



# Municipality of the District of St. Mary's Newsletter

January 2023 [www.saint-marys.ca](http://www.saint-marys.ca) (P) 902-522-2049 (F) 902-522-2309

## Meetings of Council

The next regular meeting of Municipal Council is Monday, January 9th, 2023 at the Port Bickerton Community Centre at 7:00pm. Committee of the Whole meetings will take place Wednesday, January 4th and 18th at 4:00pm in Council Chambers. Agendas, minutes and audio files are available at [www.saint-marys.ca](http://www.saint-marys.ca).

## 2023 Municipal Tax Sale – Live Public Auction

The Live Public Auction Municipal Tax Sale will take place on **Tuesday, March 7<sup>th</sup>, at 11am** at the Municipal Office, 8296 Hwy 7 Sherbrooke. The full listing for the 2023 tax sale is located on pages 5 & 6 of the newsletter. A public binder with details on the properties will be available for viewing at the municipal office after January 3rd, 2023.

## 2023-2024 General Government Grants

The Municipality of the District of St. Mary's provides grants to organizations annually through an application process to Council with focus on capital projects. Organizations must be active with Registry of Joint Stocks, and must be located within the Municipality or serve/benefit residents within the Municipality. Deadline to submit an application is **February 15, 2023**. You can find the application form on the municipal website or contact the Municipal Office if you require more information. If an organization receives \$1,000 or greater they must complete a grants to organizations evaluation form (found on municipal website) on how the money was spent by February 15th of the current year. If the form is not completed the organization/group will not be eligible for a grant in the following fiscal year.

## Free Heat Pumps for Low-Income Households

Low-income Nova Scotians will get free heat pumps and other home upgrades from a recently announced \$140-million provincial investment in energy efficiency programs over four years. The funding will help all Nova Scotians move away from oil heat faster, with extra support for low and middle-income households. Low-income households can apply now to the Home Warming Program for free heat pumps and any electrical panel upgrades needed to install them. People who have already received energy efficiency upgrades through this program can apply again for this new support. More information can be found here: <https://www.homewarming.ca/> All Nova Scotians can continue getting help with a variety of energy efficiency upgrades through the Home Energy Assessment program. For more information, visit <https://www.energycns.ca>

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The deadline for the February Municipal Newsletter is Wed. January 18th at 4:00pm. Submissions can be faxed to 902-522-2309, dropped off in person at the Municipal Office or emailed to **newsletter@saint-marys.ca**. Subscribe to our email list by calling 902-522-2598.

## St. Mary's Municipal Transfer

Station is open Monday, Tuesday, Friday & Saturday from 9:00 am – 4:30 pm.

## MacMillan's Recyclable Pickup

Recyclable collection will take place the second and fourth Saturday of each month at 10am at the St. Mary's Recplex.

## January 2023 Solid Waste Collection

Eastern Shore Cartage: 1-800-261-0372

<b>Tuesday</b> (Zone 1)	<b>January 3</b> Garbage & 1 Bulky Item	<b>January 10</b> Recyclables	<b>January 17</b> Garbage & 1 Bulky Item	<b>January 24</b> Recyclables	<b>January 31</b> Garbage & 1 Bulky Item
<b>Wednesday</b> (Zone 2)	<b>January 4</b> Garbage & 1 Bulky Item	<b>January 11</b> Recyclables	<b>January 18</b> Garbage & 1 Bulky Item	<b>January 25</b> Recyclables	<b>February 1</b> Garbage & 1 Bulky Item
<b>Thursday</b> (Zone 3)	<b>January 5</b> Garbage & 1 Bulky Item	<b>January 12</b> Recyclables	<b>January 19</b> Garbage & 1 Bulky Item	<b>January 26</b> Recyclables	<b>February 2</b> Garbage & 1 Bulky Item

**ZONE 1:** New Chester, Ecum Secum, Liscomb to Sherbrooke including Sonora and Old Road Hill.

**ZONE 2:** East Loon Lake, Smithfield, Denver, Newtown, Glenelg Church Rd, Aspen to Goshen to Borneo Rd inclusive.

**ZONE 3:** Hwy 211, IHL to Port Bickerton, Stillwater, West Melrose, Lead Minds Rd, to Waternish inclusive.

# Municipal News

## **Municipal Electoral Boundary Review**

In November consultants hosted three public meetings throughout the Municipality to review the proposed boundary options and get feedback on the preferred approach. The meetings were very productive, and consultants came out of them with a clear direction. Consultants finalized and presented the Boundary Options Report to Council on December 12<sup>th</sup>, 2022. Council agreed by motion on a preferred boundary option. Consultants will now collate all of the reports into one "Final Report" to be submitted to the Nova Scotia Utility and Review Board before year-end. Copies of the documents related to the Municipal Electoral Boundary Review can be requested from the Municipal Office or be found here: <https://saint-marys.ca/municipal-boundary-re.html>

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## **Municipal Planning Strategy/Land Use By-Law**

The Province's Municipal Government Act gives municipalities the authority to adopt a Municipal Planning Strategy to provide statements of policy to guide their development and management. On October 18<sup>th</sup>, 2022 the Municipality of the District of St. Mary's formally adopted a new Municipal Planning Strategy and Land Use Bylaw. The Documents were reviewed by the Provincial Director of Planning and were found not to fall within any of the categories requiring approval by the Minister of Municipal Affairs and Housing and were approved as submitted. As per the requirements under section 208 of the *Municipal Government Act*, a Notice of Passing shall be published in a newspaper circulating within the Municipality. With the publication of this notice, the new Documents are now in effect. These current versions of the Land Use Bylaw and Municipal Planning are available at the Municipal Office at 8296 HWY7, Sherbrooke NS, or available online at <https://saint-marys.ca/municipal-documents.html>

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## **Water or Sewer Emergency Contact**

Residents who experience an emergency related to Sherbrooke water or sewer services are asked to call 902-522-2156 or the Municipal Office at 902-522-2049 during regular business hours, Monday-Friday 8:30am-4:00pm. If an emergency The Municipality would like to remind residents and businesses who utilize the sewer utility to not flush any textiles or wipes.

