shirt design winner this year was Leander Goulding! Great work Leander. We all put on our t-shirts and headed out on our walk through the village, stopping in the old school house for a chat with Edie about how things used to be! We then headed back to the Nursing Home and enjoyed a bbq and ice cream sundaes! Prizes were awarded to our top 3 pledge earning students and also to our long time friends Justin Pearo. Qwentyn Pye- \$208.00 Quentin Mailman-\$85.00 Alaya Sceles Lewis-\$75.00 Justin Pearo \$ 204.00. Wow that's awesome guys, our top pledge earners were awarded prizes and at the end of the day everyone left with a goody bag for all of their efforts! Thank you to all who participated and a very big Thank you to all who donated; thank you for supporting your local Nursing Home! Hope everyone has a safe and happy summer! Our Annual Memorial Service is being held on Friday, June 23rd. This is a service to remember all who have passed in the last year. Everyone is welcome. Happy Canada Day to All!

Flea Market at St. Barnabas Church Hall, Ecum Secum, July 8th, at 9am – 1pm. Lunch: Hotdogs, Sandwiches and Drink. Closing out Sale for things in Hall, Everything must go. Everyone Welcome!

Indoor Flea Market at St. John's Church Hall, Highway 7 Necum Teuch, on July 8th, 2017 at 9am – 1 pm. Serving Hot Lunch, Coffee and Tea. Sale Items baked goods, toys, books, clothing and much more. Contact Helen Berrigan (Church Warden) to book a table. (902)347-2182.

Community Yard Sale will be held on Saturday, August 5, 2017 along Highway 211 from Stillwater to Port Hilford. Everyone is welcome to take part. Find a spot and mark your Sale with a sign or balloons. The time will be 10 am to 2 pm. No early birds please. Tables will be available at the community centre \$5.00. Call 902-522-2369 to book.

JULY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
					1 CANADA DAY CELEBRATIONS
					2 OUTDOOR MOVIE
3	4 Painting Group 10 Knitting 630 French Club 630 IHL Auction 8pm	5 Medical Clinic 7-9pm Lions BINGO POUND Fitness Touch Football Jamboree Pound Fitness IHL	6 Library Challenge Meditation Liscomb Auct& Chase Ace Goshen Crib 730 Liscomb Auction Zumba IHL Soccer	7 MM Bake Sale 2pm Book Club 11am Sherbrooke Chase Ace Stillwater Cards 8pm	8 Mobile Depot Medical Clinic 2-4pm Liscomb Crib Liscomb Lodge Fun Day Flea Markets
					9
10 Council Meeting 7pm	11 Painting Group 10 Knitting 630 French Club 630 HomeBuddies Party IHL Auction 8pm End of Life Planning	12 Medical Clinic 7-9pm COTW Lions BINGO Pound Fitness IHL	13 Library Challenge Meditation Sewing class 9am Goshen Crib 730 Liscomb Auction Zumba IHL ATV Club Meeting 6pm Soccer	14 MM Bake Sale 2pm Sherbrooke Chase Ace Stillwater Cards 8pm	15 Medical Clinic 2-4pm Liscomb Crib
					16
17	18 Painting Group 10 Knitting 630 IHL Auction 8pm French Club 630	19 Medical Clinic 7-9pm Lions BINGO Archery Shoot Pound Fitness IHL	20 Library Challenge Meditation Sewing class 9am Goshen Crib 730 Liscomb Auction Zumba IHL Soccer	21 RIVER DAYS MM Bake Sale 2pm Sherbrooke Chase Ace Stillwater Cards 8pm	22 RIVER DAYS Mobile Depot Medical Clinic 2-4pm Liscomb Crib
					23 RIVER DAYS
24	25 Painting Group 10 Knitting 630 IHL Auction 8pm French Club 630	26 Medical Clinic 7-9pm Lions BINGO Archery Shoot Pound Fitness IHL	27 Meditation Sewing class 9am Goshen Crib 730 Liscomb Auction ZUMBA IHL Soccer	28 MM Bake Sale 2pm Sherbrooke Chase Ace Stillwater Cards 8pm	29 Liscomb Lodge Fun Day
31					30

Don't see your event? Send it to us.

We will add it to our comprehensive, up-to-date event calendar at www.saint-marys.ca