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## **New Program Helps Manage Depression, Anxiety**

Nova Scotians with mild to moderate depression or anxiety can now get free online coaching and skills development to help them cope. The program helps people experiencing depression and anxiety better understand their emotions, thoughts and behaviours and build skills and coping strategies. People using the program are supported by a coach who checks in on their progress and offers ongoing help and motivation. People can access the cognitive behavioural therapy program 24 hours a day, seven days a week at <https://www.tranquility.app/novascotia>.

## **NS Heating Assistance Rebate Program**

Apply to the Heating Assistance Rebate Program for help with the cost of home heating. You can receive up to \$200 if you qualify for the Heating Assistance Rebate Program. Your rebate amount is based on your 2021 net income, as reported to Canada Revenue Agency. To qualify for the rebate, you need to pay for your own home (residential) heat and meet 1 of the following criteria: have a net income of \$29,000 or less and live alone with no kids or dependents; have a combined net income of \$44,000 or less and live with kids, dependents or other adults; receive Income Assistance from the Department of Community Services and; receive the Guaranteed Income Supplement (GIS) or the Allowance from Service Canada. If your personal or financial situation has changed since last year, you still may qualify. Contact the Department of Service Nova Scotia and Internal Services to find out if you qualify. You can apply online: <https://beta.novascotia.ca/apply-heating-assistance-rebate-heating-assistance-rebate-program> or pick up an application at the Municipal Office. Deadline to apply is March 31, 2023.

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## **Change to Down Payment Assistance Program**

More Nova Scotians will get an opportunity to buy their first home with a change to the provincial Down Payment Assistance Program. The Province is adopting the definition of first-time homebuyer used by the Canada Mortgage and Housing Corporation (CMHC), which will expand eligibility for the program. CMHC defines a first-time homebuyer as someone who has never purchased a home before, gone through a breakdown of marriage or common-law partnership, or has not occupied a home that either they or their current spouse or common-law partner owned in the last four years. Applications based on the new definition will be accepted beginning January 1. Find out more by visiting <https://housing.novascotia.ca/downpayment>

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## **Province Seeks Feedback on Racism in Healthcare**

The Province is asking diverse groups to share their experiences in order to improve Nova Scotia's healthcare system. The Department of Health and Wellness and health system partners have launched an online survey to collect feedback from communities that might have experienced systemic racism and discrimination in the healthcare system. This includes Indigenous people, African Nova Scotians and people of African descent, racialized groups, 2SLGBTIQA+ people, those with disabilities, immigrants, refugees and historically underrepresented populations. Information from the survey will be used to develop a health equity framework to help improve the system, both for diverse groups who use it and staff. <https://www.engage4health.ca/dhw-health-equity-framework>

### **NS Student Loan Quick Facts**

The Nova Scotia Student Assistance Program provides needs-based assistance to students who would be unable to attend post-secondary study because their resources are not sufficient to cover costs. All Nova Scotia students who qualify for Nova Scotia student assistance get 40 per cent of their assistance as a non-repayable grant upfront. Every Nova Scotia student who attends a Nova Scotia university full-time receives the Nova Scotia university student bursary of \$1,283 annually; this money is applied directly to the student's tuition fees and doesn't need to be repaid. For more information: [novascotia.ca/studentassistance/apply/new/](https://novascotia.ca/studentassistance/apply/new/)

### **Financial Relief for Post-Secondary Students**

There will be additional funding to help post-secondary students with the rising cost of living. About 11,000 students who receive Nova Scotia student assistance in the 2022-23 academic year will receive a one-time payment of \$550. The grant will not have to be repaid. To be eligible for the one-time grant, students must be Nova Scotia residents, qualify for and receive Nova Scotia student assistance during the 2022-23 academic year and attend university, Nova Scotia Community College or a private career college. Students do not have to apply, the grant will be deposited automatically.

## Economic Development

### **Business Navigators**

Want to start a business? Connect with NS Business Navigators to help you navigate provincial regulations and requirements for new businesses. A Business Navigator can help you by providing information on starting specific types of businesses, identifying what regulations to follow, licencing and permit information and much more. They can also provide contact information for things like financing, taxes and staffing. For more information call 1-844-628-7347.

### **Crown Corporations Launched for Economic Growth**

The Province launched two new organizations that modernize the government's approach to economic development and improve accountability to Nova Scotians. Build Nova Scotia and Invest Nova Scotia will build on experience and expertise to drive forward a more innovative, resilient, sustainable and competitive economy, seizing opportunities available to the Province. Invest Nova Scotia makes it easier for entrepreneurs and businesses of all sizes and stages to access the tools, resources and advice they need to grow, thrive and contribute to a new economy. Build Nova Scotia manages and develops strategic provincial infrastructure to propel the province and economy forward. It leads projects such as Nova Scotia's high-speed internet initiative, environmental remediation work and healthcare infrastructure redevelopment.

### **Tourist Accommodations in St. Mary's**

The Province of Nova Scotia has made amendments to the Tourist Accommodations Registration Act (TARA) and Regulations that aim to improve compliance and provide municipalities with a clear picture of the short-term rental situation in their communities. These changes will come into effect on April 1, 2023 to provide time for operators and platforms to come into compliance. These changes include removal of the exemption for accommodations operating in a primary residence so that all short-term-rentals with a fixed-roof are required to register annually. Visit <https://tourismns.ca/news/intouch-blog/updated-regulations-fixed-roof-accommodations> for more information.

### **E-Commerce Grant**

The federal government is offering eligible businesses \$2,400 in non-repayable grant money to adopt e-commerce strategies and grow digitally. This could include online ordering or booking systems, e-commerce software, search engine optimization support, software subscription fees, social media/digital ads, development of a new e-commerce website, or any number of other things. To apply directly or for more information visit: <https://digitalmainstreet.ca/atlantic-cdap/> or contact Joel Stoddart, Grant Coordinator – Canada Digital Adoption Program, [Joel.Stoddart@cbdc.ca](mailto:Joel.Stoddart@cbdc.ca).

### **CBDC Guysborough County**

Need financing for your business? Loans are available to any legally operated business in Guysborough County. Some sectors include, fishing, trucking, retail, manufacturing, service, accommodations, food service, etc.

- Business loans up to a maximum of \$600,000 with flexible interest rates starting at prime plus 2% with flexible re-payment schedules.
- Loans available for business start-up, expansion, renovations, line of credit, etc.

- Quick approval Micro Loans available up to \$10,000.
- Business start-up info and counseling available.

Self-Employment Benefits Program -. (SEB) - Qualifying participants can receive benefits and training opportunities during business startup.

Guysborough County Community Business Development Corporation Limited. PO Box 199, 46 Main Street, Guysborough County, NS B0H 1N0. Guysborough Office: phone: (902)533-2770 fax: (902) 533-2016 Email: [wanda.macdonald@cbdc.ca](mailto:wanda.macdonald@cbdc.ca)

### **Financing Helps Grow More Wild Blueberries**

New government financing is helping wild blueberry producers grow their businesses. The Wild Blueberry Business Enhancement Program helps growers buy equipment, improve production on existing sites and develop new land. Loans have flexible terms, like deferred and interest-only payments, and competitive rates. <https://www.novascotia.ca/farmloan/blueberry/>

# Community Development & Recreation

## **St. Mary's Recreation Master Plan**

The St. Mary's Recreation Master Plan was officially approved by Municipal Council at their regular meeting of council on December 12th, 2022. This document will provide direction to the Community Development and Recreation Department in four categories; Places and Spaces, Community Collaboration, Department Capacity and Programs and Services. Copies of the plan will be available at the Municipal Office by request and a link to the plan is now available of the Municipal Website, [www.saint-marys.ca](http://www.saint-marys.ca).

## **Tech Savvy Seniors & Seeds of Literacy Program**

The Seeds of Literacy & Tech Savvy Seniors Programs have been getting some great feedback from the community! We're constantly making enhancements to the program based on your feedback, so please continue to provide comments or ask questions. Come and borrow some books, games, have a little snack, write a legacy story, learn how to use your technology device, and more! It's a great opportunity for kids who aren't close to a library, or who want to read more, and for seniors to get more comfortable with technology. Come and support the program with your participation.

January Schedule:

Saturday, January 14<sup>th</sup> Goshen 11am-1pm

Saturday, January 21<sup>st</sup> Indian Harbour Lake 10am-12pm

Saturday, January 21<sup>st</sup> Sonora 1-3pm

(Laughter Yoga was requested! Come and try it out!)

Saturday, January 28<sup>th</sup> Liscomb 11am-1pm

If you have any questions, additional feedback, or activity requests, please reach out to Sonia Morgan, Seeds of Literacy & Tech Savvy Seniors Coordinator [sonia.morgan@saint-marys.ca](mailto:sonia.morgan@saint-marys.ca) or 902-522-2598.

## **Open Gym**

Families of school aged children are invited to take part in our free Open Gym program in the small gymnasium at SMECA. A wide variety of equipment will be available; parents and children are invited to participate in whichever activity they would like! Please note, parents must accompany children 11 years old and under at this program. Open Gym will take place on Monday's, from 6:00-7:30pm starting January 9th, 2023.

## **Junior Curling**

In partnership with the St. Mary's Curling Club, the Municipality will be hosting a free Junior Curling Program at the St. Mary's Recplex after school on Tuesday's from 2:30-4pm starting January 17th. This will be a skill based program for youth in grades 7-12. Sign-up online at [www.saint-marys.ca](http://www.saint-marys.ca).

## **St. Mary's House League Hockey**

The St. Mary's House League Hockey Committee would like to offer a skill based program for youth ages 12-15 if there is enough interest. If your child would be interested in playing once a week, please contact Kerri at 902-522-2598 or email [kerri.jack@saint-marys.ca](mailto:kerri.jack@saint-marys.ca).

## **Before and After Program (BAP)**

This is a paid program offered after school to children in pre-primary to grade 6. The Before and After Program takes place in the Kid's First room in Memorial Place at St. Mary's Education Centre and Academy. Based on current demand, BAP will take place from 2:30-6pm, Monday to Friday. Registration for the Before and After Program is open and can be done online at [www.saint-marys.ca](http://www.saint-marys.ca). If you would like more information about this program, please contact Kerri Jack at [kerri.jack@saint-marys.ca](mailto:kerri.jack@saint-marys.ca) or call 902-522-2598.

## **Family Kickboxing Classes**

Family Kickboxing Classes will begin on Tuesday, January 10th at 6pm in the small gymnasium at St. Mary's Education Centre and Academy. Please use the Memorial Place entrance. Classes are open to families, youth under 14 are free! Classes cost \$10 for adults. Five Class punch cards are available for purchase at the Municipal office for \$50.

## **Yoga Classes**

An all levels yoga class for ages 12+ takes place weekly in the SHOPS Room at St. Mary's Education Centre/Academy. Classes are on Thursday's at 7pm and will begin on January 5th after the holiday break. Your first class is free! Following the first class, each session will be \$10. Punch cards are available for purchase at the Municipal Office. For information, call 902-522-2598.

## **Adult Only Skates**

There will be Adult Only Skates held at the St. Mary's Recplex on Thursday's from 10-11am starting January 5th, 2023. Helmets are mandatory. Skates and helmets are available to rent free of charge.

## **Female Fun & Fitness**

We are bringing back our Female Fun & Fitness Program! There are 4 sessions that will take place in January on the following dates:

Wednesday, January 4th, 6:30-8:30pm

Wednesday, January 11th, 6:30-8:30pm

Wednesday, January 18th, 6:30-8:30pm

Wednesday, January 25th, 6:30-8:30pm

Female Fun & Fitness is a program for women 18+. It features one hour of self led fitness at the St. Mary's Fitness Centre and one hour of crafting in the SHOPS Room. Participants are asked to bring indoor footwear for the Fitness Centre. Craft supplies will be provided, but participants are asked to leave their projects at the facility to work on each week.

## **After School Recreation Hockey Volunteers Wanted**

The Community Development and Recreation Department is looking for volunteers interested in assisting with the After School Recreation Hockey Program on Wednesday's from 2:30-4pm at the Recplex. Call 902-522-2598 if you are interested in lending a hand.



**Municipality of the District of St. Mary's**  
**NOTICE OF TAX SALE – PUBLIC AUCTION**  
**11:00 a.m., Tuesday, March 7<sup>th</sup>, 2023**  
**8296 Highway #7, Sherbrooke**



In the matter of the Municipal Government Act of Nova Scotia Part VI and any subsequent amendments, the following lands and premises situated in the Municipality of the District of St. Mary's will be sold at a *live Public Auction* for arrears of rates and taxes, interest and expenses, as set forth below at the hour of **11:00 am, Tuesday, March 7<sup>th</sup>, 2023** at the Municipal Office in Sherbrooke, Nova Scotia (8296 Highway #7) unless the amounts respectively due are paid in full on or before said date. A description of the noted properties may be seen at the Municipal Office in Sherbrooke, NS between the hours of 8:30 am and 4:00 pm Monday to Friday, after January 3<sup>rd</sup>, 2023. Additional details regarding the tax sale and the live public auction can be found at <https://www.saint-marys.ca/tax-sale.html>.

1. **AAN #00346225, PID#37528734, Assessed to Rod Blake & Doris Blake**, 101 Briggs Road, Ecum Secum, 2022 Assessed Value \$59,600 (Residential Taxable) Containing 1 Acre, more or less, land & dwelling. **Total owing \$4,416.17**(Non-HST Applicable). Redeemable.
2. **AAN #01620193, PID#37506649, Assessed to Michael Furlong**, Indian Harbour Lake, 2022 Assessed Value \$3,400 (Resource Taxable), Containing 32 acre(s), more or less, land only. **Total owing \$718.84.** (HST Applicable). Redeemable.
3. **AAN #01921959, PID#37524295, Assessed to Robert Simonds Jr & Maudena Simonds**, Little Liscomb Road, Liscomb, 2022 Assessed Value \$36,300 (Residential Taxable), Containing 1.2 Acre(s), more or less, land only. **Total owing \$2,560.08.** (HST Applicable). Redeemable.
4. **AAN #04697545, PID #37530532, Assessed to James Turner**, 1691 Hwy 7, Marie Joseph, 2022 Assessed Value \$22,200 (Residential Taxable), Containing 0.26 Acres, more or less, land & dwelling. **Total owing \$2,094.89** (Non-HST Applicable) Redeemable
5. **AAN #05097371, PID #35220433, Assessed to Everett L. Tybert**, Hwy #7, West Liscomb, 2022 Assessed Value \$6,000 (Resource Taxable), Containing 1.43 Acre(s), more or less, land only. **Total owing \$718.42** (HST Applicable) Redeemable
6. **AAN #05471613, PID #37551991, Assessed to Margaret Langille Est.**, Port Bickerton Road, Harpellville, 2022 Assessed Value \$500 (Resource Taxable), Containing 12,000 Square feet, more or less, land only. **Total owing \$574.52** (HST Applicable) Redeemable
7. **AAN #05536693, PID #37523743, Assessed to Charles Mielke**, Pyes Little Liscomb Road, Liscomb, 2022 Assessed Value \$8,500 (Residential Taxable) Containing 0.40 Acre(s), more or less, land only. **Total owing \$1,374.84** (HST Applicable) Redeemable
8. **AAN #09249532, PID #37540630, Assessed to Judith A Gazso & Andrew Gazso** Waternish Road, Waternish, 2022 Assessed Value \$300 (Resource Taxable), Containing 2.0 Acre(s), more or less, land only. **Total owing \$561.92** (HST Applicable) Redeemable

9. **AAN #05105773, PID #37550795**, *Assessed to Bryan Scott Ward & Alicia Dawn Ward*, 3928 Sonora Road, Sherbrooke, 2022 Assessed Value \$23,000 (Residential Taxable), Containing 30,000 sq feet, more or less, land and dwelling. **Total owing \$2,991.00** (Non-HST Applicable) Redeemable
10. **AAN #05447925, PID #37580149**, *Assessed to Donald Raymond Walker & Kyle Walker*, Walker Road, Glenelg, 2022 Assessed Value \$2,700 (Residential Taxable), Containing 1.03 Acre(s), more or less, land only. **Total owing \$839.97** (HST Applicable) Redeemable
11. **AAN #04378199, PID #37522786 & #37511029**, *Assessed to 5747270 Manitoba Ltd.*, 4749 Hwy 7, Spanish Ship Bay, 2022 Assessed Value \$33,100 (Residential Taxable), Containing 7,600 sq feet & 0.34 Acres(s), more or less, land & dwelling. **Total owing \$2,832.78** (Non-HST Applicable) Redeemable
12. **AAN #02688034, PID #37502259**, *Assessed to Leander Phillip Paul* 31 Main Street, Sherbrooke, 2022 Assessed Value \$44,100 (Residential Taxable) & \$44,100 (Commerical Taxable), Containing 5,110 square feet, more or less, land & dwelling/commercial structure. **Total owing \$12,129.14** (HST Applicable) Redeemable. Dwelling/structure is connected to Sherbrooke Water and Sewer Utilities.
13. **AAN #00103438, PID #37533494**, *Assessed to David Landzaat*, 4880 Hwy 348, Smithfield, 2022 Assessed Value \$36,000 (Resource Taxable), Containing 3.0 Acre(s), more or less, land & dwelling. **Total owing \$2,055.72** (Non-HST Applicable) Redeemable
14. **AAN #00318744, PID #37551041**, *Assessed to Daniel Vincent Marshall*, 1988 New Chester Road, New Chester Lot D-1, 2022 Assessed Value \$58,000 (Residential Taxable), Containing 1.00 Acre(s), more or less, land & dwelling. **Total owing \$3,215.29** (Non-HST Applicable) Redeemable
15. **AAN #09629351, PID #37529005**, *Assessed to Mary Louise Gomes*, Hwy 7, Ecum Secum, 2022 Assessed Value \$13,900 (Resource Taxable), Containing 34 Acre(s), more or less, land only (Grant #15610). **Total owing \$1,186.72** (HST Applicable) Redeemable. As-is - See additional comments by Municipal Legal.

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Terms: Taxes, Interest and Cost owing (Amount Advertised) to be paid at the time of sale by cash, money order, debit, certified cheque or lawyer's trust cheque, balance of your bid to be paid within 3 business days after the sale. **The cost to prepare and register the tax deed is the responsibility of the purchaser and is not included in Tax Sale Costs. New Provincial Deed Transfer Tax is the responsibility of the purchaser.** HST may be applicable. Take notice that Tax Sales do not in all circumstances clear up defects in title. A tax deed conveys only the interest of the assessed owner, whatever their interest may be. If you are intending to clear up defects in the title of the property by way of Tax Sale, you are advised to obtain a Legal Opinion as to whether or not this can be done. Note: For properties with less than 6 years owing, the redemption period has been reduced from 12 months to 6 months by the Municipal Government Act, Section 152. The Municipality of the District of St. Mary's makes no representations or warranties to any purchaser regarding the fitness, geophysical or environmental suitability of the land(s) offered for sale for any particular use and are being sold on an "as is" basis only.

*Dated: December 15<sup>th</sup>, 2022 - Marian Fraser, Director of Finance/Treasurer, Municipality of the District of St. Mary's*

# Recplex Program Information - 2022-2023

## Weekly Schedule

### **Tuesday**

2:30 - 4:00pm - Junior Curling (starting Jan 17)

4:00 - 5:00pm - Drop in Curling

5:30 - 8:30pm - St. Mary's Curling Club

### **Wednesday**

1:00 - 4:00pm - Rental Opportunities

2:30 - 4:00pm - After School Rec. Hockey  
(need volunteers for this program)

7:00 - 9:00pm - St. Mary's Adult Hockey

### **Thursday**

10:00 - 11:00am - Adult Only Free Skate

1:00 - 4:00pm - Rental Opportunities

6:00 - 8:00pm - House League Hockey

8:00 - 9:00pm - 50+ Hockey League

### **Saturday**

9:00 - 10:00am - Learn to Skate

10:00 - 12:00pm - House League Hockey

12:30pm - 2:00pm - Community Free Skate

2:00 - 5:00pm - Rental Opportunities

*\*This schedule is subject to change*

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## Additional Services

**Walking Track** - There is a walking track available for community use at the Recplex. Residents are invited to use the walking track during regular programs.

**Private Rentals** - Rent the Recplex for your private or corporate event! Hourly rentals are \$135+hst. Rentals are available on Wednesday, Thursday and Friday from 1-4pm and Saturday's from 2-5pm. Call the Municipal Office at (902)522-2598 for availability and rental details.

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## Organizations

**St. Mary's Curling Club** - The St. Mary's Curling Club accommodates all curlers no matter what level of playing ability. Curling season is underway. For more information on how to get involved, call Maureen at (902) 522-2084 or Suzanne at (902) 522-2322.

**Adult Hockey League** - The Adult Hockey League is for any individual age 16+. It's not too late to get involved, call (902)522-2598. \$100 payments for league play will take place in two installments during the season. Thanks to our many sponsors this season: Liscombe Lodge, Smoke Hollow General, Sean Ashe Forestry, Sanctuary Shore General Store, Green-Up Tree Services, John Rolland MacDonald Trucking, Cornect Family Farms and Ross Screen Print. We are still looking for Sponsors of the Game! Contact Kerri at kerri.jack@saint-marys.ca.

**St. Mary's House League Hockey** - St. Mary's House League registration is open. You can register at the Municipal Office from 8:30 am - 4:00 pm. House league will take place Thursdays 6-7 pm & 7-8 pm and Saturday's at 10-11 am & 11am -12pm. Ages 5-13. Pre-registration required. The cost is \$100 per child for the season.

**SHOPS Canteen** - Sherbrooke Opportunities Society (SHOPS) Volunteers offer canteen services at the Recplex on Wednesday's and Saturday's. Drop in to say hello, grab a snack and watch some on-ice action!

## Program information

**Junior Curling** - For youth in grades 7-12. Opportunity to learn the basics of curling through skill development and pick-up draws. This is a free program starting January 17th.

**Drop in Curling** - Free casual curling opportunity for community members 12+. Can be training opportunities if requested. Participants can organize pick-up game, or work on skill development through practicing.

**After School Recreation Hockey** - Free for all school aged children. This program is focused on FUN not skill development. Seeking Volunteers to assist with this program. A start date will be announced at a later date.

**Adult Only Free Skate** - Opportunity for adults to hit the ice for a casual free skate. Beginning January 5th at 10am.

**Learn to Skate** - Free program for youth ages 3+ that are new to skating or would like help with skill development.

**Community Free Skate** - Open to all community members. Skates and helmets are available to rent free of charge. Helmets are mandatory.

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## Equipment Information

**Skate & Helmet Rentals** - The St. Mary's Recplex has skates and helmets available for use, free of charge! We have children and adult sizes. Families can also borrow skates for the full season for free. There is a \$20 deposit and forms can be filled out at the Municipal Office.

**Skate Sharpening** - The Municipality offers Skate Sharpening services at the Recplex. The cost is \$5 per pair.

**Equipment Donations** - The St. Mary's Recplex will accept donations of all skating and hockey equipment. Donated equipment is located at the rink and is free for the taking.

# Community Services

## **Guysborough County Adult Learning Association**

GALA is now open with its' programs for 2022/23 fall. If you are interested in GED preparation, or in upgrading your skills in computer, math, reading, and other areas, call the GALA office at 902-533-4252. St. Mary's residents can call Louise (instructor) at 902-783-2360. We can provide info and support for your learning goals.

## **Guysborough Co. Community Health Board**

The Guysborough County Community Health Board is looking for members. The Board is a volunteer board that focuses on community health and well-being. We want to representatives of Guysborough County and therefore strive to have members from all areas of the county. Members always have the option of join in person or virtually. If you are interested, please come join us for a meeting or two to see what we are all about.

## **St. Mary's District Food Bank**

Please contact 902-338-0981 or 902-833-2920 if you know of a need in the community. Confidentiality is strictly upheld. The box to receive food donations is located at Clover Farm. Please check the "best before" date. Cash donations can be sent to St. Mary's District Food Bank, P.O. Box 102, Sherbrooke, NS, B0J 3C0. If a donation is made in memory or as a gift, a card is sent to the family. Thank you for your continuing support and Happy New Year.

## **Sherbrooke Opportunities Society**

SHOPS hopes everyone had a very Merry Christmas and a Happy New Year! Don't forget that Shops sells fire starters. Our toonie draw is our biggest fundraiser, as we depend on funds raised to continue with our amazing programming. Our gratitude goes out to all for your support. TOONIES are due every Tuesday by 12pm. Important SHOPS Memo: Our annual general meeting will be held on Tuesday, January 31st at 7:30 pm in the SHOPS room. Election of officers will be held.

## **Kids First in St. Mary's Municipality**

Winter Programs at St. Mary's Kids First – Located at St. Mary's Education Centre/Academy Kids First room. Programs will start up in the week of January 10<sup>th</sup>, 11<sup>th</sup> 2023. Parent/Caregiver and Children birth to six years Drop-in Playgroup – Wednesdays from 9:30-11am with a healthy snack. Just Me & My Friends Drop-off for Children age 3+ - Tuesdays. This program is from 9:30-11am with a healthy snack provided. Programs will start up again the week of January 10<sup>th</sup> and 11<sup>th</sup>, 2023. Gas cards are available to help with transportation costs when requested. Masks are welcome and social distancing is encouraged. All families are welcome, we ask you not to attend if you are feeling unwell. For more information on these programs text/call 902-870-7437. The Guysborough County Prenatal Program is open to all women expecting a baby who live in Guysborough County. Self-referrals are welcome! Call 902-533-3881 or toll free at 1-888-533-3881 for more information. The Parenting Journey Program is a support for parents with children up to 16 years. Self-referrals are welcome. For more information text/call Paula at 902-870-7437 or email:

[parentingjourney@kids1st.ca](mailto:parentingjourney@kids1st.ca)

## **Eastern Counties Regional Library**

Sherbrooke Public Library is open Wednesday, Thursday, and Friday from 12:30pm-5:30pm, and Saturday from 9:30am-12:30pm. Visit the library to use the computers, browse and borrow books, movies, and so much more. We also have a Community Use Room that can be booked (free of charge) by individuals or groups. Find up-to-date information about your local branch at <https://ecrl.ca/locations/sherbrooke-public-library>. For more information about library services, call us at 902-522-2180, email us at [sherbrooke@ecrl.ca](mailto:sherbrooke@ecrl.ca), or visit [ecrl.ca](http://ecrl.ca). Stay up to date by following ECRL on social media: [facebook.com/ECRLibrary](https://www.facebook.com/ECRLibrary) | [twitter.com/ecrlibrary](https://twitter.com/ecrlibrary).

# Congressional Services

## **Indian Harbour Lake Pentecostal Church**

1643 HWY 211 NS. [ihlpentecostalchurch@gmail.com](mailto:ihlpentecostalchurch@gmail.com). 902-523 2759 Regular Sunday Morning Services Time 10:30

## **Goshen Gospel Church**

20672 Highway 316, Goshen. 902-783-2972 or 902-318-071. [johnluten3@gmail.com](mailto:johnluten3@gmail.com)

Our Services to our Community:

Sunday: 10:00am – Bible Class both on site and on Zoom. 11:00am – Worship Service is available both in person or on Zoom. Wednesday: 1pm – Midweek Bible Study and Prayer. If you would like to receive an invitation to our Zoom service, please send a request. We will be glad to include you. If we can help in any way, please let us know.

## **Calvary Faith Church, Sonora**

Church Schedule for January 2022.

Weekly Bible Study and Prayer Meeting Wednesday at 7PM

January 1 - No Service

January 8th - 11am

January 15th - 6pm

January 22nd - 11am

January 29th - 6pm

## **United Baptist Church**

All January and February services of the United Baptist Church will take place in Port Hillford starting at 3pm. Services by Reverend Scott Chandler.

### **St. Mary's Pastoral Charge/United Church of Canada**

Sundays in January 9:30am Bethany/Zion at Bethany in East River St. Mary's, 11:00am at St. John's in Sherbrooke, 6:30pm Kirk in Glenelg. Weekly Activities: Women's Bible Study at 10am on Thursdays at St. John's in Sherbrooke. Men's Group at 7pm on Thursdays at St. John's in Sherbrooke. UCW, First Thursday of every month. 2pm at Claire McKeen's in Glenelg. Junior Youth Group (our charge's program for youth, grades 6-8) 7-8:30pm every second Friday at Kirk. JAM Club Jesus And Me (our charge's program for children and all ages Sunday school) 2pm, every second Sunday at Kirk. This year's theme: "Celebrate!" Senior Youth Group (our charge's program for youth, grades 9-12) 7:30pm every second Friday at Kirk. The Living Room; join us in a relaxed, living room/cafe atmosphere, for contemporary worship, prayer, praise, and time for just being together as community! Held in the lower hall of St. John's United Church, Sherbrooke.

### **Anglican Parish of Liscomb – Port Bickerton**

In Person Worship Services January 2023  
Sun. January 1 – New Year's Day – no services  
Sun. January 8 – Epiphany  
9:00 AM St. Paul's, Port Bickerton  
11:00 AM St. Thomas, Indian Harbour Lake  
Sun. January 15 – Baptism of Our Lord  
9:00 AM St. Luke's, Liscomb  
7:00 PM St. Paul's, Port Bickerton  
Sun. January 22  
11:00 AM St. Luke's, Liscomb  
7:00 PM St. Thomas, Indian Harbour Lake  
Sun. January 29  
9:00 AM St. Thomas, Indian Harbour Lake  
11:00 AM St. Paul's Port Bickerton  
7:00 PM St. Luke's, Liscomb

## Community Events

### **Port Bickerton Ball Field Improvement Project**

Thank you to everyone who attended our Penny Auction and Cake Walk in December. There will be a pancake and sausage breakfast held on Saturday, January 28th at the Community Centre from 8-11am. Adults \$10, children \$6.

### **Maple Manor Bake Sale**

Visit Clara Wulf every Friday between 11:00 am – 3:00 pm at Maple Manor for fresh baked goods.

### **Maple Manor Tea**

There will be a tea held at the Maple Manor every Tuesday from 9:30-11am. Everyone is welcome.

### **Country Harbour Gun Club**

Country Breakfast on January 21st from 8:30-10am. Adults \$10, children 6-12 - \$5, 5 and under - free. There will be an Open Mic event on January 21st at 7pm. Light lunch served. \$5 admission. Everyone welcome.

### **St. Mary's District Lion's Club**

Thank you to both the residents and the business community for their generous support of our Christmas Bingo this year. The bingo was a huge success and will support our club programs this holiday season. To our volunteers, once again thank you so much! Without you this would not take place. Merry Christmas and Happy New Year everyone. Sincerely, the St. Mary's District Lion's Club Christmas Bingo Committee.

### **Port Bickerton Darts**

Darts takes place each week on Friday at the Port Bickerton Community Centre at 7:30pm. Players can join at any time, and do not need a partner to participate.

### **Sonora Community Centre**

Crokinole will take place on Thursday evenings at 7pm starting on January 5th.

### **Goshen Community Recreation & Centre**

Bargain Shop Hours: Tuesday, Wednesday & Thursday 1-3. Game Day's are on Wednesday 1-4pm. Recyclable Bottles can be dropped off at Centre. Volunteers and Committee members are always welcomed. Please contact Rickey Grover- 902-783-2613 or Lisa Myers 902-318-4401 if you would like more information. A blood pressure check will take place on January 18th from 1-3pm.

### **Indian Harbour Lake/Jordanville Community Centre**

A social will be held on Thursday, January 12th from 10am to 2pm. Next hall meeting will be held on Monday, January 16th at 7:00pm. Everyone welcome.

### **Royal Canadian Legion Branch 86 Liscomb**

31 MacKinley Point Road, Liscomb (902)779-2006. Winners from the Craft and Bake Sale: Congratulations to Raymond Simard, the winner of the 50/50 draw! And to Barry Ford, winner of the Gift Baskets! Holidays: We will close for the holidays after cribbage on Dec 22, 2022, and reopen at 5pm on Thursday, Jan 5, 2023. We wish everyone a safe and happy holiday! No General Meeting in January. Please join us for our next General Meeting on Tuesday, Feb 7 at 7pm. Cribbage Resumes Jan 5 and 7: See you on Thursday and Saturday evenings at 8pm! Friday Shuffleboard is back! Starting Friday Jan 6 at 7pm, for 10 weeks. Sign up at the bar! Spaghetti Supper: Saturday, Jan 21 5-7pm. Comfort food at its best! Choose meat or plain tomato sauce, garlic bread and dessert, tea, coffee, juice. Come out for a winter warm up! \$10 for adults, \$5 for kids under 12. Please call ahead, so we know you are coming!

### **Port Bickerton Senior Socials**

St. Paul's Willing Workers will be hosting a Senior Social on January 17th, 2023 at the Port Bickerton Community Centre from 10am-2pm. There will be a light lunch served. Bring your favourite game or activity or just socialize! All are welcome.

# January 2023 Community Events Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
		Maple Manor Tea 9:30am Drop-in Curling 4pm Curling Club 5:30pm	Goshen Game Day 1pm COTW Mtg. 4pm Female Fun/Fitness 6:30pm Adult Hockey – 7pm	Adult Skate 10am House League 6pm Yoga 7pm Sonora Crokinole 7pm Liscomb Crib 8pm 50+ Hockey 8pm	MM Bake Sale 11am Liscomb Shuffleboard 7pm PB Darts 7:30pm	Learn to Skate 9am House League 10am Free Skate 12:30pm Liscomb Crib 8pm
8	9	10	11	12	13	14
Open Gym 6pm Regular Council Mtg. 7pm, Port Bickerton	Maple Manor Tea 9:30am Drop-in Curling 4pm Curling Club 5:30pm Family Kickboxing 6pm	Goshen Game Day 1pm Female Fun/Fitness 6:30pm Adult Hockey – 7pm	Adult Skate 10am IHL Senior Social 1am House League 6pm Yoga 7pm Sonora Crokinole 7pm Liscomb Crib 8pm 50+ Hockey 8pm	Adult Skate 10am House League 6pm Yoga 7pm Sonora Crokinole 7pm Liscomb Crib 8pm 50+ Hockey 8pm	MM Bake Sale 11am Liscomb Shuffleboard 7pm PB Darts 7:30pm	Learn to Skate 9am House League 10am Bottle Depot 10am Literacy/Tech Savvy 11am Goshen Free Skate 12:30pm Liscomb Crib 8pm
15	16	17	18	19	20	21
Open Gym 6pm	Maple Manor Tea 9:30am PB Senior Social 10am Junior Curling 2:30pm Drop-in Curling 4pm Curling Club 5:30pm Family Kickboxing 6pm	Goshen Game Day 1pm Goshen Blood Pressure Check 1pm COTW Mtg. 4pm Newsletter Deadline 4pm Female Fun/Fitness 6:30pm Adult Hockey – 7pm	Adult Skate 10am House League 6pm Yoga 7pm Sonora Crokinole 7pm Liscomb Crib 8pm 50+ Hockey 8pm	Adult Skate 10am House League 6pm Yoga 7pm Sonora Crokinole 7pm Liscomb Crib 8pm 50+ Hockey 8pm	MM Bake Sale 11am Liscomb Shuffleboard 7pm PB Darts 7:30pm	CH Breakfast 8:30am Learn to Skate 9am House League 10am Literacy/Tech Savvy IHL 10am & Sonora 1pm Free Skate 12:30pm Liscomb Dinner 5pm CH Open Mic 7pm Liscomb Crib 8pm
22	23	24	25	26	27	28
Open Gym 6pm	Maple Manor Tea 9:30am Junior Curling 2:30pm Drop-in Curling 4pm Curling Club 5:30pm Family Kickboxing 6pm	Goshen Game Day 1pm Female Fun/Fitness 6:30pm Adult Hockey – 7pm	Adult Skate 10am House League 6pm Yoga 7pm Sonora Crokinole 7pm Liscomb Crib 8pm 50+ Hockey 8pm	Adult Skate 10am House League 6pm Yoga 7pm Sonora Crokinole 7pm Liscomb Crib 8pm 50+ Hockey 8pm	MM Bake Sale 11am Liscomb Shuffleboard 7pm PB Darts 7:30pm	PB Breakfast 8am Learn to Skate 9am House League 10am Bottle Depot 10am Literacy/Tech Savvy 11am Liscomb Free Skate 12:30pm Liscomb Crib 8pm
29	30	31				
	Open Gym 6pm	Maple Manor Tea 9:30am Junior Curling 2:30pm Drop-in Curling 4pm Curling Club 5:30pm Family Kickboxing 6pm				